

Flow reversal and multiple states in turbulent Rayleigh–Bénard convection with partially isothermal plates

Jin Hu¹, Shengqi Zhang² and Zhenhua Xia^{1,†}

¹State Key Laboratory of Fluid Power and Mechatronic Systems and Department of Engineering Mechanics, Zhejiang University, Hangzhou 310027, PR China

²Eastern Institute for Advanced Study, Eastern Institute of Technology, Ningbo 315201, PR China

(Received 12 December 2023; revised 10 April 2024; accepted 16 April 2024)

This paper examines turbulent Rayleigh–Bénard convection in a two-dimensional square cavity with partially isothermal conducting plates on the horizontal walls. The study reveals that controlling the relative locations of the partially isothermal plates can accelerate or completely suppress the reversals of large-scale circulation. The heat transfer efficiency, which is characterised by the time-averaged Nusselt number, is generally higher than that of the traditional Rayleigh-Bénard convection, and can be further enhanced when the reversal is fully suppressed. The reversal in our cases is mainly caused by the competition between the two alternately growing 'corner' vortices, fed by the detaching plumes from the hot/cold plates. This differs from those reported in traditional Rayleigh–Bénard convection. Fourier mode decomposition of the kinetic energy, reflecting the diverse contributors, in the reversing cases further emphasises the distinction between the current system and traditional Rayleigh-Bénard convection. In addition, multiple states were observed where the conducting plates were positioned at specific relative locations and had different initial conditions. It has been observed that the difference in Nusselt numbers between the anticlockwise and clockwise states increases linearly with the distance between the upper cold and lower hot plates. Moreover, the analysis of the buoyancy moment and the stability of the primary roll structure suggests that the higher heat transfer efficiency between the two states is strongly linked to a more stable primary roll structure. This study presents a new approach for controlling flow reversal and improving heat transfer efficiency by modifying the non-global conducting boundary and initial conditions.

Key words: Bénard convection, convection in cavities

†Email address for correspondence: xiazh1006@163.com

1. Introduction

Rayleigh-Bénard convection (RBC) is one of the crucial ideal models that has been used extensively to investigate important issues related to heat transport and flow dynamics in a wide range of research fields, including astrophysics, geophysics and engineering (Wyngaard 1992; Ahlers, Grossmann & Lohse 2009; Lohse & Xia 2010). Among the various investigations, the one concerning the reversal of large-scale circulation (LSC) and its interplay with heat transfer efficiency retains enduring significance (Grossmann & Lohse 2000, 2001; Benzi 2005; Wang, Zhou & Sun 2020a; Wu, Wang & Zhou 2022). One popular viewpoint is that the LSC is accomplished by the growth, squeezing and reconnection of the rolls in two-dimensional (2-D) and quasi-2-D RBC systems (Sugiyama et al. 2010; Chandra & Verma 2011, 2013), with corner rolls playing a pivotal role in the reversal process. Chandra & Verma (2013) reported large fluctuations in heat transport due to the flow reconfiguration during the reversal. Recently, experiments also indicate that the instability of the LSC may also be crucial to the flow reversals (Chen et al. 2019), especially for the set-ups without corner flows (Wang et al. 2018c; Chen, Wang & Xi 2020). In addition, researchers started to focus on controlling the reversal behaviour using different methods (Huang et al. 2015; Zhang et al. 2020, 2021). One of the recent works was carried out by Huang & Zhang (2023), who successfully eliminated the reversal and enhanced the vertical heat transfer efficiency by injecting heat through one lateral side of the fluid domain and extracting an equal amount of heat from the opposite side.

Over the past few years, the scholarly community has increasingly acknowledged the potential coexistence of diverse flow states in fully developed turbulence. Several findings have indicated that turbulent flows exhibit the capacity to manifest distinct statistically stationary turbulent states, characterised by variations in the length scale of flow structures and corresponding transport properties, despite identical control parameter values (Van Der Poel, Stevens & Lohse 2011; Huang et al. 2019; Huang, Xia & Chen 2020; Wang et al. 2018a, 2020b). Examples include multiple states in high-Reynolds-number Taylor-Couette flow (Huisman et al. 2014; Ostilla-Mónico, Lohse & Verzicco 2016), in von Kármán swirling flow (Ravelet et al. 2004; Faranda et al. 2017), in Couette flow (Zimmerman, Triana & Lathrop 2011; Xia et al. 2018) and in RBC (Xi & Xia 2008; Van Der Poel et al. 2011; Xie, Ding & Xia 2018; Wang et al. 2020b,c). Xi & Xia (2008) experimentally investigated rotating RBC cells with aspect ratios of 1, 1/2 and 1/3, revealing the coexistence of a single circulating roll and those with two vertically stacked counter-rotating rolls, with the former demonstrating higher heat transfer efficiency. Wang et al. (2018a, 2020c) conducted numerical investigations into 2-D convection featuring varying tilt angles and aspect ratios, uncovering the coexistence of multiple states under conditions characterised by small angles and large aspect ratios, as well as appropriate initial flow conditions. It is worthy noting that previous studies on the multiple states of traditional RBC have mostly concentrated on the different numbers of rolls.

In traditional RBC, it is typically assumed that the bottom hot and top cold plates have a uniform temperature or heat flux. However, the situations in nature and engineering applications often deviate from this requirement for uniformity. For example, in comparison with the oceanic lithosphere, the average heat loss through the continents is much lower (Lenardic *et al.* 2005). Taking polar ocean convection as an example, the surface heat flux of ice-covered areas is typically two orders of magnitude lower than that of open ocean regions. Consequently, the ice surface can be approximated as an adiabatic layer compared to the sea surface. In addition, the influence of continental plates on mantle convection can be categorised as a similar situation. This can be simplified into the model with an insulating plate drifting over a thermally convective fluid, as utilised in laboratory

experiments (Zhang & Libchaber 2000; Zhong & Zhang 2007; Whitehead, Shea & Behn 2011; Wang, Huang & Xia 2017). These experimental results confirm that the insulating plate indeed poses a non-negligible effect on the dynamic coupling between the plate and underlying fluid, and that this effect varies with plate size. Numerical studies by Mao (2021, 2022) have delved into details of the variations of plate motion with plate size and the underlying mechanism. In addition to the aforementioned set-up, investigations on turbulent convection based on non-uniform thermal boundary conditions have also been considered in recent years (Bakhuis *et al.* 2018; Nandukumar *et al.* 2019; Ostilla-Mónico & Amritkar 2020; Bassani *et al.* 2022; Zhao *et al.* 2022). For example, Zhao *et al.* (2022) numerically investigated the 2-D RBC by applying sinusoidally distributed heating to the bottom plate and Ostilla-Mónico & Amritkar (2020) simulated the 3-D RBC with a top cold plate having a mixture of adiabatic and isothermal boundary conditions.

In this paper, we propose a new configuration where partially isothermal horizontal plates, i.e. a lower hot plate and an upper cold plate, each spanning half the length of the square cavity, are positioned at a number of different relative locations. Here, we choose direct numerical simulations of the 2-D configuration due to the much cheaper computational cost and convenient comparison with existing results in the literature. We show that the proposed configuration can accelerate or suppress the reversals as well as the corresponding heat transfer efficiency, depending on the relative location of the double isothermal plates. The reversal mechanism associated with the present set-up and the coexistence of multiple states due to different initial fields in non-reversing systems are also discussed. The corresponding relations between the variances in heat transfer efficiencies and the relative locations of the double conducting plates are quantitatively analysed.

