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## Mechanisms in nutrient regulation of inflammation

# A role for the peroxisome proliferator-activated receptor $\alpha$ in T-cell physiology and ageing immunobiology

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Peroxisome proliferator-activated receptor (PPAR)  $\alpha$  represents an important member of the nuclear hormone receptor superfamily that can be activated by a variety of natural fatty acids, some of their metabolites and by commonly-used anti-lipidaemic drugs. We recently demonstrated PPAR $\alpha$  expression in T lymphocytes, where it controls the initiation of transcription of T-box expressed in T-cells (T-bet) independent of added agonist. T-bet is an activation-inducible transcription factor regulator of interleukin 2 (suppression) and interferon  $\gamma$  (stimulation) synthesis. A suppressed ability to produce interleukin 2 and an enhanced production of interferon  $\gamma$  occurs in activated T-cells from PPAR $\alpha$ -/- mice, as well as in T-cells from wild-type aged animals whose lymphocytes express lowered basal levels of PPAR $\alpha$ . The dysregulated expression and/or function of cytokines, glucocorticoids or leptin that occurs with advanced age could all be responsible for the reduced expression of PPAR $\alpha$ . Dietary supplementation of aged mice with vitamin E, or supplementation with known agonists of PPAR $\alpha$ , was associated with elevation of lymphocyte expression of this nuclear hormone receptor, restoration of control over T-bet expression and elimination of the dysregulated production of interleukin 2 and interferon  $\gamma$  following lymphocyte activation. Interleukin 2 and interferon  $\gamma$  play very important roles in the initiation and/or regulation of immune, inflammatory and autoimmune disease states. Thus, the mechanisms that control the timing, magnitude and duration of specific cytokine production by activated T lymphocytes need clarification before appropriate nutritional or therapeutic strategies can be devised to treat disease conditions where cytokine expression and/or activities are deemed to be dysregulated and responsible.

### Ageing: PPAR $\alpha$ : Immunobiology

#### Overview of peroxisome proliferator-activated receptors

The peroxisome proliferator-activated receptors (PPAR) are ligand-inducible transcription factors that belong to the nuclear hormone receptor superfamily. To date, three PPAR subtypes have been identified: PPAR $\alpha$ , PPAR $\beta/\delta$  and PPAR $\gamma$  (NR1C1, NR2C1 and NR3C1 respectively; Dreyer *et al.* 1992; Chen *et al.* 1993; Lemberger *et al.* 1996). These three PPAR isoforms exhibit a high level of sequence and structural homology, but each isoform displays a divergent pattern of tissue expression and ligand-binding specificity (Kliwer *et al.* 1994; Braissant *et al.* 1996). PPAR $\alpha$  was the

initially described member of this family, being isolated by Issemann & Green (1990), based on its ability to induce peroxisome proliferation in rodent hepatocytes in response to certain xenobiotic compounds. Since that original observation, it is now known that PPAR $\alpha$  is expressed in a number of tissues, including liver, heart, and kidney, whose primary source of energy is derived from fatty acids (Issemann & Green, 1990; Braissant *et al.* 1996). In these tissues PPAR $\alpha$  regulates the expression levels of a number of genes involved in fatty acid metabolism, as well as genes involved in lipid homeostasis, cholesterol flux, and control over cellular redox state (Chinetti *et al.* 2000).

**Abbreviations:** IFN- $\gamma$ , interferon  $\gamma$ ; IL-2, interleukin 2; MAP, mitogen-activated protein; PPAR, peroxisome proliferator-activated receptors; PUFA, polyunsaturated fatty acids; T-bet, T-box expressed in T-cells; WT, wild type.

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PPAR positively regulate the expression of genes under their transcriptional control by binding to specific DNA sequences known as peroxisome proliferator response elements as a heterodimeric complex with the 9-*cis*-retinoic acid receptor. In the unliganded state PPAR $\alpha$  is thought to be transcriptionally inert, due to its physical association with the nuclear co-repressors N-CoR and SMRT (DiRenzo *et al.* 1997). Following ligand activation, the nuclear co-repressors dissociate from PPAR $\alpha$ , thus enabling it to bind nuclear receptor co-activators such as SRC-1 and CBP/p300. These protein complexes restructure the chromatin template through histone acetylation, and allow the basal transcriptional machinery to access the promoter regions driving transcription of target genes under PPAR control (Oate *et al.* 1995; Bannister & Kouzarides, 1996; Kamei *et al.* 1996; Torchia *et al.* 1997).

