# Effects of anthelmintics on the development of eggs of *Angiostrongylus* costaricensis in vitro

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# Abstract

Effects of the anthelmintics, pyrantel and levamisole, on egg development of *Angiostrongylus costaricensis* were studied *in vitro*. After 7 days, about 80% of eggs developed to first-stage larvae in Ham's F-12 medium with 10% foetal calf serum under 5% CO<sub>2</sub>. Significant inhibition of development was caused by pyrantel ( $10^{-9}-10^{-8}$  g ml<sup>-1</sup>) and levamisole ( $10^{-9}-10^{-8}$  g ml<sup>-1</sup>) (Mann-Whitney *U*-test; *P* < 0.05), and none of the eggs developed to first-stage larvae in higher concentrations of these anthelmintics ( $10^{-7}$  g ml<sup>-1</sup>). Furthermore, incubation with these drugs at  $10^{-8}$  g ml<sup>-1</sup> for at least 3 h or at  $10^{-4}$  g ml<sup>-1</sup> for 1 h caused irreversible effects on egg development.

### Introduction

Following treatment of tissue parasites, adverse effects on the host are often caused by allergic reaction to killed worms. Angiostrongylus costaricensis is a tissue nematode which causes human abdominal angiostrongylosis. Effective treatments for this disease have not been identified. Since A. costaricensis develops to the adult stage in humans, in vitro effects of anthelmintics on the adult stage of this nematode have been widely examined (Terada et al., 1992; Tungtrongchitr et al., 1992). Eggs deposited by adult worms in mesenteric arteries become lodged in terminal arterioles, and thereafter develop and hatch to first-stage larvae in intestinal tissues (Morera, 1973). Eggs and larvae in the small vessels of the tissues induce a strong granulomatous inflammatory reaction, and become surrounded by massive eosinophilic infiltration, especially in the mucosa and submucosa of the intestinal wall (Morera, 1985). Therefore, the study of effects of drugs on the development of eggs to first-stage larvae may provide information useful to the development of new approaches for chemotherapy of abdominal angiostrongylosis characterized by intestinal granuloma. Ishih (1994) suggested that in rats infected with A. cantonensis, levamisole affects larval output through a direct paralysing action on the first-stage larvae and an indirect effect on eggs, including inhibition of energy

metabolism. In the present study, we investigated the effects of anthelmintics on egg development in *A. costaricensis* in vitro.

### Materials and methods

# Egg recovery

Angiostrongylus costaricensis was maintained in our laboratory by cyclical passage through cotton rats (Sigmodon hispidus) and Biomphalaria glabrata snails, and all animal experiments were performed according to the Guidelines for Animal Experimentation, Hamamatsu University School of Medicine. Infected cotton rats were euthanized by a diethyl ether overdose 2 to 4 months after infection. Adult worms were recovered from the mesenteric artery, transferred into Petri dishes (3.5 cm in diameter) containing Ham's F-12 medium (Hata, 1996) with 100 units of penicillin ml  $^{-1}$  and 100  $\mu g$ of streptomycin ml<sup>-1</sup> then washed three times with the same medium. Worms were transferred into another dish containing Ham's F-12 medium supplemented with 10% inactivated foetal calf serum (culture medium) and incubated for 2 h at 37°C under 5% CO2. After incubation, eggs deposited into the medium were collected in a centrifuge tube and washed three times in culture medium by centrifugation at 1000 rpm for 1 min. The eggs were suspended in 2 ml of the culture medium for experimentation.

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### Culture conditions

As the depth of the culture medium can influence the rate of oxygen diffusion into the cells (Freshney, 1987), the effects of culture medium volume on egg development was determined. Assays were carried out using 96-well plates (Corning). About 20 eggs per well were transferred to yield a final volume of 100  $\mu$ l or 200  $\mu$ l. The plates were kept at 37°C under 5% CO<sub>2</sub> for 1 week. The culture medium was not changed during the incubation. Developmental stages were classified as cleavage stage, tadpole stage, larvae formation stage and first-stage larvae (L1) and counted in each well under a light microscope. The proportion of the L1 to other stages was determined.