2. Basic set-up

2.1. Governing equations and simulation parameters

In this paper, we consider buoyancy-driven 2-D flows in a square cavity using the Boussinesq approximation. The centre of the cavity is defined as the origin of the coordinates. We use the cavity height \hat{H} , free-fall velocity $\hat{U} = (\hat{g}\hat{\beta}\hat{\Delta}\hat{H})^{1/2}$, free-fall time $\hat{T} = \hat{H}/\hat{U}$ and the temperature difference between lower and upper conducting plates $\hat{\Delta} = \hat{\theta}_l - \hat{\theta}_u$ as length, velocity, time and temperature scales, respectively. Here, \hat{g} is the gravitational acceleration and $\hat{\beta}$ is the thermal expansion coefficient. With $\theta = [\hat{\theta} - (\hat{\theta}_l + \hat{\theta}_u)/2]/\hat{\Delta}$, the governing equations and related boundary conditions on the vertical walls can be non-dimensionalised as follows:

$$\nabla \cdot \boldsymbol{u} = 0,$$

$$\frac{\partial \boldsymbol{u}}{\partial t} + \boldsymbol{u} \cdot \nabla \boldsymbol{u} = -\nabla p + \sqrt{\frac{Pr}{Ra}} \nabla^2 \boldsymbol{u} + \theta \boldsymbol{j},$$

$$\frac{\partial \theta}{\partial t} + \boldsymbol{u} \cdot \nabla \theta = \frac{1}{\sqrt{RaPr}} \nabla^2 \theta,$$

$$\boldsymbol{u} = 0, \quad \partial \theta / \partial x = 0, \quad \text{on } x = \pm 0.5.$$

$$(2.1)$$

Here, $Ra = \hat{g}\hat{\beta}\hat{\Delta}\hat{H}^3/(\hat{\nu}\hat{\alpha})$ is the Rayleigh number and $Pr = \hat{\nu}/\hat{\alpha}$ is the Prandtl number, with $\hat{\nu}$ and $\hat{\alpha}$ being the kinematic viscosity and the thermal diffusivity, respectively. We introduce x_l and x_u to denote the centre locations of the isothermal plates on the lower and

J. Hu, S. Zhang and Z. Xia



Figure 1. Sketch of RBC with partially isothermal plates, where the bottom and top plates are half the length of the cavity size H with centre locating at x_l and x_u , respectively.

upper walls, respectively. The boundary conditions on the horizontal walls are given by

$$y = +0.5 : \boldsymbol{u} = 0, \quad \begin{cases} \theta = -0.5, & |x - x_u| \le 0.25, \\ \partial \theta / \partial y = 0, & |x - x_u| > 0.25, \end{cases}$$
(2.2*a*,*b*)

$$y = -0.5: u = 0, \quad \begin{cases} \theta = +0.5, & |x - x_l| \le 0.25, \\ \partial \theta / \partial y = 0, & |x - x_l| > 0.25. \end{cases}$$
(2.3*a*,*b*)

In other words, the four walls are adiabatic except for two isothermal plates with a length of 0.5H. A sketch of the flow set-up and the corresponding boundary conditions is depicted in figure 1.

The above equations are solved using the second-order finite-difference code AFiD (Van Der Poel *et al.* 2015) with some modifications. The correctness of the present code has been validated by Zhang *et al.* (2021). We carried out a total of $9 \times 17 \times 3$ simulations, where x_l and x_u vary in [-8, 0]/32 and [-8, 8]/32, respectively, with an interval 1/32, and the initial flow field can be stationary, clockwise or anticlockwise. The temperature of the stationary initial flow field is $\theta = (\theta_l + \theta_h)/2$ inside the cavity. The control parameters are $Ra = 1 \times 10^8$ and Pr = 2, as what was done by Zhang *et al.* (2020). The number of grid points is 384 × 384, and the corresponding time step is 2.0×10^{-3} . The grid sizes satisfy the criterion $\Delta_{x,y} < 0.6 \min[\eta_K, \eta_B]$ in the boundary layers (Shishkina *et al.* 2010), where $\eta_K = \hat{v}^3/\hat{\varepsilon}(\mathbf{x}, t)^{1/4}/\hat{H}$ (with $\hat{\varepsilon}(\mathbf{x}, t)$ being the local turbulent dissipation) and $\eta_B = \eta_K P r^{-1/2}$ are the local Kolmogorov and Batchelor scales, respectively. The time step is small enough so that the Courant–Friedrichs–Lewy number is smaller than 0.2. In the following, $\langle \cdot \rangle_t$, $\langle \cdot \rangle_x$ and $\langle \cdot \rangle_y$ denote the average in time, along the *x*-axis and along the *y*-axis, respectively. For simplicity, the pair (x_l, x_u) always denotes the system with central locations of hot and cold plates at x_l and x_u , respectively.

2.2. Reversal detection

In this study, the angular momentum $L(t) = \langle x \cdot v - y \cdot u \rangle_{x,y}$ is used as the reversal indicator, where the value L < 0 usually corresponds to a clockwise LSC and vice versa (Sugiyama

Rayleigh-Bénard convection with partially isothermal plates

et al. 2010; Wang *et al.* 2018*b*). To detect the reversal quantitatively, the criterion based on the two peaks of the probability density function of L(t) (Huang & Xia 2016; Zhang *et al.* 2021) was adopted. Following Zhang *et al.* (2021), we use τ_{-} to denote the time interval between an 'anticlockwise to clockwise' reversal and a successive 'clockwise to anticlockwise' reversal, whereas τ_{+} corresponds to the opposite situation. In other words, τ_{-} and τ_{+} are the time spans of the system when it is in the clockwise and anticlockwise states between two successive reversals, respectively. N_{-} and N_{+} denote the numbers of detected τ_{-} and τ_{+} , respectively. Correspondingly, $\langle \tau_{-} \rangle$ and $\langle \tau_{+} \rangle$ denote the average of detected τ_{-} and τ_{+} , respectively, and they can be written as

$$\langle \tau_{-} \rangle = \frac{1}{N_{-}} \sum_{i=1}^{N_{-}} \tau_{-,i}, \quad \langle \tau_{+} \rangle = \frac{1}{N_{+}} \sum_{i=1}^{N_{+}} \tau_{+,i}.$$
 (2.4*a*,*b*)

It should be noted that, when the system does not prefer any LSC orientation, such as traditional RBC, $N_{-} \approx N_{+}$ and $\langle \tau_{-} \rangle \approx \langle \tau_{+} \rangle$.

Here, we use $\langle \tau_{-} \rangle_{max}$ and $\langle \tau_{+} \rangle_{max}$ to represent the maximum values of $\langle \tau_{-} \rangle$ and $\langle \tau_{+} \rangle$ across all reversing systems, respectively. For accuracy of flow statistics, all simulations are run for more than 100 max[$\langle \tau_{-} \rangle_{max}$, $\langle \tau_{+} \rangle_{max}$] and the statistics are computed within a time range over 40 max[$\langle \tau_{-} \rangle_{max}$, $\langle \tau_{+} \rangle_{max}$]. Therefore, in the present context, 'non-reversing' only means that no reversal is observed in a period of 100 max[$\langle \tau_{-} \rangle_{max}$, $\langle \tau_{+} \rangle_{max}$], which is around 65 000 free-fall times.