Similar to observations reported for other nuclear hormone receptors, PPAR also possess the ability to negatively regulate gene expression through a number of transrepression mechanisms. Anti-inflammatory activities linked to PPAR are largely mediated through an ability of the receptors to physically associate with, and antagonize, the transcriptional activities of many transcription factors, including signal transducers and activators of transcription, activator protein-1, nuclear factor of activated T-cells and nuclear factor kappa B (Gottlicher *et al.* 1992; Miyata *et al.* 1996; Ren *et al.* 1996; Jiang *et al.* 1998; Ricote *et al.* 1998; Stael *et al.* 1998). Similarly, the PPAR have additionally been demonstrated to inhibit the activation of certain protein kinases, thereby affecting downstream transcription factor activities (Desreumaux *et al.* 2001). The PPAR are also known to inhibit expression of certain genes through their ability to sequester important transcriptional co-activators that may be expressed in limited amounts within a cell (Li *et al.* 2000). The ability of the PPAR to mediate positive as well as negative gene regulation allows these nuclear hormone receptors to affect the transcription of a wide range of genes. Consequently, the PPAR are now appreciated to play critical physiological roles as lipid sensors, as regulators of lipid and carbohydrate metabolism, and in the control of many developmental processes.

#### Natural peroxisome proliferator-activated receptor $\alpha$ ligands: a link to nutrition

When compared with other nuclear hormone receptors, the ligand-binding domains of the PPAR are larger, explaining their capacity to accommodate a broad range of activating ligands (Xu *et al.* 1999). While several ligands, including some fatty acid species, can serve as pan-agonists for all three PPAR isoforms, more recent studies have described the existence of a number of PPAR $\alpha$  isoform-specific ligands, including the eicosanoid 8(S)-hydroxyeicosatetraenoate, leukotriene B<sub>4</sub>, *n*-3 fatty acids, and *n*-6 fatty acids (Forman *et al.* 1997; Kliewer *et al.* 1997). While a number of these potential ligands are able to activate PPAR $\alpha$  *in vitro*, a ligand such as 8(S)-hydroxyeicosatetraenoate is not found at high enough intracellular concentrations *in vivo* to effectively serve as an endogenous ligand for this receptor (Berger & Moller, 2002).

