# Equitable Approaches for Public Health Data Collection Among Diverse Populations: Findings from a National Evaluation of Fruit and Vegetable Incentives

Carmen Byker Shanks<sup>1</sup>, Betty Izumi<sup>2</sup>, Jenna Eastman<sup>3</sup>, Teala W. Alvord<sup>4</sup>, Amy L. Yaroch<sup>5</sup>

<sup>1</sup>Center for Nutrition and Health Impact, 14301 FNB Parkway, Suite 100, Omaha, NE 68154, Phone: (531) 895-4037. Email: <u>cbshanks@centerfornutrition.org</u>, https://orcid.org/0000-0002-9030-9938

<sup>2</sup>Portland State University School of Public Health, <u>https://orcid.org/0000-0001-7670-0271</u>

<sup>3</sup>Center for Nutrition and Health Impact; GusNIP NTAE Center, 14301 FNB Parkway, Suite 100, Omaha, NE 68154, Phone: (531) 895-4154. Email: jeastman@centerfornutrition.org

<sup>4</sup>Current institution: Clark County Public Health, Institution at the time of study: Oregon Health and Science University, <u>https://orcid.org/0000-0001-7047-2087</u>

<sup>5</sup>Center for Nutrition and Health Impact; GusNIP NTAE Center, 14301 FNB Parkway, Suite 100, Omaha, NE 68154, Phone: (531) 895-4030. Email: <u>ayaroch@centerfornutrition.org</u>



This is an Accepted Manuscript for Public Health Nutrition. This peer-reviewed article has been accepted for publication but not yet copyedited or typeset, and so may be subject to change during the production process. The article is considered published and may be cited using its DOI 10.1017/S1368980025000084

Public Health Nutrition is published by Cambridge University Press on behalf of The Nutrition Society. This is an Open Access article, distributed under the terms of the Creative Commons Attribution licence (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted re-use, distribution and reproduction, provided the original article is properly cited.

## Acknowledgements

The authors wish to acknowledge GusNIP grantees, partners, and participants for their support and work in project implementation and data collection. The authors would like to acknowledge Ruth Quattro, GusNIP NTAE Senior Project Manager, for her expertise in developing the Figure 1 graphic.

## **Financial Support**

The Nutrition Incentive Program Training, Technical Assistance, Evaluation, and Information Center is supported by Gus Schumacher Nutrition Incentive Program grant no. 2019-70030-30415/project accession no. 1020863 and grant no. 2023-70414-40461/project accession no. 1031111 from the USDA National Institute of Food and Agriculture. The findings and conclusions in this publication are those of the authors and do not necessarily represent the official position of USDA. The funders were not involved in the preparation of this publication.

## Authorship

CBS, BI, TA, and AY conceptualized and initiated the study. CBS, BI, and TA interviewed participants and conducted focus groups. JE, BI, and TA and coded interview transcripts and JE coded focus group transcripts. CBS, BI, JE, and TA participated in resolving codes. All authors contributed to drafting, reviewing, and finalizing the manuscript. All authors approved of the finalized manuscript. CBS, JE, and AY are NTAE staff. BI and TA contributed as consultants.

## **Ethical Standards Disclosure**

This study was conducted according to the guidelines laid down in the Declaration of Helsinki and all procedures involving research study participants were determined by the University of Nebraska Medical Center Institutional Review Board to not constitute human subjects research as defined by 45CFR46.102 and did not require further IRB review. Verbal informed consent was obtained from all subjects/patients.

### Abstract

**Objective:** Public health approaches for addressing diet-related health in the United States (US) include nutrition incentive (NI) and produce prescription (PPR) projects. These projects, funded through the US Department of Agriculture Gus Schumacher Nutrition Incentive Program (GusNIP), aim to support intake of fruits and vegetables through healthy food incentives. Measuring GusNIP impact is vital to assessing the ability of incentives to improve public health nutrition outcomes across populations. Shared measures used across GusNIP projects assess fruit and vegetable intake, food security, demographics, among other variables, through a participant survey. This study explored challenges and opportunities to support evaluation across GusNIP.

**Design:** This qualitative study used a sociodemographic survey, semi-structured interviews, and focus groups. Descriptive statistics were used to summarize survey data and applied thematic analysis was used to identify patterns in interview and focus group data.

**Setting:** Data collection occurred in the United States virtually using Qualtrics and Zoom, fall 2021 to fall 2022.

**Participants:** 18 GusNIP PPR and NI data collectors, 24 external evaluators, and 11 GusNIP Training, Technical Assistance, Evaluation, and Information Center's (NTAE) staff participated.

**Results:** Opportunities to improve evaluation among GusNIP's participants include tailoring surveys to specific subpopulations, translations, culturally appropriate food examples, avoiding stigmatizing language, using mixed methods, and intentional strategies to enhance representation.

**Conclusion:** To increase applicability, evaluation tools must reflect the experiences across populations. This study provides insights that can guide future NI and PPR evaluations, helping to more effectively measure and understand outcomes of all communities.

Key Words: nutrition incentive, produce prescription, dietary screener questionnaire, dietary assessment

### Introduction

Relatively little progress has been made to meet recommended Dietary Guidelines in the United States (US), and especially to reduce diet and accompanying health outcomes [1]. The prevalence of diet-related diseases differs by intersecting factors across sociodemographic groups in the U.S. For instance, adults who report lower income tend to eat fewer fruits and vegetables than adults reporting higher income; and poverty rates are highest among American Indian/Alaska Native, Black/African American, and Hispanic adults and lowest among non-Hispanic White adults. Further, prevalence of cardiovascular disease is lower among non-Hispanic White adults compared to non-Hispanic Black adults and Hispanic adults, and similar differences exist for other chronic diseases [2-15].

Public health responses to diet-related health outcomes have centered around programs that address barriers to affordable, accessible, available, and sufficient healthy foods [10, 16-17]. Programs like the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) and the Supplemental Nutrition Assistance Program (SNAP) also play a key role in increasing access to healthy food. WIC provides support to pregnant women, infants, and children under five with low income. SNAP, being the largest food assistance program in the US, offers broader food assistance to help families supplement their grocery budget.

Further, the 2018 Farm Bill appropriated funds to the Gus Schumacher Nutrition Incentive Program (GusNIP) to support nutrition incentive and produce prescription projects across the U.S. [18]. Through this appropriation, the US Department of Agriculture's (USDA) National Institute of Food and Agriculture (NIFA) facilitates a competitive grant program that funds incentive projects to increase access and affordability of fruits and vegetables. GusNIP offers incentives to a wide range of populations, including those who are food insecure, have a low income, have diet-related chronic disease risk, and/or face other barriers to healthy food access. Specifically, nutrition incentive projects provide incentives to SNAP and Nutrition Assistance Program (NAP) participants to purchase fruits and vegetables [19]. Produce prescription projects provide incentives or prescriptions to those who are at risk for a diet-related chronic disease and food insecurity (but not necessarily utilizing SNAP) for the purchase of reduced cost or free fresh fruits and vegetables [20]. Collectively, these types of programs aim to increase fruit and

vegetable intake and promote food and nutrition security, which may serve as a pathway to better health. In addition to funding for nutrition incentive and produce prescription projects, the 2018 Farm Bill allocated funding for the GusNIP Training, Technical Assistance, Evaluation, and Information Center (NTAE) to conduct a national evaluation and support implementation of these projects [21].

Robust measurement tools are necessary to evaluate dietary programs and interventions, such as GusNIP [22]. Case in point, if a program's goal is to increase fruit and vegetable intake, then valid and reliable measurement tools should be applied to understand if the program ultimately achieves this outcome. Ideally, evaluation results can help to tailor an intervention based on a specific population's needs. This can subsequently improve intervention feasibility, acceptability, appropriateness, implementation, outcomes, and impacts.