3. Results and discussion

3.1. Reversal and heat transfer efficiency

To systematically investigate flow structures and turbulent statistics, we consider the simplest cases with stationary initial fields, i.e. u = 0 and $\theta = (\theta_l + \theta_h)/2$. The flow will eventually reach a stationary state with the given set-up, where the LSC will rotate either anticlockwise or clockwise, or constantly reverse, depending on the relative locations of x_l and x_u . Figure 2 shows the phase diagram of the final LSC for fixed physical parameters $Ra = 1 \times 10^8$ and Pr = 2 and varying x_l and x_u , together with the values of the effective Nusselt number, defined as $Nu_{eff} = (\langle Nu \rangle_t - \langle Nu_0 \rangle_t)/\langle Nu_0 \rangle_t$. Here, Nu_{eff} quantifies the relative variation of the time-averaged Nusselt number $\langle Nu \rangle_t$ compared with $\langle Nu_0 \rangle_t$ (Zhang *et al.* 2020) of the traditional RBC cell at the same *Ra* and *Pr*. The instantaneous Nusselt number of the case with (x_l, x_u) is defined as

$$Nu(t) = -\frac{1}{2} \left[\left\langle \frac{\partial \theta}{\partial y} \middle| |x - x_l| \leqslant 0.25 \right\rangle \Big|_{y = -0.5} + \left\langle \frac{\partial \theta}{\partial y} \middle| |x - x_u| \leqslant 0.25 \right\rangle \Big|_{y = 0.5} \right].$$
(3.1)

It is obvious that the data in figure 2 are symmetrical about the lines $x_l = \pm x_u$, which is consistent with the mathematical symmetries of the corresponding systems. For sufficiently long periods, reversals of the LSC can only be observed when (x_l, x_u) is in the range of $\{x_l \le -4/32\} \cap \{x_u \le -4/32\}$. For the present cases with $\{x_l > -4/32\}$ or $\{x_u > -4/32\}$, i.e. the left end of either isothermal plate is more than $\hat{H}/8$ away from the left sidewall, the reversal of LSC is suppressed. For all possible relative locations (x_l, x_u) of isothermal plates, $\langle Nu \rangle_t$ in most cases is larger than that of the traditional RBC cell, $\langle Nu_0 \rangle_t$, except for the three cases with (-8/32, -8/32), (-8/32, -7/32) and (-7/32, -8/32). When the reversal is suppressed, the heat transfer efficiency can be further increased as compared to the reversing cases, and the maximum occurs when $x_l = x_u$, with the highest Nu_{eff} reaching 13.8 %.

J. Hu, S. Zhang and Z. Xia



Figure 2. Phase diagram in $x_u - x_l$ plane with values of the effective Nusselt number, defined as $Nu_{eff} = (\langle Nu \rangle_t - \langle Nu_0 \rangle_t) / \langle Nu_0 \rangle_t$, at $Ra = 1 \times 10^8$ and Pr = 2. Crosses and squares correspond to stable anticlockwise and clockwise LSCs, respectively, and circles to detected reversals, where Nu_0 denotes the Nusselt number of the traditional RBC cell at the same Ra and Pr. Here, the initial velocity and temperature fields are u = 0 and $\theta = (\theta_l + \theta_u)/2$, respectively.

Figure 3 presents time series of angular momentum L(t) alongside the corresponding Nusselt number Nu(t) in a period of 5000 free-fall times for two reversing cases, $(x_l, x_u) =$ (-8/32, -8/32), (-7/32, -5/32), and two non-reversing cases characterised by distinct final stable orientations $(x_l, x_u) = (-1/32, -6/32), (-4/32, 2/32)$. In addition, the results of the traditional RBC are illustrated by the black solid line for comparison. For clarity, here Nu(t) obtained from the traditional RBC has been offset by -6. Based on the outcomes shown in figures 3(a) and 3(c), in conjunction with comprehensive statistical analyses of the remaining reversing cases, it is evident that reversal frequencies in our systems are higher than that exhibited in the traditional RBC. Furthermore, it is discernible that not every instance of reversal within our system culminates in success. Intriguingly, this phenomenon manifests at a significantly higher probability compared with its occurrence within traditional RBC, which may be attributed to potential disparities in the reversal mechanisms. The findings depicted in figures 3(b) and 3(d) corroborate that the suppression of reversal positively impacts heat transfer efficiency, which is consistent with the results shown in figure 2. Within non-reversing systems, the stability of flow structures is stronger, as evidenced by a reduction in the amplitude of fluctuations of Nu(t).

Building upon the time intervals defined in § 2.2 for reversals, a rigorous quantitative analysis of the 25 reversing cases has been undertaken. Figure 4(*a*) illustrates the variations with x_u of $\langle \tau_- \rangle / \langle \tau_0 \rangle$ and $\langle \tau_+ \rangle / \langle \tau_0 \rangle$ at $x_l = -8/32$ and $x_l = -4/32$. Here, $\langle \tau_- \rangle$ and $\langle \tau_+ \rangle$ represent the mean durations of the system in its clockwise and anticlockwise states, respectively, spanning the interval between two consecutive reversals. Here $\langle \tau_0 \rangle$ is the mean time interval between successive reversals in traditional RBC. It is easily seen that $\langle \tau_{-,+} \rangle < 0.4 \langle \tau_0 \rangle$ and that $\langle \tau_- \rangle \neq \langle \tau_+ \rangle$ in general, documenting that the LSCs with different (x_l, x_u) prefer a certain orientation. Figure 4(*b*) shows the variations of $(\langle \tau_- \rangle - \langle \tau_+ \rangle) / \langle \tau_0 \rangle$ at different $x_l - x_u$ for the 25 cases. It can be seen that although the data are rather scattered, they show a general tendency, i.e. as the location of the hot plate relative to the cold plate changes from left to right, the preferred orientation of the corresponding LSC in reversing systems gradually tends to be from clockwise to anticlockwise, which is consistent with physical intuitions. For fixed $x_l - x_u$, $\langle \tau_- \rangle - \langle \tau_+ \rangle$ varies with x_l , and the variations are larger when $|x_l - x_u|$ is smaller. These results imply



Rayleigh-Bénard convection with partially isothermal plates

Figure 3. Time series of angular momentum L(t) are shown in panels (a,c), accompanied by corresponding Nusselt number Nu(t) in panels (b,d). In panels (a,b), $(x_1, x_u) = (-8/32, -8/32)$ and (-1/32, -6/32), and the corresponding $\langle Nu \rangle_t$ are 24.56 and 27.14. In panels (c,d), $(x_1, x_u) = (-7/32, -5/32)$ and (-4/32, 2/32), and the corresponding $\langle Nu \rangle_t$ are 25.73 and 26.88. The black solid lines denote the outcomes obtained from the traditional RBC at the same Ra and Pr, and the corresponding $\langle Nu \rangle_t$ is 25.02. For clarity, Nu(t) obtained from the traditional RBC has been offset by -6.