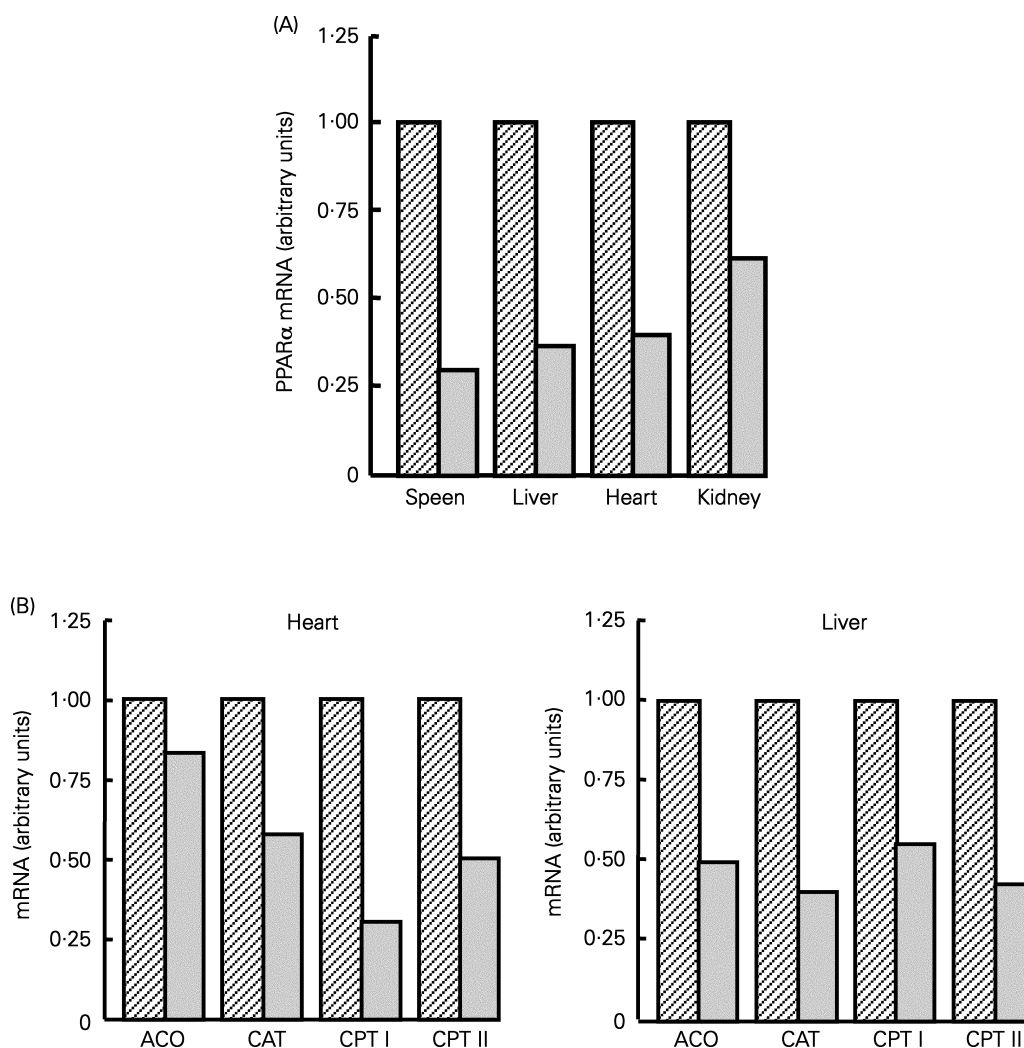
It has been demonstrated through analysis of a number of different assay systems that certain polyunsaturated fatty acids (PUFA) can serve as natural agonists for PPAR $\alpha$ . As PUFA can activate PPAR $\alpha$ , and a majority of the PPAR $\alpha$ -regulated genes are involved in fatty acid metabolism, it is believed that PPAR $\alpha$  may be functioning as a 'lipostat', maintaining cellular lipid homeostasis (Djouadi *et al.* 1999). Through this function, PPAR $\alpha$  up regulates the expression of genes required for efficient fatty acid utilization in response to increases in cellular lipids.

One well-studied example of the role of PPAR $\alpha$  as a 'lipostat' is the cellular response to leptin. Leptin is a cytokine produced by adipocytes in response to excesses in lipid levels. This cytokine signals many peripheral cell types through the leptin receptor and induces an up-regulation of PPAR $\alpha$  expression (Ahima & Flier, 2000). PPAR $\alpha$  can then be activated by the mobilized fatty acids to up regulate expression of those enzymes and fatty acid transporters necessary for effective mitochondrial fatty acid catabolism and energy generation through the  $\beta$ -oxidation pathway (Wang *et al.* 2001). An inability to effectively regulate the levels of cytosolic lipids can be directly cytotoxic through mechanisms involving the formation of lipid peroxides and ceramide generation (Unger & Zhou, 2001). Such an inability to effectively regulate cytosolic lipid levels would probably occur with cellular depressions in either PPAR $\alpha$  expression or in PPAR $\alpha$  activities.

#### Consequences of a generalized depression in peroxisome proliferator-activated receptor $\alpha$ expression

Our laboratory previously reported that expression of the PPAR $\alpha$  gene is depressed in cells residing within secondary lymphoid organs isolated from aged donors (Poynter & Daynes, 1998). This reduction in PPAR $\alpha$  expression was linked to the constitutive overproduction of certain pro-inflammatory cytokines that had previously been reported to occur in tissues from aged animals, as well as in tissues from mature adult PPAR $\alpha$ -/- mice (Spencer *et al.* 1997; Poynter & Daynes, 1998). Further support that depressions in PPAR $\alpha$  expression contributed to this pro-inflammatory phenotype came from studies where aged wild-type (WT) and aged PPAR $\alpha$ -/- mice were given daily treatments with dehydroepiandrosterone or WY 14 643, two PPAR $\alpha$ -specific agonists. Treatment of the WT mice with PPAR $\alpha$  agonists restored normal control over the abnormal expression of pro-inflammatory cytokines and the redox-regulated transcription factor nuclear factor kappa B. Aged PPAR $\alpha$ -/- mice failed to benefit from agonist treatment, and continued to constitutively express pro-inflammatory cytokines and active nuclear factor kappa B. Interestingly, treatment of aged WT mice with WY 14,643, or with dehydroepiandrosterone, additionally restored normal levels of PPAR $\alpha$  within the secondary lymphoid organs of the aged animals (Poynter & Daynes, 1998).

