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Cover picture

Untitled (1996). Gerhard Beck (b. 1951)

After undergoing a Jungian psychoanalysis in 1995, I suddenly started drawing, which might have been the desire to express myself in pictures rather than words. In 1999, I was given a diagnosis of ADHD and Asperger syndrome. I was surprised and shocked at first, but I also felt a sense of relief because I now had an explanation for the many problems I had experienced throughout my life, such as depression, anxiety, loneliness, shyness, poor social skills and a preoccupation with only a narrow range of interests. I was prescribed methylphenidate for my attention problems, but unfortunately this brought about a paranoid psychosis and I had to spend a year in a psychiatric hospital. All my drawings are created spontaneously, the images having their origin in my unconscious.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.