To ensure evaluation results accurately reflect participant experiences and outcomes, equitable evaluation frameworks emphasize involving all individuals impacted by an intervention at various stages of the process, from preparation and question development to tool adaptation and the dissemination of results [23-27]. Approaches to equitable evaluation are wide ranging and adapted for the needs of each project, and can include advisory boards, incorporation of the population of interest in developing and reviewing evaluation materials, input on evaluation methods (e.g., qualitative or quantitative), focus on a population of interest, specified terminology applied within a project, and assessing communication and dissemination materials for relevance [23-27]. In addition, these approaches have elucidated that poorly representative samples and inadequate measurement tools lead to an insufficient and/or inaccurate assessment of the experience and outcomes across populations [23-27]. People with low-incomes and racial and ethnic populations have been broadly underrepresented in research and evaluation [9, 28]. Results from socioeconomically advantaged and non-minority populations do not necessarily apply to other groups [29-32]. Measures developed without intentionally integrating elements from and across populations risk bias and error in outcomes and interpretation of results.

To demonstrate, dietary intake is commonly measured using surveys within nutrition interventions. What people eat is determined by complex interactions of factors at multiple levels: personal (e.g., demographics), social (e.g., peers, family), physical (e.g., neighborhoods),

and macro-level (e.g., policies, culture) [33]. These factors ultimately produce distinct dietary outcomes across populations that may (or may not) be captured in research and evaluation results. For instance, because vegetables are often integrated into meat dishes for many cultural or ethnic groups, vegetable consumption may be under or misreported using dietary intake measures that require survey participants to estimate their vegetable consumption in meat dishes. Even with conceptual understanding that representation and adequate evaluation tools are key to understanding the experiences across populations involved in public health nutrition interventions, there is a lack of research that describes practical challenges and opportunities for ensuring equitable evaluation.

#### **Study Goals**

This research leverages the GusNIP NTAE's work to improve public health data collection approaches in the national GusNIP evaluation of nutrition incentive and produce prescription projects. This study used a qualitative approach with GusNIP data collectors, external evaluators, and NTAE staff to explore challenges and opportunities associated with the GusNIP evaluation, which is conducted across many communities and populations.

#### Methods

#### Background

Co-authors drew upon their experience as researchers and NTAE staff to conduct this study. The NTAE provides reporting, evaluation, and technical assistance support to GusNIP grantees, applicants, and their partners. The NTAE provides guidance to over 200 grantees to collect shared measures so that an aggregate dataset can be used to understand how GusNIP supports core outcomes. This study focused on the participant-level core outcomes of GusNIP, which include food security, fruit and vegetable intake, and perceived health [34]. Participant data is collected via surveys and distributed by grantees. The survey assesses fruit and vegetable intake, food security, and demographics, among other variables [35]. The participant-level survey is typically conducted among a variety of racial and ethnic groups [30,34].

### Study Design

The study team applied qualitative techniques with data collectors, external evaluators, and NTAE staff from October 2021 to October 2022. This study gathered data through interviews and focus groups, with all participants completing sociodemographic surveys. The research implemented a constructivist approach to understand participant experiences and generate contextual meaning about challenges and opportunities associated with evaluation among diverse populations [36]. The research took a broad approach to diversity, as we explored more than just race and ethnicity, and participants also discussed a wide range of factors beyond race and ethnicity. The University of Nebraska Medical Center Institutional Review Board determined this project does not constitute human subjects research as defined by 45CFR46.102 and did not require further IRB review. Nonetheless, eligible participants provided consent online to participate in the survey and the interview or focus group. Additional verbal consent was obtained prior to recording the interview.

#### Recruitment

Data collectors, external evaluators, and NTAE staff engaged in focus groups and interviews. To recruit interview and focus group participants, a snowball technique was applied. For data collector interviews, e-mails were sent to GusNIP grantee contacts inviting study participation and, if interested, to complete a survey. Study staff followed up with eligible interview participants. Next, external evaluators and NTAE staff were recruited via e-mail to an External Evaluators Community of Practice, as well as e-mails from the NTAE's directory. An invitation for participation in a focus group was extended, and if interested, the external evaluators and NTAE staff completed a sociodemographic survey and attended one of three scheduled focus groups. For all groups, survey participants were eligible if they were an adult (≥18 years old) who worked with a GusNIP project as a data collector, external evaluator, or NTAE staff. Survey questions also asked about SNAP use and the USDA Food Security module [37]. External evaluators and NTAE were in separate focus groups.

## Procedures

The semi-structured interview and focus group questions with probes, further described below, were developed by co-authors after reviewing the literature that addresses evaluation elements relevant across populations (Table 1). All interviews and focus groups were conducted via audio-recorded Zoom at a time that was convenient for the participant and researcher. Each interviewee was interviewed one time, and each focus group was conducted one time. The researcher informed the interview or focus group participant(s) about study goals and consenting occurred before audio recording began. Co-authors collecting data were trained to conduct interviews and focus groups through their own education in public health research methods, as well as review and practice of the semi-structured guides as a research team. Interviewers discussed data saturation within each group of participants and across the sample as interviews and focus groups were occurring and when they were complete.

### Semi-structured Interviews with Data Collectors

A total of 18 data collectors were eligible and participated. All interviews were conducted by CBS, BI, or TWA; only researchers and participants were present during interviews. Data collectors had knowledge of the NTAE and, in turn, potential familiarity with CBS. Interviews lasted an average of 46 minutes and ranged from 24-120 minutes. Researchers kept notes while performing interviews. The interview questions focused on experience collecting data across participants, challenges with survey questions, survey language translation, positionality and power, and suggestions for improvement. Each participant was offered a \$25 gift card incentive for their time.

## Focus Group with External Evaluators and NTAE Staff

24 external evaluators were eligible and participated in a focus group; only researchers and participants were present during the focus group. The focus groups were conducted by TWA, with whom the external evaluators were only familiar for the purposes of this research. 11 NTAE staff were eligible and participated in one of two focus groups; only researchers and participants

were present during the focus groups. The focus groups were conducted by CBS and TA. NTAE staff had previous relationships with and knowledge of CBS as NTAE staff members. Across both focus groups, questions concentrated on positionality and power, research protocol, cultural relevance of the survey and data collection process, and suggestions for improvement. Participants were not offered an incentive since this activity was paid for during time at their job. Focus groups were an average of 60 minutes in length.

#### Analysis

Survey data were entered into Microsoft Excel (version 16) and analyzed using descriptive statistics. Interviews and focus groups were transcribed using Rev, and then cleaned and deidentified by study staff. The qualitative data were managed using the qualitative software program Atlas.ti version 7.0 (Scientific Software Development Gmbh, Berlin, Germany). A constructivist approach was used to gain participant perspectives about the challenges and opportunities associated with conducting the GusNIP evaluation across populations [36]. Applied thematic analysis guided the coding [38]. One researcher coded all transcripts, and two researchers independently split up coding for other transcripts. First, 21 transcripts were assigned across the three researchers to independently code. Researchers inductively created a codebook (see Table 2) with codes derived from the independently coded transcripts. The research team applied the codebook to 21 transcripts (three focus groups and 18 interviews) and iteratively updated the codes. Operational definitions and example quotes were added to the final codes in the codebook. Researchers used the final codebook to code all transcripts and focus groups deductively. The coder resolved coding discrepancies by reviewing the transcript with the research team to determine final coding decisions. Codes were collapsed into themes by consensus among researchers. The final codebook included four themes, 22 codes, and example quotes. All participants were invited to an External Evaluators Community of Practice to review study findings and provide input on themes. The qualitative analysis and results adhere to the COREQ (Consolidated Criteria for Reporting Qualitative Research) guidelines. High level findings were presented back to the External Evaluators Community of Practice, including participant attendance, to obtain additional feedback. The feedback did not change the codes or themes, but supported the interpretation of data within the Discussion section.