Our laboratory has recently demonstrated using quantitative real-time polymerase chain reaction that the levels of PPAR $\alpha$  gene expression are depressed by >50% in a number of tissues isolated from aged animals, including the heart, liver and kidney (Fig. 1(A)). The age-associated



**Fig. 1.** Transcript levels of (A) peroxisome proliferator-activated receptor (PPAR) $\alpha$  and (B) PPAR $\alpha$ -regulated genes are reduced in tissues from aged mice. mRNA was extracted from various tissues of 4-month-old (▨) or 24-month-old (■) C57BL/6 mice and quantitative real-time reverse transcriptase–polymerase chain reaction was performed. The amount of glyceraldehyde phosphate dehydrogenase transcript in each sample was equalized as a means of standardization. Similar results were obtained in multiple independent experiments. ACO, acyl-CoA oxidase; CAT, catalase; CPT, carnitine palmitoyltransferase.

depression of PPAR $\alpha$  expression within these tissues was accompanied by decreases in the expression levels of a number of PPAR $\alpha$ -target genes essential for fatty acid metabolism, including carnitine palmitoyltransferases I and II and acyl-CoA oxidase (Fig. 1(B)). A depressed expression of these genes in various tissues is known to correlate with a dysregulation in lipid homeostasis. When frozen sections of affected tissues were harvested and stained to detect the presence of cytosolic lipids with oil red O, tissues from aged mice showed an enhanced presence of cytosolic lipid droplets when compared with comparable tissue sections isolated from mature adult mice (Fig. 2). Watanabe *et al.* (2000) previously reported a similar pathology within the heart tissue of PPAR $\alpha$ -/- mice. This group demonstrated that several enzymes essential for normal cardiac fatty acid metabolism are expressed at lower levels within the hearts of PPAR $\alpha$ -/- mice. The authors

concluded that a reduced ability to effectively metabolize fatty acids was responsible for the development of myocardial damage and fibrosis within the hearts of PPAR $\alpha$ -/- mice. We feel that similar effects may be occurring in various tissues with ageing, and that age-associated depressions in PPAR $\alpha$  expression may be partially responsible.

#### Peroxisome proliferator-activated receptor $\alpha$ and the immune system

PPAR $\alpha$  has been extensively studied in tissues that utilize fatty acids as a primary energy source, such as heart, liver, muscle and kidney (Issemann & Green, 1990; Braissant *et al.* 1996). This receptor isoform has also been found to be expressed in several other tissues and cell types such as chondrocytes, keratinocytes and cells of the immune system

(Chinetti *et al.* 1998; Bordji *et al.* 2000; Hanley *et al.* 2000; Padilla *et al.* 2000; Harris & Phipps, 2001). Ligand activation of PPAR $\alpha$  or PPAR $\gamma$  in macrophages can effectively inhibit activation-induced inflammatory cytokine production through the active repression of several crucial transcription factors (Chinetti *et al.* 1998). The expression of PPAR $\gamma$  has been described recently in B and T lymphocytes where it has been reported to play a role in cytokine production, cellular proliferation, and susceptibility to apoptosis (Padilla *et al.* 2000; Harris & Phipps, 2001).

