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**ADAPTING THE OF THE QUESTIONNAIRE PASS ON RUSSIAN-SPEAKING POPULATION IN INVESTIGATION OF PROCRASTINATION AS A FORM OF PSYCHOLOGICAL SELF-AGGRESSION**

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**Introduction:** Autoaggression assumed as continuum from socially acceptable and even approved behavior (exhausting work, extreme sports) to the socially unacceptable. Procrastination is act of useless pulling job until subjective sensation of discomfort. Some researchers consider procrastination as form of autoaggressive behavior; we understand it as psychological self-aggression (self-abasement rights, low self-esteem, self-doubt, chronic procrastination).

**Target of study:** adaptation of questionnaire PASS (Solomon & Rothblum, 1984) on Russian-speaking population.

**Methods:** 149 male and female, aged 18- 25, students and graduates were investigated. Questionnaire has been translated and several issues corrected in accordance with socio-cultural norms of Russia.

**Results:** First part of PASS: displacement of normal distribution obtained to greater frequency of procrastination in Russian-speaking sample. Factor analysis (Varimax rotation) was applied for 2 and 3parts of PASS. Second part of PASS (causes of procrastination): significant factors: 1 - 'lack of self-confidence', 'fear of failure', 2 - 'aversiveness of task', 'laziness' 3 - 'challenge'. Third part of PASS (procrastination and personal features) significant factors: 'self -control', 'impulsivity', «organization', ' need for achievement'.

**Resume:** Comparing obtained data with original PASS method showed no significant differences in selected factors and their contributions. Planned studying procrastination (psychological self-harm) on patients with schizophrenia and affective disorders, who have a expressed personality changes, which alleged ties procrastination. Research complex: questionnaire PASS, Rosenberg Self-Esteem Scale, Warwick-Edinburgh Mental Well-being Scale, Rosenzweig Picture-Frustration Study, modified self-esteem by Dembo-Rubinstein, color relations test.