### Results

### Characteristics of Participants

To describe participants, sociodemographic surveys were collected from 18 data collectors who participated in interviews and 35 attendees of three focus groups (see Table 3). Most participants identified as woman and race as White.

## Qualitative Findings by Theme

Four themes emerged from interviews and focus groups, including survey module challenges, factors influencing survey participant's experiences, intersection of data collector and survey participant identity, and strategies to <u>strengthen representation across participants</u> in evaluation.

## Survey module challenges

The qualitative data about the participant survey centered around survey length, the fruit and vegetable intake, food security, and demographic modules. Overall, the length of the survey (about 30 questions) was a point of concern, especially for data collectors who administered the survey verbally. One data collector described this concern saying, "…*There was feedback that it was a really long survey. We did have the stipend, the gift cards, that helps. But still it really ranged*…" (I1).

Relevance of the fruit and vegetable intake questions across populations were a consistent concern among interviewees. The questions, which are derived from the Dietary Screener Questionnaire Fruit and Vegetable module, query about consumption of green leafy or lettuce salad, fried potatoes, other potatoes, other vegetables, salsa, pizza, tomato sauce, beans, fruit, and fruit juice [39]. In some cases, the phrasing or naming of foods was unfamiliar to the populations surveyed and they may have been confused about how to respond. For instance, salads were noted as an area that is interpreted differently across populations. Some survey participants did not consume salad, but did eat greens in other forms (e.g., cooked collard greens) and were not sure if they should be identified as a salad or other vegetable.

Data collectors mentioned that many fruits and vegetables frequently eaten among the populations surveyed were not directly asked about, which may have led to underreporting. For example, some Hispanic and Latino/a participants did not know whether canned beans would count as a vegetable, or if only raw beans that they soaked and prepared at home would count in a question about beans. Additionally, questions about potatoes were noted to be confusing by several data collectors, as survey participants were not sure whether it was only white potatoes or if they should include sweet potatoes or other types of tubers that were not mentioned in the survey.

Similarly, certain foods, such as salsa and pizza (to assess tomatoes consumed), were asked about but were only relevant to some participants. One data collector said "...*I think as a participant, I'd be like, 'Why are you asking me about salsa and pizza?'* ... [we should] have some questions that get swapped in and out, depending on the audience. If we know what this population is more likely to eat" (I10).

Data collectors sometimes made suggestions about example fruits and vegetables that could be included to increase comprehension of the question and reduce underreporting, such as corn, nopales, pico de gallo, tepary beans, and collard greens. One data collector noted, *"Something else that has come up a lot in our pilot testing is how we frame what is healthy and making sure that we find some more culturally relevant examples of what is healthy, because kale may not be what somebody is the most used to. And there are some great, more culturally specific examples of more emblematic fruits and vegetables, balanced meals, that can feel much more relevant to their history" (FG1). Data collectors commonly suggested the ability to alter examples in these questions based on the audience and community being surveyed, which is allowable if a grantee works with the NTAE to ensure fruit and vegetable examples are placed within the correct questions.* 

Response options about the frequency with which participants consumed foods in the fruit and vegetable module were considered confusing and difficult for participants to accurately recount. Response options for the Dietary Screener Questionnaire module included: never, 1 time last month, 2-3 times last month, 1 time per week, 2 times per week, 3-4 times per week, 5-6 times

per week, 1 time per day, 2 or more times per day, 2-3 times per day, with the addition of 4-5 times per day and 6 or more times a day for 100% fruit juice only [39]. Some survey participants provided answers in terms of a week, while the options included daily and monthly framing. Other participants were distracted by examples and responded with "*I eat apples*" or "*I hate oranges*" and missed the overall category (fruit) or frequency part of the question. One organization noted that their team began utilizing laminated images of food examples and frequency to help participants think through what was being asked. Another noted rewording or breaking down the number of times per day or week. Overall, the survey's fruit and vegetable questions and response options were perceived to be too long and in some cases as repetitive.

A survey participants' individual experience with food security impacted their understanding of and response to this portion of the survey, which relied on the USDA ERS 6-item Food Security Module [37]. Food security questions were highlighted by data collectors as, at times, difficult for participants to understand and sensitive in nature. One data collector recalled, "...Some had issues with like we couldn't afford to eat balanced meals. Well, what do you mean by balanced meals? Like who's defining that? Like, do you want me to show them My Plate? And, you know, and I don't know, there's just lots of room for nuance and interpretation, and lots of ways this could not be giving you meaningful data" (110). In some cases, participant perception of subjective terms on the survey item, such as "balanced" or "enough," made it difficult for participants to respond. One interviewee said, "No one ever stopped or didn't answer, but it was a little harder for them to answer some of the questions because like I set their bar of, 'Well, I only eat twice a day, but that's enough for me" (13). Data collectors also noted several times that these questions felt repetitive to participants, even leading them to comment things like "I feel like you're not listening."

The demographic questions were reported to impact rapport with the data collector during the survey. For example, it was noted by four data collectors that older, Spanish speaking, and/or Hispanic or Latino/a survey participants were uncomfortable being asked their gender when they thought it should be obvious to the data collector. One data collector recalled, "As you probably know, people are not as familiar with non-binary and [gender descriptions] in Spanish. They would be like, 'I'm obviously a female,' or 'I'm obviously a male.' I was like, 'I still have to ask

*the question though'"* (I2). Others were not able to find a choice with enough specificity for their gender. Both instances led to awkward interactions between the survey participant and data collector. Language was also a consideration within the demographics portion as a Spanish-speaking data collector noted that Spanish does not have verbatim translation for some of the gender identity terms used frequently in English.

The race and ethnicity self-identification prompts were received differently depending on participant identity. For example, some survey participants did not identify with a separate race than ethnicity. One data collector said, "*Then when it comes to self-identifying race and ethnicity, it's really hard for people to distinguish because they were like, 'Well, I'm Latino.* What else do you want me to tell you?' You have to go through the entire thing of like, 'Are you White? Are you Asian, Native, Hawaiian?' All of those. That question's the one that trips people up.'" (I2). Because the question about Hispanic, Spanish, Latino/a identity was separate from the question about race, some participants chose "other" as their race and filled in Latino/a as they had already answered "yes" to the question before. Alternatively, they responded to the data collector with "*I'm Latina*" or asked if they are supposed to choose White. Data collectors noted the need for choices for Arab or Middle Eastern survey participants. Another data collector suggested a check all that apply approach that combines the race and ethnicity questions.

#### Factors influencing survey participant's experience

Interview and focus group attendees reported that the survey participant's experience during data collection was informed by several factors, including their history with being surveyed, stigma, their language, and sensitivity to questions posed.

Survey participant fatigue with being surveyed was discussed by data collectors and focus group attendees. Specifically, survey participants answer the same questions in order to access and maintain benefits, such as SNAP and additional surveying with similar questions can quickly feel excessive. One focus group attendee elaborated, *"There's always all this paperwork one has to fill out. And I think that it's not relegated to SNAP, but a lot of federal aid programs are inherently extractive. So much information is asked of people, so much vulnerable information is asked of people. And people really need to go through this really robust, extractive, invasive* 

process in order to feed their families and meet their basic requirements" (FG1). Strategies mentioned to mitigate survey fatigue included ensuring a personable interaction, returning information to the community being surveyed, communicating "What's in it for them," limiting the length of surveys, and not requiring survey completion for program participation. A focus group attendee also questioned whether the NTAE could access existing demographic records for SNAP survey participants rather than asking this set of questions in the survey.