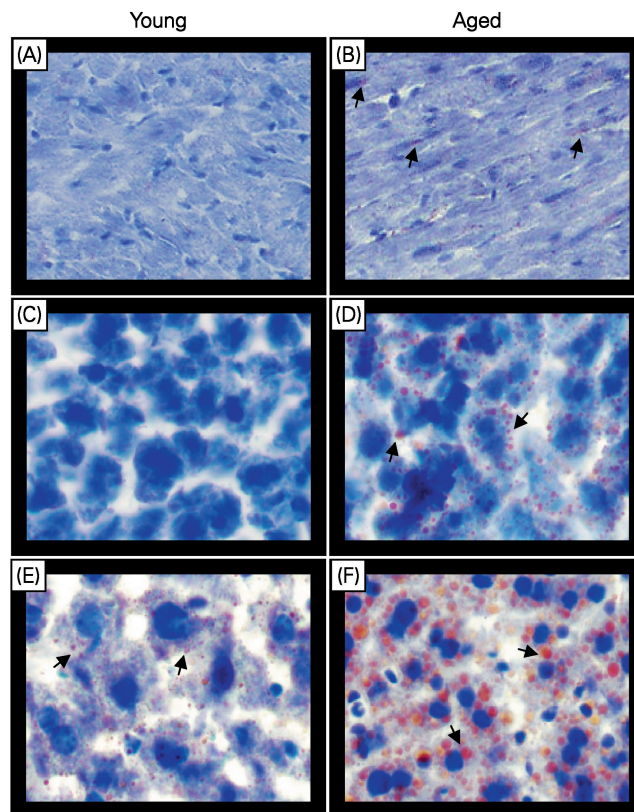
We recently established the constitutive expression of PPAR $\alpha$  in resting T and B lymphocytes (Jones *et al.* 2002). Interestingly, we demonstrated that the expression of PPAR $\alpha$  within T lymphocytes is rapidly down regulated following cellular activation. This finding is in contrast with observations for PPAR $\gamma$  expression in lymphocytes, which appears to increase with T-cell activation (Harris & Phipps, 2001; Jones *et al.* 2002). The dynamic flux that PPAR $\alpha$  exhibited within T-cells following activation suggested that this nuclear hormone receptor might be involved in early activation events within T-cells. One of the earliest events to occur in T-cells post activation is the induced synthesis of interleukin 2 (IL-2), an important T-cell growth factor. Interestingly, the amount of IL-2 protein produced by PPAR $\alpha$ -/- T-cells post activation is markedly reduced (>75%) when compared with that of WT T-cells. A kinetic analysis of IL-2 mRNA revealed that the transcription of IL-2 in PPAR $\alpha$ -/- T-cells is terminated at a much earlier time post activation than the IL-2 transcription in WT T-cells. This finding is in contrast with interferon  $\gamma$  (IFN- $\gamma$ ) gene expression and protein production, which is expressed earlier and is greatly elevated in PPAR $\alpha$ -/- T-cells. Thus, dysregulations in the initiation and termination of the transcription of two cytokine genes occurs within T-cells isolated from PPAR $\alpha$ -/- animals. We have now determined that the dysregulated production of these two cytokines in T-cells from PPAR $\alpha$ -/- donors arises from a kinetically-accelerated post-activation induction of T-box expressed in T-cells (T-bet). This transcription factor has recently been described to induce T-helper 1 cell differentiation through its ability to transactivate the IFN- $\gamma$  gene, while simultaneously suppressing expression of the IL-2 gene (Szabo *et al.* 2000). T-bet is also required for IFN- $\gamma$  production by natural killer cells, but is apparently not entirely responsible for controlling IFN- $\gamma$  production by CD8<sup>+</sup> T-cells (Szabo *et al.* 2002).

We (DC Jones and RA Daynes, unpublished results) hypothesized that activation-induced suppression of endogenous PPAR $\alpha$  expression in T-cells from WT donors is ultimately responsible for relaxing its controlling influences over the initiation of T-bet transcription and gene expression. This hypothesis was supported by the finding that T-bet expression and IFN- $\gamma$  production were solidly inhibited in an activated T-cell line which constitutively expressed PPAR $\alpha$  following transfection with a cytomegalovirus-PPAR $\alpha$  construct. Consequently, the constant presence of PPAR $\alpha$  in T-cells was somehow tonically suppressing the initiation of T-bet transcription following activation, and thereby retarding any regulatory influences controlled by this transcription factor.