Figure 4. (a) Variations of $\langle \tau_{-} \rangle / \langle \tau_{0} \rangle$ and $\langle \tau_{+} \rangle / \langle \tau_{0} \rangle$ with x_{u} at $x_{l} = -8/32$ and $x_{l} = -4/32$. (b) Scatter plot of $(\langle \tau_{-} \rangle - \langle \tau_{+} \rangle) / \langle \tau_{0} \rangle$ for reversing systems with the relative location of isothermal plates $x_{l} - x_{u}$. Here, $\langle \tau_{0} \rangle$ is the mean time interval between successive reversals in traditional RBC.

that the preferred orientation of the LSC is influenced by the actual locations of the hot and cold plates, especially when they are close to each other in the *x*-direction.

We now turn our attention to the reversal phenomena, and the case with $(x_l, x_u) =$ (-8/32, -8/32) is used as an example, where the difference between $\langle \tau_{-} \rangle$ and $\langle \tau_{+} \rangle$ is small, as shown in figure 4. Figures 5(a)-5(c) and figures 5(d)-5(f) depict the three typical frames of the velocity and temperature fields during a successive 'clockwise to anticlockwise' reversal of the case with $(x_l, x_u) = (-8/32, -8/32)$ and traditional RBC, respectively. Supplementary movie 1 available at https://doi.org/10.1017/jfm.2024.388 displays more frames of the case with $(x_l, x_u) = (-8/32, -8/32)$ during several reversals. Figures 5(a)-5(c) show that in our system, a successful reversal can be triggered by the growth of corner vortices near the left sidewall, which is closer to the isothermal plates. One of the corner vortices (e.g. the upper-left corner vortex in figure 5a) is energetically fed by detaching plumes from the upper thermal boundary layers, which is similar to the process described in Sugiyama et al. (2010). This corner vortex grows larger and stronger, squeezes the main roll (see figure 5b), and eventually replaces it as the new main roll (see figure 5c). Simultaneously, the previous main roll is squeezed smaller, and evolves to a new corner vortex (for instance, the lower-left vortex in figure 5c). The corner vortices close to the right sidewall are barely visible, and they cannot be fed by detaching plumes from the thermal boundaries. In the present set-up, there is no reconnection of two attracting corner rolls in the diagonal with the same sign of vorticity occurs during the reversal. This is in contrast to the reversal processes in traditional RBC, where the vortex reconnection of two attracting corner rolls causes them (Chandra & Verma 2013), as shown in figures 5(d)-5(f). The reversal patterns shown in figures 5(a)-5(c) are generally observable across the remaining 24 cases, as confirmed by the supplementary movies 2–4. These movies show the reversal in the cases with $(x_l, x_u) = (-8/32, -4/32)$, (-4/32, -8/32) and (-4/32, -4/32), respectively. Therefore, we conclude that the reversal process in the present set-up differs from that in traditional RBC. Although the corner vortices are crucial in both cases, vortex reconnection and restructuring of the main roll are not necessary in the present set-up. If $\{x_l > -4/32\}$ or $\{x_u > -4/32\}$, the continuous feeding of the corner rolls from the detaching plumes from the isothermal plates is weak and, therefore, no reversal occurs, as depicted in figure 2.



Figure 5. Typical snapshots of instantaneous temperature (colour) and velocity (vectors) fields during a 'clockwise to anticlockwise' reversal for $(x_l, x_u) = (-8/32, -8/32)$ in panels (a-c) and for the traditional RBC in panels (d-f). Panels (a-c) and panels (d-f) both represent the direction of advancing in time.

3.2. Modal analysis

Another scenario from figures 5(a)-5(c) and the supplementary movies is that the occurrence of four rolls as illustrated in figure 5(e) is rather rare. To verify this, we examined the flow energy using Fourier mode decomposition (Wagner & Shishkina 2013; Chong *et al.* 2018; Chen *et al.* 2019). Briefly, each instantaneous velocity field (u, v) is projected onto the Fourier modes as

$$u^{m,n} = 2\sin(m\pi\tilde{x})\cos(n\pi\tilde{y}),$$

$$v^{m,n} = -2\cos(m\pi\tilde{x})\sin(n\pi\tilde{y}),$$
(3.2)

where $\tilde{x} \triangleq x + 0.5$ and $\tilde{y} \triangleq y + 0.5$. The projection is done component-wise by a scalar product in the L₂-space of our 2-D subdomain. Then the expansion coefficients have certain expressions $A_u^{m,n}(t) = \langle u(t)u^{m,n} \rangle_{x,y}$ and $A_v^{m,n}(t) = \langle v(t)v^{m,n} \rangle_{x,y}$. Therefore, we obtain the kinetic energy $E_{m,n}(t)$ contributed by the (m, n) mode (Zhang *et al.* 2021):

$$E_{m,n}(t) = \frac{1}{2} \left(\left[A_u^{m,n}(t) \right]^2 + \left[A_v^{m,n}(t) \right]^2 \right).$$
(3.3)

Here, for simplicity, we consider only the first four modes with $m, n \in \{1, 2\}$. Figure 6 shows time series of the kinetic energy contributed by those four modes ((1, 1), (1, 2), (2, 1), (2, 2)) and the absolute value of angular momentum |L(t)| when $(x_l, x_u) = (-8/32, -8/32)$ and (-4/32, -5/32), respectively. It can be seen that $E_{1,2}$ and $E_{1,1}$ always alternate as the dominant mode, up to a maximum share of between 70% and 85%. The contributions from the other two modes are always very small. The time evolution trends of |L(t)| and $E_{1,1}$ are essentially the same (the correlation coefficient is around 0.99), suggesting that the choice of using angular momentum to indicate



Figure 6. Time series of kinetic energy contributed by (1, 1), (1, 2), (2, 1) and (2, 2) (corresponding to black, red, purple and green solid lines), as well as the absolute value of angular momentum (solid blue line with symbols) when (x_l, x_u) is (a) (-8/32, -8/32) and (b) (-4/32, -5/32).

reversals is reasonable. Certainly, in the remaining 23 reversing cases, the aforementioned characteristics illustrated in figure 6 persist.

We further calculate the time-averaged kinetic energy contributions from four modes for all x_l and x_u . Here we take the results of $x_l = x_u$, $x_u = -4/32$, $x_u = -8/32$ and $x_u = 8/32$ in figure 7 as examples. Clearly, the contributions of the different modes to the kinetic energy differ significantly between reversing and non-reversing systems. In reversing systems, i.e. $\{x_l \leq -4/32\} \cap \{x_u \leq -4/32\}$, the dominant modes are always (1, 1) and (1, 2), which is consistent with figures 5 and 6. Figures 7(a)-7(c) demonstrate that the two dominant modes contribute comparably to the total kinetic energy, ranging from 30%to 45%. However, their contributions do not vary monotonically with the locations in reversing systems. A larger $\langle E_{1,1} \rangle_t$ typically corresponds to a smaller $\langle E_{1,2} \rangle_t$, and vice versa. The results of modal analysis for reversing systems differ from those of traditional RBC (Sugiyama et al. 2010; Chandra & Verma 2011, 2013). In traditional RBC at the same control parameters, the main contributions are from the modes (1, 1) and (2, 2), which contribute about 51.5 % and 17.5 %, respectively. These results once again confirm that the reversal process in the present system with partially isothermal horizontal plates differs from that in traditional RBC. The statistics of $\langle E_{m,n} \rangle_t$ in all (x_l, x_u) show that as the system shifts from reversing to non-reversing with increasing x_l or x_u , $\langle E_{1,1} \rangle_t / \langle E_{total} \rangle_t$ rises from $30\% \sim 45\%$ to $88\% \sim 90\%$, whereas the contributions of the other three modes fall rapidly to almost zero.