Data collectors described stigma experienced by survey participants often related to where the data was collected. Some noted that data collection sites have a negative culture around food assistance programs that may make participants feel uncomfortable participating in a survey regardless of the identity or behavior of the data collector. One data collector noted that surveying at brick-and-mortar sites (e.g., grocery stores) was easy for identifying survey participants paying with electronic benefit transfer (EBT) at the register who were eligible to complete the survey. Others felt that data collection at brick-and-mortar sites was stigmatizing as the data collector is essentially watching private transactions to see who uses an EBT card. One data collector noted that it was easier to build trust with survey participants at farmers markets than other locations because they are already used to the staff and program branding associated with the GusNIP project. One data collector noted that their organization discussed wearing branded clothing associated with the GusNIP project, as some thought survey participants may feel stigma and others felt that this would help to normalize the programming. Foods asked about in the survey were also brought up as stigmatizing. One data collector noted that, even though the survey does not call any foods "unhealthy," some foods asked about have cultural significance that may lead to feelings of stigma saying, "Like the difference between fried potatoes...what you're getting at?" (I10).

The participant-level survey is available in ten languages (Arabic, Chinese Simplified, Chinese Traditional, English, French, Korean, Russian, Spanish, Somali, Vietnamese) and survey language considerations for participants were discussed. In general, Spanish translations seemed to be effective with most data collectors only needing to further explain a handful of questions. For example, the phrase *"making ends meet"* is an American colloquialism and is not common in Spanish; it was suggested that this phrase would have been better translated from *"having*"

enough money for the things you need." Questions about foods may have been interpreted differently by Spanish speakers due to translation. For example, one collector noted that the Spanish survey says "base de tomates" when referring to salsa. Some survey participants would consider this to only be red tomatoes and not include tomatillos which are green. Another noted that the Spanish survey asks about "croquetas de papas" which could be confusing as croquetas are more known as dog food and survey participants might not be familiar with them as potatoes.

In general, it was recommended that no matter the non-English language, survey translation should be completed by a native speaker to improve translation quality. In addition, it would be best if data collectors could speak the language to provide further explanations and answer survey participant questions. It was mentioned that translations can be overly formal, or only apply to certain regions or dialects of the language. One collector noted, "*I just think that's definitely something that I guess the whole research world definitely needs to take a step back and like, realize that languages vary for every region. Even in English, you know, people have different, for example, slang isn't particular in the research world, but it's something that's different for people, for example, who live in California than those who live in New York" (I15). However, it was noted that not having team members who speak languages beyond English was a barrier to including all program participants.* 

In addition to language, literacy was discussed as a key component in data collection. Data collectors noted that the phrasing of questions and responses can be confusing, especially for survey participants with a lower literacy level. Some noted that this is a barrier to self-administered surveys, as a data collector is needed to describe what a question is asking. One recommended limiting the words used in questions and responses or even changing the approach to surveys, such as use of emojis or thumbs up or thumbs down in place of words when possible.

Some survey questions were noted as sensitive, challenging for survey participants to answer and impacting the experience. Food security questions sometimes caught participants off guard, caused discomfort or shame, led to over-explanation of circumstances, or triggered survey participants to decline to answer. One data collector empathized with those who chose not to answer saying, "I don't know how many people are going to, like, raise their hand and be like

'yes, we do without food all the time'" (I10). Additionally, when asked to describe their own health some survey participants were noted to express shame or uncertainty, saying things like, "I know I should be better" or "It's whatever you think it is." Data collectors additionally noted that sensitivity to any of these questions was increased when data collection was being done in public, and recommended techniques such as leaning in, lowering voice, paying attention to survey participant body language, or allowing survey participants to self-administer certain questions. One suggested adding "preamble" language to sensitive questions to prepare survey participants and help them to understand the reasons they are being asked.

### Intersection of data collector identity and survey participant identity

Differences in personal identities between the data collector and the survey participant produced some underlying dissonance during data collection. Generally, if the data collector was seen as an outsider to the community, survey participants have expressed distrust, questioned research goals, and asked about why the information was needed. Personal identities such as age, race, ethnicity, gender, spoken language, accent, religion, and community shaped the data collection process. Several data collectors noted that age and gender were factors in mitigating any sense of intimidation. For instance, one data collector discussed that younger, female data collectors were seen as the least intimidating.

Residential neighborhood and data collectors' profession (e.g., employee at a university or local organization) were also important factors to consider during the data collection process. A data collector said that one could "never fully understand" the impact of a White individual collecting surveys in primarily Black neighborhoods. The same data collector reported that showing up in a neighborhood with a clipboard, collecting personal information, and then leaving can lead to negative feelings about the research process. Another commented on this saying, "One of the things that I've kind of learned generally, either with the Black community or immigrant communities, is this lack of trust. If you're not a member of the community, whether because you're known by name or you share similar social identity, there's a hesitancy to engage in conversation with folks, and it kind of played out with this one specifically is, there are some folks that are very, very interested and open to doing the survey, but the majority I've found where, one of their original first questions was, you know, 'What's this for, what's it being used

*for*?" (I12). Similarly, data collector professional affiliation was mentioned as influential on the interaction with the survey participant. For example, when data collectors were required to wear shirts to represent the university for which they were collecting data survey participants did not have to ask their usual first questions, "*Who are you and where are you from*?" Although, representation from certain institutions (often universities) could lead to survey participants feeling intimidated and/or giving the types of responses they believed were desired.

Similarities between the survey participant and data collector were identified as an opportunity and challenge in evaluation. Data collectors noted that survey participants were more willing to participate if they recognized the person surveying reflecting their own identity, including race, socioeconomic status, language, and other characteristics such as age or gender. Having community members who were also nutrition incentive or produce prescription participants on the evaluation team proved pivotal in certain cases. For example, an evaluation team member was able to point out that they were wearing shirts that were the same color as US Immigration and Customs Enforcement (ICE) in their state and deterring refugee and undocumented populations from interacting with them. According to this study's survey data, most data collectors were not food insecure which may have further distanced the experience with the survey participant.

Sharing a language between data collector and survey participant increased survey participants' overall comfort and sense of camaraderie with data collectors. Several data collectors noted that they believed the ability to speak in the language of survey participants increased willingness to participate in the survey process. For example, knowledge of a survey participants' language sometimes overlapped with knowledge about cultural food ways, providing the data collector with a sense of which food examples on the survey would be relevant. Shared language allowed the survey participant' to provide the full and intended meaning in their responses, clarify responses, and ask or answer questions about the survey. This was not possible when a translated survey was provided and/or a data collector who could speak the language was unavailable. One data collector who conducted phone surveys noted that although they did not specify their identity, several survey participants seem to pick up their Latino identity from their voice when speaking Spanish or their full name which was stated. One data collector noted that sharing a

language could be a challenge as survey participants leaned on the data collector too heavily and provided broad responses, such as "*Well, you know what I mean*." This specifically occurred with prompts about legumes and salsa where survey participants indicated that they consumed "*a lot*" of salsa, and the data collector would need to prompt for more specific responses such as, "*You said you have it with every meal, how many times a day is that for you*?" (I9).

Regardless of intersecting identities between the data collector and survey participant, it was important for the data collector to engage with survey participants in a friendly and conversational, rather than formal way. Examples included building rapport by complimenting the participant with comments like "*You're not 75*!" or downplaying the formality of the situation with "*I'm just trying to ask you some questions and give you a gift card, that's all I'm trying to do*" (I11). In addition, the questions needed to be asked in a non-judgmental way to increase participant comfort. Reinforcing that the survey was voluntary, and the participant could stop at any time put survey participants at ease. One data collector also noted that truly caring about the project and its participants can really come across to those being surveyed and increase their interest in participation.