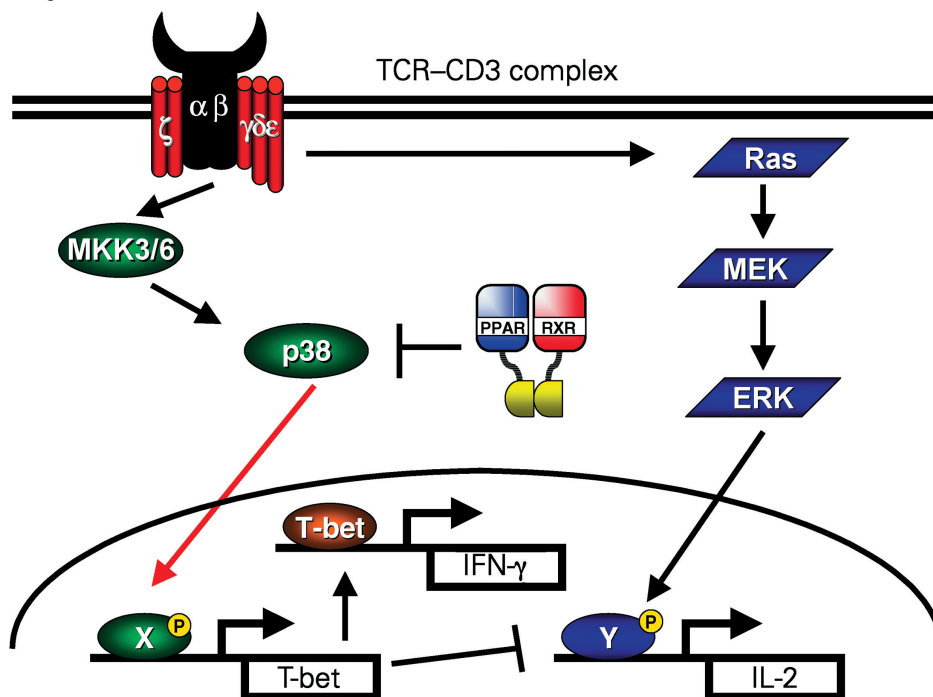
Since the cellular localization of PPAR $\alpha$  within T-cells is exclusively cytoplasmic (Jones *et al.* 2002), we suggested that the ability of PPAR $\alpha$  to regulate T-bet transcription was probably not mediated through a DNA-binding-dependent process, but rather through the ability of PPAR $\alpha$  to antagonize some signalling pathway essential for T-bet transcription. Previous reports have suggested a prominent role for the p38 mitogen-activated protein (MAP) kinase in both IFN- $\gamma$  production and T-helper 1 differentiation, processes that are now appreciated to be mediated by T-bet (Rincon *et al.* 1998; Lu *et al.* 2001). We utilized the chemical p38 MAP kinase inhibitor, PD169 316, to determine that p38 MAP kinase activity within T-cells is necessary for T-bet transcription. We also found that the absolute level of phospho-p38 MAP kinase was much higher within activated PPAR $\alpha$ -/- T-cells when compared with WT T-cells activated under the same conditions. Furthermore, we determined that constitutive expression of PPAR $\alpha$  within a cytomegalovirus-PPAR $\alpha$  transfected T-cell line markedly suppressed the levels of phospho-p38 MAP kinase following activation. Together, these findings suggest that the ability of PPAR $\alpha$  to regulate T-bet transcription within activated T-cells, and ultimately the protein production, is mediated through the ability of PPAR $\alpha$  to regulate the activation of p38 MAP kinase. A hypothetical model, outlining our present ideas concerning the molecular pathways that appear to be controlled by PPAR $\alpha$  in WT T-cells is presented in Fig. 3. This model suggests that the ability of PPAR $\alpha$  to control the initiation of T-bet transcription is indirect, being mediated through its capacity to somehow suppress the activation of p38 MAP kinase. We are presently investigating the means by which PPAR $\alpha$  is able to control p38 MAP kinase activation.

The profile of cytokine production from activated T-cells isolated from young adult PPAR $\alpha$ -/- mice was found to be strikingly similar to that observed from T-cells isolated from aged animals (Engwerda *et al.* 1996). In view of this similarity in cytokine production, we questioned whether there might be a depressed expression of PPAR $\alpha$  and an accelerated expression of T-bet within T-cells isolated from aged donors. Using quantitative real-time polymerase chain reaction, we found that PPAR $\alpha$  mRNA expression in T-cells from aged mice was three to four times lower than that observed in T-cells isolated from adult mice. T-cells isolated from aged donors also demonstrated a markedly accelerated induction of T-bet that was kinetically similar to what was observed in activated PPAR $\alpha$ -/- T-cells.