Figure 2 shows that Nu_{eff} is positive for most cases. However, the variations of Nu_{eff} with x_l under fixed x_u are typically non-monotonic. There are sharp increases when x_l changes



Figure 7. Time-averaged kinetic energy contributed from (1, 1), (1, 2), (2, 1) and (2, 2) modes under different relative locations of conducting plates: (a) $x_l = x_u \in [-8/32, 0/32]$, (b) $x_u = -4/32$, (c) $x_u = -8/32$ and (d) $x_u = 8/32$. Panels (*b*–*d*) correspond to $x_l \in [-8/32, 0/32]$. The horizontal dotted and dash-dotted lines show the relative contributions of modes (1, 1) and (2, 2), respectively, from the traditional RBC.

from -4/32 to -3/32 with $-8/32 \le x_u \le -4/32$. This change can be attributed to the change of the system's state, from reversing to non-reversing. Previous studies have shown that heat transfer efficiency depends on the flow modes. The single-roll flow structure, corresponding to the (1, 1) Fourier mode, generally exhibits greater heat transfer efficiency (Van Der Poel *et al.* 2011; Xi *et al.* 2016; Xu *et al.* 2020). Our results show that Nu(t) and $E_{1,1}(t)$ have a positive correlation with a time lag of around 10–30 free-fall times, whereas Nu(t) and $E_{1,1}(t)$ have a negative correlation in reversing systems, which are consistent with the findings of Xu et al. (2020). As the system changes its state from reversing to non-reversing, only the heat transfer-enhancing (1, 1) mode is present, resulting in a significant increase in Nu_{eff} . In cases where Nu_{eff} varies with x_l in reversing scenarios, the behaviours of Nu(t) and, thus, Nu_{eff} are complicated by the competitions and interactions of the (1, 1) mode and the (1, 2) mode, as well as other modes. In the non-reversing cases, the stability of the (1, 1) mode, which is defined as $S^{1,1} = \langle E_{1,1} \rangle / D(E_{1,1})$ with $D(E_{1,1})$ representing the standard deviation of $E_{1,1}$ (Chen *et al.* 2019; Xu *et al.* 2020), was investigated, and the results showed that despite their roughly similar trends, $S^{1,1}$ and Nu_{eff} exhibit distinct behaviours. Therefore, Consequently, it is also challenging to comprehend the variation of Nu_{eff} with x_l when x_u is fixed based on the stability of the (1, 1) mode due to the variation of boundary conditions under different x_l . Further work is required to gain a clear and solid understanding of the non-monotonic variations of Nu_{eff} with x_l .



Figure 8. Typical snapshots of instantaneous temperature (colour) and velocity (vectors) fields of (*a*) anticlockwise state (AS) and (*b*) clockwise state (CS) at $(x_l, x_u) = (-3/32, 1/32)$.

3.3. Multiple states

In traditional RBC, multiple states have been identified when the large-scale flows and turbulent statistics exhibit different behaviours despite using identical control parameters and boundary conditions (Xi & Xia 2008; Van Der Poel et al. 2011; Xie et al. 2018; Wang *et al.* 2020b,c). The presence of multiple states is often linked to distinct initial conditions, prompting research into the effect of initial flow fields. The present study adopts a configuration comprising three distinct initial velocity fields, as outlined in $\S 2.1$. The phenomenon of multiple states was observed in our system, as shown in figure 8(a)and $\mathcal{B}(b)$, where typical snapshots of instantaneous temperature and velocity fields for the final steady anticlockwise (AS) LSC and clockwise (CS) LSC, respectively, for $(x_l, x_u) = (-3/32, 1/32)$ are presented. Time series of the two states are also presented, respectively, in the supplementary movies 5 and 6. It is important to note that both the AS LSC and CS LSC are highly stable, and their orientations remain unchanged for a very long time during the simulations. The time series of the angular momentum L(t) shown in figure 9(*a*) supports this claim, where L(t) > 0 and L(t) < 0 last for 10⁴ free-fall times for the AS and CS states, respectively. In the present set-up, different orientations of LSC are accompanied by different transport properties, despite the system having the same control parameters and boundary conditions. Figure 9(b) displays the time series of Nu(t), corresponding to the L(t) depicted in figure 9(a). It is evident that the Nu(t) values of the AS state are consistently higher than those for the CS state, leading to a 2.71 absolute increase in $\langle Nu \rangle_t$.

Before we continue our discussion, we would like to address the term 'multiple states' used in this paper. As noted by an anonymous referee, the AS and CS LSCs belong to two branches of the bifurcation diagram in terms of dynamical systems and bifurcation theory. Therefore, they can be classified as multiple states, even in traditional RBC. However, the term 'multiple states' in turbulence has a stronger meaning than the above in dynamical systems and bifurcation theory, although it has not been strictly defined. As stated in Wang *et al.* (2020*c*) and Xia *et al.* (2023), 'multiple states' in turbulence typically refers to statistically stationary states with different transport properties, where the large-scale flow may exhibit varying sizes/numbers of rolls. In this context, the square RBC system with a single AS or CS LSC cannot be considered to have multiple states, as their $\langle Nu \rangle_t$ values are generally the same due to the system's inherent symmetry. However, in the current set-up, the system's inherent symmetry properties are broken for most cases, resulting in



Figure 9. Time series of (a) angular momentum L(t) and (b) corresponding Nusselt number Nu(t) of stable anticlockwise state (AS) and clockwise state (CS) when $(x_l, x_u) = (-3/32, 1/32)$.

different $\langle Nu \rangle_t$ values for the states with stable AS or CS LSC. Therefore, these states can be considered as multiple states.

The occurrence of multiple states across all x_l and x_u under the current three initial field conditions has been investigated systematically. The results illustrate that the 25 reversing cases persist in reversing, while the remaining non-reversing cases maintain their non-reversing nature. However, in the latter cases, it is worth noting that the ultimately stable orientation of the LSCs in several cases may manifest either CS or AS states, contingent upon the initial velocity field employed. In essence, the current configuration for certain values of x_l and x_u can undergo multiple states. Figure 10(a) shows the cases within $-3/32 \le x_l \le 0$ and $-3/32 \le x_u \le 3/32$, where multiple states occur based on the three different initial velocity fields. Here, we refer to the cases without multiple states as the 'insensitive' pattern, or pattern 1, given that the orientation of the steady LSC is independent of the three initial velocity fields used. Conversely, cases featuring multiple states are denoted as the 'sensitive' pattern or pattern 2. As per figure 10(a), 13 cases exhibit multiple states, most of which are in close proximity to the configuration where $-3/32 \le x_l = x_u \le 0$. This indicates that as the left-right symmetry of the system is broken, its susceptibility to the initial field becomes more pronounced, particularly as its up-down symmetry strengthens. It is important to note that cases experiencing multiple states are dispersed. Three cases, with (x_l, x_u) being (-3/32, 0/32), (-2/32, 1/32) and (-1/32, 1/32), belong to the insensitive pattern based on the three different initial set-ups presented. It is hypothesised that these three cases may also experience multiple states, but the proper triggering condition has not yet been identified. For the systems with stronger symmetry violation, indicated by larger values of $|x_u - x_l|$, it is believed that they are unlikely to admit multiple states.