Power and positionality between the data collector and survey participants was a commonly discussed theme in both interviews and focus groups. Data collectors discussed that their institutional affiliation, whether a university or simply as a part of the GusNIP project, could lead to survey participants feeling obligated to complete surveys, as well as a sense that there was a right answer that the data collector wanted for each question. One external evaluator said, "*I just think we are recognizing that the power dynamic exists and we're asking for feedback on a program and that feedback might tend to be more favorable just because we're offering incentive for participation*" (FG1). A data collector noted that survey participants, more commonly those identifying as women, made comments such as, "*I guess I should eat more vegetables*" or "*That probably has too much sugar*." Data collectors also discussed the benefits of having specific evaluation staff versus utilizing staff that survey participants may already know like farmers market managers. The latter may increase rapport and relationship building, but separate evaluation staff may increase comfort via a sense of anonymity with more sensitive questions.

Data collectors noted the benefits of building relationships with community organizations that have existing rapport within intended audiences/communities for data collection. One noted, however, that this strategy proved difficult as most of the organizations were already spread too thin and unable to take on this evaluation, or its outreach efforts, as an additional project. An NTAE focus group member noted the importance of taking on the onus of reaching communities we intend to represent. The onus should not be on our intended audiences, and they should not be considered "*difficult to reach*."

#### Strategies to strengthen representation across participants in evaluation

Data collectors discussed challenges and strategies to "*shorten the gap*" between data collectors and survey participants, with the goal of strengthening representation of participants in evaluation. In some cases, these strategies had been implemented or planned and others were presented as ideas that may improve data collection with survey participants.

Challenges to research and data collection centered around financial concerns. Enhancing funding for evaluation specifically would support GusNIP grantee capacity to perform the level of research they desired, and especially to approach data collection across populations. Collecting surveys was perceived by some as an administrative burden and that was not enough benefit to the grantee in comparison to the work required. Focus group members agreed that what is considered evidence-based or validated can limit the ability to expand or clarify questions and responses. One elaborated, "*And I think the problem becomes when we keep using a metric just because it's been validated, without looking at who it's been validated for.*" (FG1). Others discussed how the limitations of survey questions, such as cultural relevance, are a problem derived from larger public health constructs, like the Dietary Guidelines for Americans or how food security is conceptualized. Others noted limitations to what survey results can say when questions were asked about social determinants of health constructs such as barriers to fruit and vegetable intake. Additionally, though, reducing survey length was mentioned as a priority by other focus group members when additional questions were suggested.

Most data collectors completed data collection in person within several contexts, such as farmers markets, at brick-and-mortar sites (e.g., grocery and corner stores), and in-home. Data collectors

noted the benefits of in-person data collection to include "*putting a face to the voice*," building rapport, assisting with issues or questions (even when self-administered), speed of completion, ability of participants to see the questions (as opposed to over the phone), and greater agreement to complete the survey. Those who completed the survey via the phone noted several challenges, including more difficulty in clarifying fruit and vegetable measurements (could not show images for cups) and some difficulty reaching participants who originally had agreed to participate. One data collector noted that difficulty reaching participants was more common with diverse communities, which could skew their sample. Another noted that participants who responded on the phone skewed older and that phone surveys could be challenging for those who are hard of hearing. However, it was also noted that phone data collection could improve privacy for participants and reduce pressure to participate. Several also completed data collection via the internet by collecting participant emails or by sharing links and QR codes. Survey invitations or stipends going to spam was a common problem.

Survey timing was a significant factor in survey participation among all potential participants. Some individuals did not have time when asked to participate in the survey and may have been more likely to respond given notice of the survey. Data collectors mentioned that when participants asked about or saw the length of the survey, it deterred them from participation. In store settings, it was helpful to catch survey participants on their way into the store rather than when they were trying to leave. One data collector noted success during busy times, being able to collect 100 survey responses in six visits outside corner stores during morning and lunch rush. Another mentioned the importance of meeting individuals *"where they are"* rather than adding another errand to complete the survey. It was mentioned that collecting surveys during working hours may skew data towards non-working participants.

Training for data collectors was discussed to improve the survey experience. Organizations often provided training for their data collectors, especially if they were not researchers and were volunteers or students. Interviewees noted the importance of teaching the basics of consent and impartiality to inexperienced data collectors. One organization brought in university students to help with data collection and provided training for them, including on Zoom and shadowing onsite. Another trained volunteers with a 2-hour "crash course" on best practices conducting

surveys. Data collectors wanted more information from the GusNIP NTAE about adding content or clarification to the survey when administering (e.g., add to the list of fruit and vegetable examples or to provide alternate wording to confusing questions). They expressed that this would empower the data collector to *"read the room"* in the way they present questions.

Several participants discussed the importance of appropriate compensation at all levels of the survey process. This included compensation for survey participants reflecting the time they are spending and information they provide (the wisdom of their experience as a program participant). There was a preference for physical gift cards (versus e-gift cards) among less technically savvy survey participants. One focus group attendee noted that it does not make sense to expect someone to spend time doing something for free, especially if that person is experiencing low income. They elaborated saying, "...until we actually put money behind what we're saying, which money, it represents power, it represents where we put value in our culture..." (FG2). Compensation considerations were also important for data collectors, including students and community health workers.

Offering introductory language for the survey was another approach discussed. One focus group attendee recommended starting with an *"icebreaker"* to simply ask how the program is for the participant, which would *"warm up"* the interaction and provide valuable qualitative feedback. Several interviewees and focus group attendees suggested framing the survey goal as a program improvement tool, not a judgment about the survey participant. It was further recommended to introduce sensitive questions and any set of questions to avoid catching survey participants off guard and reduce uncomfortable reactions. Letting survey participants know that repeating questions as many times as they needed was fine put them at ease when trying to comprehend questions. Finally, survey participants should be clear that they could end the survey at any time.

Representing the GusNIP nutrition incentive or produce prescription program was a key recommendation when collecting data from survey participants. Some approached this by partnering with community ambassadors to provide verbal information, and others used branded signage and clothing. Printed visuals of EBT cards and nutrition incentive or produce

prescription project cards were useful. Using the project name that survey participants would most recognize such as "veggie program" was important, even if different than the official name.

Considering how fruit and vegetable questions and examples may perpetuate ideas around what GusNIP can be used for (fruits and vegetables) was recommended. This concept was expanded upon with one focus group member suggesting the NTAE look beyond the dominant cultural idea of *"healthy"* food and consider foods that allow people to be connected or reconnected to food that is important to their culture. Further, it was important that examples were connected to the ways that incentives can promote access to these foods.

Strategies to assist grantees in the data collection process were also discussed. Tailoring required sample sizes (currently ~100 cross-sectional annually for nutrition incentive projects and ~100 matched pre and follow-up over the grant award for produce prescription projects) to meet research needs while limiting burden on smaller, low-capacity sites was suggested. Additionally, more explanation beyond that questions are validated and about why the GusNIP NTAE recommends the survey would be helpful. It was important to study participants that grantees can share back survey results with the communities where they completed data collection. It was noted that the GusNIP NTAE currently analyzes grantee data and shares it back for them to decide how to disseminate in their own communities.

#### Discussion

Building upon equitable evaluation work being led by the GusNIP NTAE, we identified challenges and opportunities associated with the GusNIP evaluation across populations in nutrition incentive and produce prescription programs (see Figure 1). Emergent themes underscored that data collection was shaped by survey module items, the survey participant's prior experiences, differences and similarities between the data collector and survey participant, and the application of intentional strategies to enhance representation of populations in evaluation. Challenges varied widely from the survey length, culturally unfamiliar food examples, complicated response options, stigma and sensitivity surrounding the survey topics, as well as differing identities between the data collector and participant. A tension existed which

underlined these challenges – the need to use validated tools in public health nutrition evaluation and the misalignment of the validated tools with the communities being surveyed. The overall question was raised in multiple ways throughout the study: if a validated tool yields issues with comprehension within the community where it is being used, who is it validated for and who is it not? Equitable evaluation frameworks promote that to accurately understand intervention and health outcomes with survey data, it is key to ensure that further validation of survey tools is conducted to address challenges that emerge during data collection and tailor measures so that they are appropriate across populations [23-27].