To further question the role of PPAR $\alpha$  in the regulation of T-cell cytokine production, we kinetically analysed T-cells from aged mice placed on diets supplemented with the antioxidant  $\alpha$ -tocopherol. Our laboratory had previously demonstrated that providing  $\alpha$ -tocopherol supplementation to aged mice increased the PPAR $\alpha$  mRNA in splenocytes to levels observed in splenocytes from young donors (Poynter & Daynes, 1998). We had also demonstrated that this therapeutic administration of  $\alpha$ -tocopherol normalized the production of cytokines by activated T-cells. When T lymphocytes from aged animals supplemented with  $\alpha$ -tocopherol were stimulated *in vitro*, their ability to produce IL-2 was markedly increased compared with that produced by T-cells from unsupplemented aged mice.



**Fig. 2.** Accumulation of intracellular lipids in the hearts and livers of aged mice. Frozen tissue sections were prepared from the hearts (A and B) and livers (C–F) of young (A,C and E) or aged (B,D and F) (C57BL/6 × DBA2) F1 mice. Tissues were harvested from mice that were either fed *ad libitum* (A–D) or fasted for 24 h (E and F). All sections were stained with oil red O for analysis of lipid droplets. The presence of red droplets (↑) indicates positive staining for neutral lipids. Photographs are representative of similar results observed in tissue sections prepared from four to six mice per group. Magnification ×400.



**Fig. 3.** Model for peroxisome proliferator-activated receptor (PPAR) $\alpha$ -mediated suppression of the transcription of T-box expressed in T-cells (T-bet). The ability of PPAR $\alpha$  to alter the kinetic induction of T-bet transcription might arise through this nuclear hormone receptor's ability to transiently suppress the phosphorylation of the p38 mitogen-activated protein kinase following T-cell activation. TCR, T-cell receptor; MKK, MAP kinase kinase; p 38, MAP kinase; X,Y, unknown transcription factors X and Y respectively; IFN- $\gamma$ , interferon  $\gamma$ ; RXR, 9-*cis*-retinoic acid receptor; Ras, monomeric guanine nucleotide protein encoded by the ras proto-oncogene; MEK, MAP kinase kinase; ERK, extracellular signal-regulated kinase; IL-2, interleukin 2.

Conversely, the levels of activation-induced IFN- $\gamma$  were reduced from the normally high levels produced by T-cells from unsupplemented aged animals. The kinetics of T-bet induction in activated T-cells from the supplemented aged animals was found to resemble that of young mice. Together, these observations suggest an expanding role for PPAR $\alpha$  in T-cells of the immune system. It will be of great interest and importance to decipher the roles PPAR $\alpha$  might play in other cells of the immune system, including B-cells and dendritic cells.

### Conclusion

In the short history since their original discovery, it has become quite clear that the PPAR play critical roles in the regulation of energy homeostasis (through their ability to control major aspects of lipid and carbohydrate metabolism). It is also appreciated that dysregulated PPAR activities are involved in a number of pathological states including cancer, inflammation, infertility, demyelination and atherosclerosis (Devchand *et al.* 1996; Mueller *et al.* 2000; Berger & Moller, 2002; Takano & Komuro, 2002). Recently, the expression of specific PPAR subtypes have been described in myeloid and lymphoid cell types, creating a possible linkage between PPAR expression and the immune system. PPAR $\gamma$ , known to be expressed in both T and B lymphocytes, is thought to be involved in suppression of cytokine production and proliferation (Padilla *et al.* 2000; Harris & Phipps, 2001). We have recently described that PPAR $\alpha$  is also expressed in resting T and B lymphocytes (Jones *et al.* 2002). We now believe that PPAR $\alpha$  is playing an unique role in T-cell activation through its ability to regulate the expression of T-bet, ultimately determining the timing, sequence and magnitude of cytokines produced by activated T-cells. Due to the ability of PPAR $\alpha$  to carry out these influences within the T-cell, as well as the breadth of metabolic functions PPAR $\alpha$  carries out in other cell types, an ability to regulate the expression of PPAR $\alpha$  and its activities may represent useful therapeutic strategies to many pathological conditions.

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