Figure 10(*b*) demonstrates the differences in Nusselt numbers between AS ($\langle Nu_+ \rangle_t$) and CS ($\langle Nu_- \rangle_t$) states for the present 13 cases with varying $x_u - x_l$. For situations involving multiple states, there are typically variations in heat transfer capabilities even when the configuration is totally identical except for initial fields. For the four cases where $x_l = x_u$,



Figure 10. (a) Distributions of the 'insensitive' (pattern 1) and 'sensitive' (pattern 2) patterns with $-3/32 \le x_l \le 0/32$ and $-3/32 \le x_u \le 3/32$; (b) differences in Nusselt numbers between AS $(\langle Nu_+ \rangle_t)$ and CS $(\langle Nu_- \rangle_t)$ states (normalised by $\langle Nu_0 \rangle_t$) with varying $x_u - x_l$.

the system displays symmetry about the y = 0 plane. The calculated values of $(\langle Nu_+ \rangle_t - \langle Nu_- \rangle_t)/\langle Nu_0 \rangle_t$ are close to zero, suggesting that the heat transfer efficiencies for the AS and CS states are almost identical. For the remaining nine cases where x_l does not equal x_u , an approximately linear increase in $\langle Nu_+ \rangle_t - \langle Nu_- \rangle_t$, with a slope of about 0.9, has been observed. The maximum difference of up to 12% of $\langle Nu_0 \rangle_t$ occurs when $(x_l, x_u) = (-2/32, 2/32)$. When $x_u - x_l$ is fixed, $\langle Nu_+ \rangle_t - \langle Nu_- \rangle_t$ fluctuates with x_l , indicating that the discrepancies in heat transfer efficiency are also reliant on the specific locations of the hot and cold plates.

It should be noted that CS is the final orientation resulting from stationary initial fields (as shown in figure 2), which is consistent with physical intuition concerning x_l and x_u . However, for the system with (-3/32, 1/32), the Nusselt numbers of AS are higher than those of CS for 99.9% of the statistical time. By investigating the results of all systems with multiple states, it can also be found that the sign of angular momentum L, which yields higher Nusselt numbers, is always opposite to that obtained using an initial stationary velocity field, i.e. those presented in figure 2.

At last, we would like to provide an explanation on the difference between $\langle Nu_+ \rangle_t$ and $\langle Nu_- \rangle_t$ shown in figure 10(*b*). Based on the significant role played by buoyancy in thermal convection, Zhang *et al.* (2021) pointed out that the divergence-free buoyancy force, $F^b = \theta \mathbf{j} - \nabla p_{\theta}$, is the net contribution of the temperature field to the velocity field. Here, p_{θ} satisfies the governing equation

$$\nabla^2 p_{\theta} = \partial \theta / \partial y, \quad \partial p_{\theta} / \partial x|_{x=\pm 0.5} = 0, \quad \partial p_{\theta} / \partial y|_{y=\pm 0.5} = \theta. \tag{3.4a-c}$$

Following this, the pressure p in (2.1) can be decomposed into p_{θ} and p_o , where p_o generally arises from dynamic pressure and external forces. Therefore, the momentum equation in (2.1) can be written as

$$\frac{\partial \boldsymbol{u}}{\partial t} + \boldsymbol{u} \cdot \boldsymbol{\nabla} \boldsymbol{u} = -\boldsymbol{\nabla} p_o + \sqrt{\frac{Pr}{Ra}} \boldsymbol{\nabla}^2 \boldsymbol{u} + \underbrace{(\theta \boldsymbol{j} - \boldsymbol{\nabla} p_\theta)}_{\boldsymbol{F}^b}.$$
(3.5)

The corresponding angular momentum equation can be derived as

$$\frac{dL}{dt} = -\langle \mathbf{r} \times (\mathbf{u} \cdot \nabla \mathbf{u}) \rangle_{x,y} - \langle \mathbf{r} \times \nabla p_o \rangle_{x,y} + \sqrt{\frac{Pr}{Ra}} \langle \mathbf{r} \times \nabla^2 \mathbf{u} \rangle_{x,y} + \underbrace{\langle \mathbf{r} \times \mathbf{F}^b \rangle_{x,y}}_{\sigma}.$$
 (3.6)

987 A9-14



Figure 11. Time series of dL/dt (left y-axis) and the buoyancy moment (right y-axis) $\sigma(t) = \langle r \times F^b \rangle_{x,y}$ when $(x_l, x_u) = (-3/32, 1/32)$ with final stable (a) anticlockwise (AS) and (b) clockwise (CS) velocity fields.



Figure 12. Contours of $[sgn(L(t)) \cdot (r \times F^b)(x, y, t)]$ corresponding to the (*a*) AS and (*b*) CS states at the same instant as figure 8.

Therefore, the buoyancy moment $\sigma = \langle r \times F^b \rangle_{x,y}$ can be regarded as the net contribution of the buoyancy to the angular momentum. Figures 11(a) and 11(b) show time series of dL(t)/dt and $\sigma(t)$ when $(x_l, x_u) = (-3/32, 1/32)$ with AS and CS states, respectively. We observe a strong correlation between dL(t)/dt and those of $\sigma(t)$, as their peaks and valleys occur roughly simultaneously. This suggests that the buoyancy moment dynamically corresponds to changes in the time derivative of angular momentum, underscoring its significant role in the angular momentum equation, i.e. (3.6). Notably, both $\sigma(t)$ and dL(t)/dt in figure 11(a) oscillate with a higher frequency than those in figure 11(b), and $\sigma(t)$ has a larger mean absolute value in figure 11(a). Based on the expression of buoyancy moment σ and the contour of temperature fields of different orientation states (such as figure 8), it can be inferred that the upward thermal plumes and downward cold plumes along the sidewalls are the primary contributors to the buoyancy moment. Figure 12 confirms that the contours of $[sgn(L(t)) \cdot (\mathbf{r} \times \mathbf{F}^b)(x, y, t)]$ $(sgn(\cdot)$ is the sign function) at the same instant as figure 8 show a greater area large values (dark red) of $[\operatorname{sgn}(L) \cdot (\mathbf{r} \times \mathbf{F}^b)]$ in the AS state, resulting in a larger absolute value of $\sigma(t)$ in the AS state. In fact, larger $|\langle \sigma \rangle_l|$ is usually accompanied by larger $|\langle L \rangle_l|$ for fixed x_l , as shown in figure 13(a), where variations of $|\langle L \rangle_{t,AS} / \langle L \rangle_{t,CS}|$ with $x_u - x_l$ at different x_l are plotted. The general increasing trend at fixed x_l is easily observed.

The stability of the (1, 1) Fourier mode, $S^{1,1}$, between the AS and CS states is also analysed, where a larger value of $S^{1,1}$ indicates a more stable single main roll



Figure 13. Variations of (a) $|\langle L \rangle_{t,AS} / \langle L \rangle_{t,CS}|$ and (b) $S_{AS}^{1,1} / S_{CS}^{1,1}$ with varying $x_u - x_l$ between the AS and CS states.