While the GusNIP NTAE's comprehensive evaluation was acknowledged as essential to understand public health impact, the participant survey compelled programs to dedicate their available budget to completing the sample size requirements with limited funds. Enhancing funding to grantees for evaluation specifically would provide additional capacity to focus efforts on equitable evaluation. For instance, some GusNIP grantees are community-based organizations that have limited research and evaluation experience or capacity. Reduced capacity for evaluation also led to relying on data collectors from outside of the participant's community which influenced the participant's survey experience. Across public health nutrition practice, increasing capacity to deliver and evaluate programs requires that many factors are considered: human, financial, and infrastructure resources; knowledge to develop strategies and resolve issues; leadership; partnerships; project management; engagement with communities; and workforce capacity and competency to deliver the program [40].

Several strategies were indicated to better center populations during survey development and administration. Specific issues with the Dietary Screener Questionnaire Fruit and Vegetable module [35-36], USDA ERS Household Food Security Survey Module [37], and demographic module in the participant survey were discussed and tailoring to specific subpopulations was proposed as an overarching solution. Language translation alongside any tailoring was key to increasing comprehension. In the past, the GusNIP NTAE has published specific survey development and administration strategies to address raised issues [41]. These include development of measures that include interchangeable food examples; new fruit and vegetable categories or types; valid language translation instructions for spoken and written word; within language translation that incorporates cross-cultural differences; test for and avoiding

stigmatizing language; collecting qualitative and quantitative data; validating measures across and within subpopulations; collapsing response options; offering "don't know" and "prefer not to answer" response options. Given the tension between the need to validate survey tools and urgency to tailor them to better reflect intervention and health outcomes outcomes, specific funding mechanisms should be dedicated to validating measures and analytical approaches to reflect various populations.

Acknowledging similar or different identities between the survey participant and data collector was highlighted as valuable for the data collection process. Age, gender, race, ethnicity, profession, language, and appearance influenced how the survey participant and data collector interacted within a community. Partnering with the community to plan data collection, hiring local data collectors, partnering with community health workers, providing appropriate compensation, training data collectors, collecting data in person, and being intentional about times and locations of data collection were mentioned as key to enhancing the participant's experience in research. Additionally, being purposeful about building rapport with the participant through icebreaker conversation or questions when recruiting for survey participants was reported to help enhance trust during the data collection process [42].

The challenges and opportunities highlighted in this study offer valuable insights that align with broader issues found in public health survey research, including in nutrition-related studies. For example, calls for increasing the linguistic diversity of the USDA ERS Household Food Security Survey Module have been made over time to ensure understanding across communities [43-45]. In another example, the US Census has faced recent challenges in classifying racial and ethnic categories with regards to the Middle Eastern or North African [46]. This study's findings illuminate that adaptation and ongoing validation of public health survey tools and methods is necessary to effectively represent populations. Furthermore, the approaches used to identify challenges and opportunities for data collection are valuable for improving these processes. Limitations in this study include that while interview and focus group participants worked across populations, not every ethnic and racial group was represented fully. For instance, although the participant-level GusNIP survey sample size was large, Asian, Native Hawaiian, and other Pacific Islander populations were a smaller part of the overall GusNIP sample as compared White and Black or African American participants. Thus, challenges and opportunities are not

exhaustive. Research participants were not reflective of survey participants in GusNIP projects – for example research participants were under the age of 55. Future research should focus on the needs and strategies that emerge from specific subpopulations to enhance generalizability. As in all qualitative research, interview and focus group participants contributed to various degrees. Other complementary research could collect quantitative survey data from a larger set of participants.

### Conclusion

It is critical to accurately represent the outcomes and experiences across populations in research. To do so, evaluation must include tools and approaches that are understood and accepted across and within subpopulations. Engaging affected populations and communities of public health nutrition projects is key to ensure accurate representation. The challenges and opportunities identified about the GusNIP NTAE's participant survey can be applied to other public health nutrition interventions – this research provides foundational information to improve evaluation towards better understanding outcomes across participants and inform implementation strategies of interventions.

#### References

- U.S. Department of Agriculture and U.S. Department of Health and Human Services. (2020, December). *Dietary Guidelines for Americans*, 2020-2025. DietaryGuidelines.gov
- Jemal, A., Ward, E., Anderson, R. N., Murray, T., & Thun, M. J. (2008). Widening of Socioeconomic Inequalities in U.S. Death Rates, 1993–2001. *PLOS ONE*, 3(5), e2181. https://doi.org/10.1371/journal.pone.0002181
- Bell, C. N., Thorpe, R. J., Bowie, J. V., & LaVeist, T. A. (2018). Race disparities in cardiovascular disease risk factors within socioeconomic status strata. *Annals of Epidemiology*, 28(3), 147–152. <u>https://doi.org/10.1016/j.annepidem.2017.12.007</u>
- Mariotto, A. B., Zou, Z., Johnson, C. J., Scoppa, S., Weir, H. K., & Huang, B. (2018). Geographical, racial and socio-economic variation in life expectancy in the US and their impact on cancer relative survival. *PLOS ONE*, *13*(7), e0201034. <u>https://doi.org/10.1371/journal.pone.0201034</u>

- Skolarus, L. E., Sharrief, A., Gardener, H., Jenkins, C., & Boden-Albala, B. (2020). Considerations in addressing social determinants of health to reduce racial/ethnic disparities in stroke outcomes in the United States. *Stroke*, 51(11), 3433–3439. https://doi.org/10.1161/STROKEAHA.120.030426
- Centers for Disease Control and Prevention. (2024, January 8). National Diabetes Statistics Report. <u>https://www.cdc.gov/diabetes/php/data-research/index.html</u>
- Bowleg, L. (2012). The problem with the phrase women and minorities: Intersectionality an important theoretical framework for public health. *American Journal of Public Health*, 102(7), 1267–1273. <u>https://doi.org/10.2105/AJPH.2012.300750</u>
- Bauer, G. R. (2014). Incorporating intersectionality theory into population health research methodology: Challenges and the potential to advance health equity. *Social Science & Medicine*, 110, 10–17. <u>https://doi.org/10.1016/j.socscimed.2014.03.022</u>
- Satia, J. A. (2009). Diet-related disparities: Understanding the problem and accelerating solutions. *Journal of the American Dietetic Association*, 109(4), 610–615. <u>https://doi.org/10.1016/j.jada.2008.12.019</u>
- 10. Healthy People 2030. (n.d). Social Determinants of Health. https://health.gov/healthypeople/priority-areas/social-determinants-health
- Zhang, F. F., Liu, J., Rehm, C. D., Wilde, P., Mande, J. R., & Mozaffarian, D. (2018). Trends and disparities in diet quality among US adults by Supplemental Nutrition Assistance Program participation status. *JAMA Network Open*, 1(2), e180237. https://doi.org/10.1001/jamanetworkopen.2018.0237
- Hiza, H. A. B., Casavale, K. O., Guenther, P. M., & Davis, C. A. (2013). Diet quality of Americans differs by age, sex, race/ethnicity, income, and education level. *Journal of the Academy of Nutrition and Dietetics*, 113(2), 297–306. <u>https://doi.org/10.1016/j.jand.2012.08.011</u>
- Lee, S. H., Moore, L. V., Park, S., Harris, D. M., & Blanck, H. M. (2022). Adults meeting fruit and vegetable intake recommendations—United States, 2019. *Morbidity and Mortality Weekly Report*, 71(1), 1–9. <u>https://doi.org/10.15585/mmwr.mm7101a1</u>
- 14. Kaiser Family Foundation. (2022). *Poverty rate by race/ethnicity*. KFF. https://www.kff.org/other/state-indicator/poverty-rate-by-raceethnicity/