### Anthelmintics tested

The anthelmintics, pyrantel tartrate (Pfizer) and levamisole hydrochloride (Aldrich), were first dissolved in the culture medium to prepare the stock solution at the concentration of  $10^{-3}$  g ml<sup>-1</sup> (5×10<sup>-3</sup> M). The concentrations reported refer to the weights of the salts.

### Effects of anthelmintics on egg development

No significant difference in egg development was observed when 100  $\mu$ l or 200  $\mu$ l culture medium was used, so 100  $\mu$ l was used in all subsequent experiments. Twenty microlitres of culture medium containing about 20 eggs were transferred to each well containing 80  $\mu$ l of culture medium, to which was added the stock solution of the drug to yield concentrations from  $10^{-10}$  to  $10^{-4}$  g ml<sup>-1</sup>. Seven to ten wells on each concentration of the anthelmintic were used. The plates were maintained at 37°C under 5% CO<sub>2</sub> for 1 week; exposure to the drugs was maintained throughout the course of the experiments. Developmental stages in each well were counted and the proportion of the L1 to other stages was determined.

### Effects of drug exposure time on egg development

To examine whether drug effects are reversible, eggs were treated with drugs at  $10^{-8}$  or  $10^{-4}$  g ml<sup>-1</sup> for 1 or 3 h, and then washed three times with culture medium and maintained in 100  $\mu$ l culture medium without the drug. The plates were kept at 37°C under 5% CO<sub>2</sub> for 1 week. Developmental stages in each well were counted and the proportion of the L1 to other stages was determined.

### Statistical analysis

The mean values were compared by the Mann-Whitney *U*-test, with *P* values less than 0.05 considered significant.

# Results

## Influence of medium volume on egg development

Eggs of *A. costaricensis* were cultured in two volumes of the culture medium, 100  $\mu$ l and 200  $\mu$ l, for 1 week.

There was no significant difference in egg development between the two volumes tested. Eggs in both volumes developed to the larva formation stage, then hatched to L1 during 1 week of observation; 82.7% in 100  $\mu$ l and 75.1% in 200  $\mu$ l.

# Effects of drugs on egg development

Concentration-dependent inhibition of development was caused by pyrantel tartrate  $(10^{-9}-10^{-8} \text{ g ml}^{-1})$   $(5 \times 10^{-9}-5 \times 10^{-8} \text{ M})$  and levamisole hydrochloride  $(10^{-9}-10^{-8} \text{ g ml}^{-1})$  (P < 0.05), and none of the eggs developed to the first-stage larvae when exposed to higher concentrations of these anthelmintics  $(10^{-7} \text{ g ml}^{-1} \text{ or more})$  (figs 1 and 2). Inhibition of development due to the anthelmintics was concentration-and time-dependent (figs 3 and 4).

### Discussion

The increasing incidence of anthelmintic resistance in nematodes that infect livestock has initiated the development of several useful in vitro tests to screen for anthelmintic resistance. The most commonly used assays are for detecting resistance in gastro-intestinal nematodes (Maingi et al., 1998). From the comparison of in vitro tests for determining anthelmintic resistance, the larval development test was observed to be the most sensitive to measure quantitatively a degree of resistance in nematodes (Varady & Corba, 1999). Angiostrongylus costaricensis causes abdominal granulomata, the main characteristics of which include thickening and hardening of the oedematous intestinal wall with a miliary, yellowish inflammation induced by eggs at various stages of development. Thus the effects of anthelmintics on egg development are considered useful to obtain information on new strategies for chemotherapy. An in vitro cultivation system for developing eggs to L1 of A. costaricensis, a tissue-dwelling nematode, was established by Hata (1996), who observed that 34% of eggs developed to L1 in Ham's F-12 medium under 8% CO2 by 10 days of cultivation. The addition of serum to the medium did not affect the rate of development of the eggs. In the present study, about 80% of eggs developed to L1 in the same medium, supplemented by 10% foetal calf serum under 5% CO<sub>2</sub> by 7 days. Further investigations on the effects of CO<sub>2</sub> and serum on egg development are necessary to optimize this cultivation system for examining the pathology, biochemistry and immunology of A. costaricensis.

