


cambridge.org/pax

Henna Hundal, M.P.P. 

Stanford University School of Medicine, Stanford, CA, USA

Poetry

Cite this article: Hundal H (2024) Tenderly. *Palliative and Supportive Care*, 1. <https://doi.org/10.1017/S147895152400155X>

Received: 10 June 2024
Accepted: 16 June 2024

Email: hhundal@stanford.edu

How do you do it
I ask the chaplain
How do you help a patient
A grandmother, a sister, a son
Bearing the unrelenting weight of a diagnosis
Wading through a sea of fear
Watching sand slip through the hourglass
How do you decelerate time
How do you tame anxiety
How do you derive the words
To answer the unanswerable questions
To meet a patient at the eleventh hour
Who asks if everything will be O.K.
How do you it

Tenderly, the chaplain tells me
Tenderly

Funding. None.

Competing interests. None.

© The Author(s), 2024. Published by Cambridge University Press. This is an Open Access article, distributed under the terms of the Creative Commons Attribution licence (<http://creativecommons.org/licenses/by/4.0>), which permits unrestricted re-use, distribution and reproduction, provided the original article is properly cited.