- 15. Shrider, E. A., Kollar, M., Chen, F., & Semega, J. (2021, September). Income and poverty in the United States: 2020. United States Census Bureau; 2021(92). https://www.census.gov/content/dam/Census/library/publications/2021/demo/p60-273.pdf
- 16. Rabbitt, M. P., Hales, L. J., Burke, M. P., & Coleman-Jensen, A. (2023, October). Household food security in the United States in 2022. U.S. Department of Agriculture Economic Research Service. <u>http://www.ers.usda.gov/publications/pub-details/?pubid=107702</u>
- 17. U.S. Department of Agriculture. (n.d.). What is nutrition security? Food and Nutrition Security. https://www.usda.gov/nutrition-security
- 18. U.S. Department of Agriculture National Institute of Food and Agriculture. (n.d.). Gus Schumacher Nutrition Incentive Program—Nutrition Incentive Program (GusNIP-NI). <u>https://www.nifa.usda.gov/gusnip-request-applications-resources-ni</u>
- 19. U.S. Department of Agriculture National Institute of Food and Agriculture. (n.d.). Gus Schumacher Nutrition Incentive Program (GusNIP). <u>https://www.nifa.usda.gov/grants/programs/hunger-food-security-programs/gus-schumacher-</u> nutrition-incentive-program
- 20. U.S. Department of Agriculture National Institute of Food and Agriculture. (n.d.). Gus Schumacher Nutrition Incentive Program—Produce Prescription (GusNIP-PPR). <u>https://www.nifa.usda.gov/gusnip-request-applications-resources-ppr</u>
- 21. U.S. Department of Agriculture National Institute of Food and Agriculture. (n.d.). Gus Schumacher Nutrition Incentive Program—National Training, Technical Assistance, Evaluation, and Information Centers Program (GusNIP-NTAE). <u>https://www.nifa.usda.gov/gus-schumacher-nutrition-incentive-program-national-trainingtechnical-assistance-evaluation</u>
- 22. Barth, M. M., Bell, R. A., & Grimmer, K. (Eds.). (2020). Public health nutrition: Rural, urban, and global community-based practice (chapter 13). *Springer Publishing Company*.
- 23. Ward, M., Schulz, A. J., Israel, B. A., Rice, K., Martenies, S. E., & Markarian, E. (2018). A conceptual framework for evaluating health equity promotion within community-based participatory research partnerships. *Evaluation and Program Planning*, 70, 25–34. https://doi.org/10.1016/j.evalprogplan.2018.04.014
- 24. Stern, S., Guckenburg, S., Persson, H., & Petrosino, A. (2019). Reflections on applying principles of equitable evaluation. Justice & Prevention Research Center.

https://www.wested.org/wp-content/uploads/2019/07/resource-reflections-on-applyingprinciples-of-equitable-evaluation.pdf

- 25. Equitable Evaluation Initiative. (2023). EEF expansion: Elements of the EEF-principles. https://www.equitableeval.org/post/eef-expansion-principles
- 26. Gutuskey, L. (2022). Centering equity in program evaluation. Administration for Children & Families, U.S. Department of Health and Human Services. <u>https://www.acf.hhs.gov/sites/default/files/documents/opre/centering\_equity\_program\_evalu\_ation\_feb2023.pdf</u>
- 27. Office of the Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services. (2022). Equitable evaluation series: Principles of equitable evaluation. <u>https://aspe.hhs.gov/sites/default/files/documents/d4bfa84a6fc3ac13904525c86e1078ee/eesprinciples-of-equitable-communication.pdf</u>
- Dhillon, J., Jacobs, A. G., Ortiz, S., & Diaz Rios, L. K. (2022). A Systematic review of literature on the representation of racial and ethnic minority groups in clinical nutrition interventions. *Advances in Nutrition*, 13(5), 1505–1528. https://doi.org/10.1093/advances/nmac002
- 29. Russell, M. (2019). To support all: Diversity and inclusion. *Journal of the Academy of Nutrition and Dietetics*, *119*(4), 543. <u>https://doi.org/10.1016/j.jand.2019.02.001</u>
- 30. North Carolina Center for Nonprofits. (n.d.). Open source leadership strategies. https://www.ncnonprofits.org/
- 31. Equitable Evaluation Initiative. (n.d.). The Equitable Evaluation Framework (EFF) is a set of principles, orthodoxies, mindsets, tensions, and sticking points. Framework. <u>https://www.equitableeval.org/framework</u>
- 32. Mensch, L., & Souza, K. (2021, February). An introduction to incorporating diversity, equity, and inclusion into nutrition incentive program research and evaluation. Nutrition Incentive Hub. <u>https://www.nutritionincentivehub.org/media/rliah2qb/mensch\_souza\_msu-crfs\_dei-in-ni-research-and-evaluation\_2021-02.pdf</u>
- 33. Story, M., Kaphingst, K. M., Robinson-O'Brien, R., & Glanz, K. (2008). Creating healthy food and eating environments: Policy and environmental approaches. *Annual Review of Public Health*, 29(1), 253–272. https://doi.org/10.1146/annurey.publhealth.29.020907.090926

https://doi.org/10.1017/S1368980025000084 Published online by Cambridge University Press

- 34. Gus Schumacher Nutrition Incentive Program National Training, Technical Assistance, Evaluation, and Information Centers Program (GusNIP NTAE). (2023). GusNIP NTAE Y3 Impact Findings: September 1, 2012 to August 31, 2022. https://nutritionincentivehub.org/gusnip-ntae-y3-impact-findings
- 35. Budd Nugent, N., Byker Shanks, C., Seligman, H. K., Fricke, H., Park, C. A., Stotz, S., & Yaroch, A. L. (2021). Accelerating evaluation of financial incentives for fruits and vegetables: A case for shared measures. *International Journal of Environmental Research and Public Health*, 18(22), 12140. https://doi.org/10.3390/ijerph182212140
- 36. Charmaz, K. (2006). Constructing grounded theory: a practical guide through qualitative analysis. Sage Publications.
- 37. Bickel, G., Nord, M., Price, C., Hamilton, W., & Cook, J. (2000). Guide to measuring household food security. U.S. Department of Agriculture Food and Nutrition Service. <u>https://nhis.ipums.org/nhis/resources/FSGuide.pdf</u>
- 38. Guest, G., MacQueen, K. M., Namey, E. E. (2011). Applied thematic analysis. Sage Publications. <u>https://doi.org/10.4135/9781483384436</u>
- 39. National Institutes of Health National Cancer Institute Division of Cancer Control & Population Studies. (n.d.). Dietary Screener Questionnaire (DSQ) in the NHANES 2009-10: Dietary factors, food items asked, and testing status for DSQ. https://epi.grants.cancer.gov/nhanes/dietscreen/evaluation.html#pub
- 40. Baillie, E., Bjarnholt, C., Gruber, M., & Hughes, R. (2009). A capacity-building conceptual framework for public health nutrition practice. *Public Health Nutrition*, 12(8), 1031–1038. <u>https://doi.org/10.1017/S1368980008003078</u>
- 41. Byker Shanks, C., Parks, C. A., Izumi, B., Andress, L., & Yaroch, A. L. (2022). The need to incorporate diversity, equity, and inclusion: Reflections from a national initiative measuring fruit and vegetable intake. *Journal of the Academy of Nutrition and Dietetics*, 122(7), 1241– 1245. <u>https://doi.org/10.1016/j.jand.2022.01.011</u>
- 42. Bell, K., Fahmy, E., & Gordon, D. (2016). Quantitative conversations: The importance of developing rapport in standardised interviewing. *Quality & Quantity*, 50(1), 193-212. <u>https://doi.org/10.1007/s11135-014-0144-2</u>