Since *A. costaricensis* develops to the adult stage and eggs deposited in mesenteric arteries are known to be an aetiologic agent in humans (Loria-Cortes & Lobo-Sanahuja, 1980), studies of the effects of anthelmintics on both eggs and adult worms are warranted. *In vitro* experiments revealed that these anthelmintics caused a complete spastic paralysis of adult female worms of *A. costaricensis* at concentrations of  $10^{-7}$  M (2 ×  $10^{-8}$  g ml<sup>-1</sup>) (Terada *et al.*, 1986). Results of the present study show that pyrantel and levamisole at  $10^{-7}$  g ml<sup>-1</sup> inhibit the development of cultured eggs. Drug concentrations showing detectable effects on adult motility and egg development were similar. However, eggs cultured with



Fig. 1. Effects of pyrantel on egg development of *Angiostrongylus costaricensis*. Columns and bars represent means + SD. Numbers in parentheses represent the number of wells examined for each anthelmintic concentration. \*Significantly lower than the value of control experiment (0 g ml<sup>-1</sup>) (Mann-Whitney *U*-test, P < 0.05).



Fig. 3. Effects of exposure time of pyrantel on egg development of *Angiostrongylus costaricensis*. Columns and bars represent means + SD. Numbers in parentheses represent the number of wells examined for each anthelmintic concentration. \*Significantly lower than the value of control experiment (0 g ml<sup>-1</sup>) (Mann-Whitney *U*-test, *P* < 0.05). \*\*Significant difference between 1 h (**I**) and 3 h (**C**) groups at the same concentration of anthelmintic (Mann-Whitney *U*-test, *P* < 0.05).



Fig. 2. Effects of levamisole on egg development of *Angiostrongylus costaricensis*. Columns and bars represent means + SD. Numbers in parentheses represent the number of wells examined for each anthelmintic concentration. \*Significantly lower than the value of control experiment (0 g ml<sup>-1</sup>) (Mann-Whitney *U*-test, P < 0.05).



Fig. 4. Effects of exposure time of levamisole on egg development on *Angiostrongylus costaricensis*. Columns and bars represent means + SD. Numbers in parentheses represent the number of wells examined for each anthelmintic concentration. \*Significantly lower than the value of control experiment (0 g ml<sup>-1</sup>) (Mann-Whitney *U*-test, P < 0.05). \*\*Significant difference between 1 h (**■**) and 3 h (**□**) groups at the same concentration of anthelmintic (Mann-Whitney *U*-test, P < 0.05).

pyrantel or levamisole at  $10^{-4}$  g ml<sup>-1</sup> (5 ×  $10^{-4}$  M) for 1 week developed to the tadpole stage or cleavage stage, respectively (data not shown).

Pyrantel is widely used as a single oral dose in the treatment of ascariasis and enterobiasis. A pharmacological property of pyrantel is that it induces depolarizing neuromuscular-blockade (Aubry et al., 1970). Levamisole is used for a broad range of nematode infections, and is widely used to treat ascariasis. Levamisole induces spastic contraction of larval and adult nematodes (Van den Bossche, 1976). Pharmacological experiments have demonstrated that levamisole acts as a ganglion-stimulating compound that induces a neuromuscular inhibition of the depolarizing type (Coles, 1977). Levamisole also interacts with the fumarate reductase system in the mitochondria of nematodes. This system plays a key role in various parasitic worms (Van den Bossche, 1980). Further studies are necessary to clarify the mechanisms of inhibitory effects of these anthelmintics on egg development in A. costaricensis.

In the present study, cultivation with pyrantel or levamisole for 1 or 3 h inhibited egg development, indicating that this effect is irreversible. Pyrantel given orally is slightly absorbed from the intestine (Aubry et al., 1970). When given orally in very large doses, toxic effects are produced, and hence this drug is commonly used to treat nematodes living the gastrointestinal tract. In contrast, levamisole is rapidly absorbed from the gastrointestinal tract, but its therapeutic doses are devoid of measurable side effects in mammals. In man peak plasma levels of about  $7 \times 10^{-7}$  g ml<sup>-1</sup> ( $3.5 \times 10^{-8}$  M) are reached within 1–2 h after oral administration of a single dose of 150 mg (Graziani & de Martin, 1977). This drug has a plasma half-life of about 4 h and is eliminated from the body within 2 days. Thus, the inhibitory effect of levamisole on egg development should suppress granuloma formation and transmission of this disease, by preventing the spread of infection to intermediate hosts.

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