(Chen *et al.* 2019; Xu *et al.* 2020). Figure 13(*b*) illustrates that the relative stability between AS and CS states, i.e. $S_{AS}^{1,1}/S_{CS}^{1,1}$, has a general tendency with the relative locations of conducting plates $x_u - x_l$, which is consistent with figures 10(*b*) and 13(*a*). For a fixed $x_l, S_{AS}^{1,1}/S_{CS}^{1,1}$ increases as the difference $x_u - x_l$ increases, indicating a more significant difference in stability. Thus, based on the above discussion, a larger $|\langle \sigma \rangle_t|$ leads to a larger $|\langle L \rangle_t|$ and a more stable (1, 1) mode with larger $S^{1,1}$, resulting in a thinner thermal boundary layer and a larger $\langle Nu \rangle_t$. This explains why the orientation with the higher stability of the main roll tends to have higher heat transfer efficiency in current systems with multiple states.

4. Conclusion

In this paper, we present a series of direct numerical simulations in 2-D RBC, utilising half-length isothermal (hot and cold) horizontal plates at $Ra = 10^8$ and Pr = 2. Our findings reveal that, in most cases, the heat transfer efficiency, which is characterised using the time-averaged Nusselt number, is greater in comparison with that of traditional RBC. In addition, controlling the relative locations of the isothermal conducting plates can accelerate or completely suppress flow reversal. The suppression of reversal results in further increased efficiency in heat transfer. The competition between the two alternately growing 'corner' vortices, fed by the detaching plumes from the hot/cold plates, causes the reversal in our studies. In contrast to the traditional RBC, the main contributions to the reversal cases' kinetic energy come from modes (1, 1) and (1, 2). Furthermore, multiple stable states were observed in non-reversing systems, referred to as the 'sensitive' pattern, where the heat transfer efficiency and final orientation of LSC are dependent on the initial flow field conditions. It was found that the difference between Nusselt numbers of AS $(\langle Nu_+ \rangle_t)$ and CS $(\langle Nu_- \rangle_t)$ states increases approximately linearly with the distance between x_u and x_l . Moreover, the analysis results of the buoyancy moment and the stability of the primary roll structure suggest that the increased heat transfer efficiency is closely related to a more stable primary roll structure. This stability may be attributed to the larger contributions of the plumes near the sidewalls to the buoyancy moment.

The results mentioned above provide a foundation to manage flow reversal by adjusting the locations of partially conducting plates. The findings have broad potential applications in various fields, such as industry, geophysics and astrophysics, especially in conditions where non-global conducting can be applied to the boundaries. In future studies, we will examine the impact of Ra and Pr and assess the efficacy of the approach in fully 3-D turbulent convection with non-global conducting boundary conditions. In addition, it is essential to explore techniques for inducing a statistically steady state with improved heat transfer efficiency through the initial field.

Supplementary movies. Supplementary movies are available at https://doi.org/10.1017/jfm.2024.388.

Funding. This work was supported by the National Natural Science Foundation of China (NSFC grant nos. 92152101, 12302284, 92152301) and the Ningbo Science and Technology Bureau (grant no. 2023Z227).

Declaration of interests. The authors report no conflict of interest.

Author ORCIDs.

- Jin Hu https://orcid.org/0009-0006-3645-505X;
- Shengqi Zhang https://orcid.org/0000-0001-8273-7484;
- Zhenhua Xia https://orcid.org/0000-0002-5672-5890.

REFERENCES

- AHLERS, G., GROSSMANN, S. & LOHSE, D. 2009 Heat transfer and large scale dynamics in turbulent Rayleigh–Bénard convection. *Rev. Mod. Phys.* 81 (2), 503–537.
- BAKHUIS, D., OSTILLA-MÓNICO, R., VAN DER POEL, E.P., VERZICCO, R. & LOHSE, D. 2018 Mixed insulating and conducting thermal boundary conditions in Rayleigh–Bénard convection. J. Fluid Mech. 835, 491–511.
- BASSANI, F., POGGI, D., RIDOLFI, L. & VON HARDENBERG, J. 2022 Rayleigh–Bénard convection with thermal boundary inhomogeneities. *Phys. Rev.* E 105, 025108.
- BENZI, R. 2005 Flow reversal in a simple dynamical model of turbulence. Phys. Rev. Lett. 95 (2), 024502.
- CHANDRA, M. & VERMA, M.K. 2011 Dynamics and symmetries of flow reversals in turbulent convection. *Phys. Rev.* E 83, 067303.
- CHANDRA, M. & VERMA, M.K. 2013 Flow reversals in turbulent convection via vortex reconnections. *Phys. Rev. Lett.* 110, 114503.
- CHEN, X., HUANG, S.-D., XIA, K.-Q. & XI, H.-D. 2019 Emergence of substructures inside the large-scale circulation induces transition in flow reversals in turbulent thermal convection. J. Fluid Mech. 877, R1.
- CHEN, X., WANG, D.-P. & XI, H.-D. 2020 Reduced flow reversals in turbulent convection in the absence of corner vortices. J. Fluid Mech. 891, R5.
- CHONG, K.-L., WAGNER, S., KACZOROWSKI, M., SHISHKINA, O. & XIA, K.-Q. 2018 Effect of Prandtl number on heat transport enhancement in Rayleigh–Bénard convection under geometrical confinement. *Phys. Rev. Fluids* 3, 013501.
- FARANDA, D., SATO, Y., SAINT-MICHEL, B., WIERTEL, C., PADILLA, V., DUBRULLE, B. & DAVIAUD, F. 2017 Stochastic chaos in a turbulent swirling flow. *Phys. Rev. Lett.* **119**, 014502.
- GROSSMANN, S. & LOHSE, D. 2000 Scaling in thermal convection: a unifying theory. J. Fluid Mech. 407, 27–56.
- GROSSMANN, S. & LOHSE, D. 2001 Thermal convection for large Prandtl numbers. *Phys. Rev. Lett.* 86, 3316–3319.
- HUANG, S.-D., WANG, F., XI, H.-D. & XIA, K.-Q. 2015 Comparative experimental study of fixed temperature and fixed heat flux boundary conditions in turbulent thermal convection. *Phys. Rev. Lett.* 115, 154502.
- HUANG, S.-D. & XIA, K.-Q. 2016 Effects of geometric confinement in quasi-2-D turbulent Rayleigh–Bénard convection. J. Fluid Mech. 794, 639–654.
- HUANG, Y., XIA, Z. & CHEN, S. 2020 Hysteresis behaviour in spanwise rotating plane Couette flow at $Re_w = 2600$. J. Turbul. 16, 1–13.
- HUANG, Y., XIA, Z., WAN, M., SHI, Y. & CHEN, S. 2019 Hysteresis behavior in spanwise rotating plane Couette flow with varying rotation rates. *Phys. Rev. Fluids* **4** (5), 052401.
- HUANG, J.M. & ZHANG, J. 2023 Rayleigh–Bénard thermal convection perturbed by a horizontal heat flux. J. Fluid Mech. 954, R2.

- HUISMAN, S.G., VAN DER VEEN, R.C.A., SUN, C. & LOHSE, D. 2014 Multiple states in highly turbulent Taylor–Couette flow. *Nat. Commun.* **5**, 3820.
- LENARDIC, A., MORESI, L., JELLINEK, A.M. & MANGA, M. 2005 Continental insulation, mantle cooling, and the surface area of oceans and continents. *Earth Planet. Sci. Lett.* 234, 317–333.
- LOHSE, D. & XIA, K.-Q. 2010 Small-scale properties of turbulent Rayleigh–Bénard convection. Annu. Rev. Fluid Mech. 778, R5.
- MAO, Y. 2021 An insulating plate drifting over a thermally convecting fluid: the effect of plate size on plate motion, coupling modes and flow structure. J. Fluid Mech. 916, A18.
- MAO, Y. 2022 An insulating plate drifting over a thermally convecting fluid: the thermal blanket effect on plume motion and the emergence of a unidirectionally moving mode. *J. Fluid Mech.* **942**, A25.
- NANDUKUMAR, Y., CHAKRABORTY, S., VERMA, M.K. & LAKKARAJU, R. 2019 On heat transport and energy partition in thermal convection with mixed boundary conditions. *Phys. Fluids* **31**, 066601.
- OSTILLA-MÓNICO, R. & AMRITKAR, A. 2020 Regime crossover in Rayleigh–Bénard convection with mixed boundary conditions. J. Fluid Mech. 903, A39.
- OSTILLA-MÓNICO, R., LOHSE, D. & VERZICCO, R. 2016 Effect of roll number on the statistics of turbulent Taylor–Couette flow. *Phys. Rev. Fluids* 1, 054402.
- RAVELET, F., MARIÉ, L., CHIFFAUDEL, A. & DAVIAUD, F. 2004 Multistability and memory effect in a highly turbulent flow: experimental evidence for a global bifurcation. *Phys. Rev. Lett.* 93 (16), 164501.
- SHISHKINA, O., STEVENS, R.J.A.M., GROSSMANN, S. & LOHSE, D. 2010 Boundary layer structure in turbulent thermal convection and its consequences for the required numerical resolution. *New J. Phys.* 12, 075022.
- SUGIYAMA, K., NI, R., STEVENS, R.J.A.M., CHAN, T.S., ZHOU, S.-Q., XI, H.-D., SUN, C., GROSSMANN, S., XIA, K.-Q. & LOHSE, D. 2010 Flow reversals in thermally driven turbulence. *Phys. Rev. Lett.* **105**, 034503.
- VAN DER POEL, E.P., OSTILLA-MÓNICO, R., DONNERS, J. & VERZICCO, R. 2015 A pencil distributed finite difference code for strongly turbulent wall-bounded flows. *Comput. Fluids* 116, 10–16.
- VAN DER POEL, E.P., STEVENS, R.J.A.M & LOHSE, D. 2011 Connecting flow structures and heat flux in turbulent Rayleigh–Bénard convection. *Phys. Rev.* E 84, 045303.
- WAGNER, S. & SHISHKINA, O. 2013 Aspect-ratio dependency of Rayleigh–Bénard convection in box-shaped containers. *Phys. Fluids* 25, 085110.
- WANG, B.-F., ZHOU, Q. & SUN, C. 2020a Vibration-induced boundary-layer destabilization achieves massive heat-transport enhancement. Sci. Adv. 6, eaaz8239.
- WANG, F., HUANG, S.-D. & XIA, K.-Q. 2017 Thermal convection with mixed thermal boundary conditions: effects of insulating lids at the top. J. Fluid Mech. 817, R1.
- WANG, Q., CHONG, K.L., STEVENS, R.J.A.M, VERZICCO, R. & LOHSE, D. 2020b From zonal flow to convection rolls in Rayleigh–Bénard convection with free-slip plates. J. Fluid Mech. 905, A21.
- WANG, Q., VERZICCO, R., LOHSE, D. & SHISHKINA, O. 2020c Multiple states in turbulent large-aspect-ratio thermal convection: what determines the number of convection rolls? *Phys. Rev. Lett.* 125, 074501.
- WANG, Q., WAN, Z.-H., YAN, R. & SUN, D.-J. 2018a Multiple states and heat transfer in two-dimensional tilted convection with large aspect ratios. *Phys. Rev. Fluids* 3, 113503.
- WANG, Q., XIA, S.-N., WANG, B-F., SUN, D.-J., ZHOU, Q. & WAN, Z.-H 2018b Flow reversals in two-dimensional thermal convection in tilted cells. J. Fluid Mech. 849, 355–372.
- WANG, Y., LAI, P.-Y., SONG, H. & TONG, P. 2018c Mechanism of large-scale flow reversals in turbulent thermal convection. Sci. Adv. 4 (11), eaat7480.
- WHITEHEAD, J.A., SHEA, E. & BEHN, M.D. 2011 Cellular convection in a chamber with a warm surface raft. *Phys. Fluids* 23, 104103.
- WU, J.-Z., WANG, B.-F. & ZHOU, Q. 2022 Massive heat transfer enhancement of Rayleigh–Bénard turbulence over rough surfaces and under horizontal vibration. Acta Mechanica Sin. 38, 321319.
- WYNGAARD, J.C. 1992 Atmospheric turbulence. Annu. Rev. Fluid Mech. 24, 205-234.
- XI, H.-D. & XIA, K.-Q. 2008 Flow mode transitions in turbulent thermal convection. Phys. Fluids 20, 055104.
- XI, H.-D., ZHANG, Y.-B., HAO, J.-T. & XIA, K.-Q. 2016 Higher-order flow modes in turbulent Rayleigh–Bénard convection. J. Fluid Mech. 805, 31–51.
- XIA, K.-Q., HUANG, S.-D., XIE, Y.-C. & ZHANG, L. 2023 Tuning heat transport via coherent structure manipulation: recent advances in thermal turbulence. *Nat. Sci. Rev.* 10, nwad012.
- XIA, Z., SHI, Y., CAI, Q., WAN, M. & CHEN, S. 2018 Multiple states in turbulent plane couette flow with spanwise rotation. J. Fluid Mech. 837, 477–490.
- XIE, Y.-C., DING, G.-Y & XIA, K.-Q. 2018 Flow topology transition via global bifurcation in thermally driven turbulence. *Phys. Rev. Lett.* **120**, 214501.

- XU, A., CHEN, X., WANG, F. & XI, H.-D. 2020 Correlation of internal flow structure with heat transfer efficiency in turbulent Rayleigh–Bénard convection. *Phys. Fluids* 32 (10), 105112.
- ZHANG, S., CHEN, X., XIA, Z., XI, H.-D., ZHOU, Q. & CHEN, S. 2021 Stabilizing/destabilizing the large-scale circulation in turbulent Rayleigh–Bénard convection with sidewall temperature control. J. Fluid Mech. 915, A14.
- ZHANG, J. & LIBCHABER, A. 2000 Periodic boundary motion in thermal turbulence. *Phys. Rev. Lett.* 84, 4361–4364.
- ZHANG, S., XIA, Z., ZHOU, Q. & CHEN, S. 2020 Controlling flow reversal in two-dimensional Rayleigh–Bénard convection. J. Fluid Mech. 891, R4.
- ZHAO, C.-B., ZHANG, Y.-Z., WANG, B.-F., WU, J.-Z., CHONG, K.L. & ZHOU, Q. 2022 Suppression of flow reversals via manipulating corner rolls in plane Rayleigh–Bénard convection. J. Fluid Mech. 946, A44.
- ZHONG, J.-Q. & ZHANG, J. 2007 Modeling the dynamics of a free boundary on turbulent thermal convection. *Phys. Rev.* E **76**, 016307.
- ZIMMERMAN, D.S., TRIANA, S.A. & LATHROP, D.P. 2011 Bi-stability in turbulent, rotating spherical Couette flow. *Phys. Fluids* 23, 065104.