- 43. Kwan, C. M., Napoles, A. M., Chou, J., & Seligman, H. K. (2015). Development of a conceptually equivalent Chinese-language translation of the US Household Food Security Survey Module for Chinese immigrants to the USA. *Public Health Nutrition*, 18(2), 242-250.
- 44. Rabbitt, M. P., & Coleman-Jensen, A. (2017). Rasch analyses of the standardized Spanish translation of the US Household Food Security Survey Module. *Journal of Economic and Social Measurement*, 42(2), 171-187.
- 45. Stokes-Ramos, H. (2024). Beyond Economic Barriers: Conceptualizing Food Insecurity among Resettled Refugees Living in the United States. *Journal of Immigrant & Refugee Studies*, 1-19.
- 46. Marks, R., Jones, N., & Battle, K. (2024). What Updates to OMB's Race/Ethnicity Standards Mean for the Census Bureau. Random Samplings. Suitland, Maryland: United States Census Bureau. https://www.census.gov/newsroom/blogs/random-samplings/2024/04/updatesraceethnicity-standards.html.

 Table 1. Qualitative Question Topics Asked to Participants for Interviews and Focus Groups

 About Evaluation Procedures for the Gus Schumacher Nutrition Incentive Program (GusNIP)

Semi-structured Interview Topics with Data Collectors

- Please describe your project participants in terms of their race and ethnicity.
- Please describe your experience working with racial and ethnic populations.
- Challenges when asking participants about [share survey questions]: SNAP program usage, Fruit and veg consumption, Food security, Health, Sociodemographics, Household characteristics
- Trouble shooting challenges
- Translated survey use and challenges
- Positionality and power dynamics between data collector and survey participants
- Suggestions for improving the survey or data collection process

Focus Group Questions with External Evaluators and NTAE Staff

- Positionality and power dynamics
- Shortening the distance between data collector and participant
- Cultural appropriateness and relevance of survey items
- Cultural appropriateness and relevance of survey administration
- Suggestions for recruiting and training data collectors
- Improvements to incorporate evaluation across various populations

Table 2. Themes and Codes for Interviews and Focus Groups About Evaluation Procedures for			
the Gus Schumacher Nutrition Incentive Program (GusNIP)			
Theme	Code: Operational Definition	Illustrative Quotes	
Survey module challenges	Diet cultural relevance:	I don't know if it's because it	
	Dietary Screener	is like Mexican-type salsa	
	Questionnaire (DSQ)	made with tomato that people	
	questions do not reflect	just like, no, I don't eat that.	
	participant's culture or food	And then in terms of the	
	ways	Spanish version, I believe it's	
		phrased as salsa prepared	
		from home, that's tomato	
		based. Yeah. And I think	
		there, I think for the Latino	
		community, I think they do	
		eat that sort of salsa. As well	
		as one that's tomato based, but	
		then there's also like the green	
		tomato.	
	Diet length: DSQ questions	Like common questions that	
	and response options were	came up like, 'Oh, what do	
	lengthy and caused confusion	you mean by that?' It was, it	
	or frustration	wasn't necessarily that	
		confusing. I think like the list	
		of examples of when I was	
		relatively well understood, it	
		was more of like, what's the,	
		as more kind of like, what's	
		the point of all of these	
		questions, less. less of an	
		understanding, less about	

	understanding of what is
	being asked and more about
	why it's being asked?
Diet strategy: Ideas for	So I think it would definitely
collecting DSQ questions and	be nice to see whether like
responses from participants	those type of questions being
identifying with racial and	incorporated into surveys, or
ethnic minority groups	whether new questions can be
	made up to cater specifically
	to indigenous communities.
	Because I just know, like
	growing up with my parents,
	you know, our diet sometimes
	can be a little different from
	like your traditional Mexican
	diet, because apart from being
	Mexican, we're indigenous.
Demographic relevance:	So the Hispanic community
Suitability of demographic	that I personally called the
questions across racial and	majority of them did pick
ethnic groups	either prefer not to answer or
	some other race, and then they
	were able to fill in, for
	example, Hispanic or Latino,
	whatever they preferred. And
	then some people. They would
	put their nationality like
	Mexican instead.
Food security relevance:	I think that those questions
Suitability of food security	don't always resonate for

	questions across different	populations where there's
	racial and ethnic groups	intergenerational poverty
		populations who have
		migrated across various
		countries. For example, I have
		talked to a lot of folks who
		have come to the U.S. from
		Mexico and Central America
		who say, this is great
		compared to like my
		experience with food and my
		country of origin. So, even
		though I've reduced my
		dietary diversity down to
		these three foods and I skip
		meals like things are pretty
		sweet now.
Factors influencing survey	Stigma: Societal judgement	There were disagreements on
participant's experience	around utilization of social	the planning team across the
	programs and/or interventions	different agencies that
	and associated stigma	implement double up food
	experienced by participants	bucks about whether wearing
		things that said double up
		food bucks was a better idea
		or a worse idea. Some people
		felt that it was stigmatizing
		and that it would call out
		people who were doing the
		survey in a public setting.
		Other people felt like it was

	destigmatizing by saying like,	
	hey, we're all doing this thing.	
Sensitive survey questions:	I think sometimes people get	
Survey questions may be	defensive when that question	
uncomfortable to answer	arises. I believe it might be	
	because of stereotypes that	
	sometimes they feel like, "oh,	
	like these people are going to	
	judge me because I receive	
	EBT or SNAP CalFresh and	
	they don't want to be truthful	
	with their answers.	
Survey translation and	I think the potato ones are	
interpretation: Challenges or	maybe a little bit weird in	
opportunities related to	Spanish, they don't translate	
translated and interpreted	as well because like it says	
surveys	like tater tots, and then it is	
	croquetas, from what I recall	
	is like what you give a dog. I	
	mean, it croquetas de papas,	
	right, like a potato, but they	
	might not know what that is,	
	at the same time, it might not	
	really matter.	
Survey fatigue: Hesitation to	A lot of the communities that	
complete surveys generally,	we're working with, we're not	
often because of the amount	the only entities, researchers,	
of research being conducted in	anything there, so it can	
the community is tiring.	sometimes We've heard	

		community that sometimes
		they can feel like they're like a
		guinea pig or a lab rat. Just
		constantly being poked but
		never really seeing any impact
		from the work.
	Survey literacy: Survey	I'm curious about that, and I'm
	questions may not be	curious about if there are any
	appropriate for low-literacy	ways to improve the way that
	audience	those questions are phrased.
		The use of all caps and the
		this, not this. and the
		examples and the question and
		the cumbersome response I
		think to myself are those like
		the very best version of a set
		of questions about fruit and
		vegetable consumption that
		are appropriate for this
		audience.
Intersection of data collector	Data collector characteristics:	I'd say, just for me, it's
identity and participant	Characteristics of the data	important to be patient and not
identity	collector characteristics are	judgmental in how you state
	important	the questions. It's important to
		be sensitive to the population
		that you're asking the
		questions to and being patient.
	Power positionality: Differing	I think that because I have to
	levels of power between data	identify as part of [anonymous
	collector and participant	university], that does get

	viewed in a certain way. It can
	be viewed with prestige in a
	certain community from my
	understanding is. What I
	thought would happen is they
	might feel like we're looking
	for them to be having certain
	issues, like we expect them to
	have issues, or on the opposite
	side because we're asking
	them of their diet, I also
	thought that maybe people
	would feel like they had to say
	that they're eating better than
	they actually are because they
	might feel guilty. Those are
	some of the things I had
	thought that some people
	could feel based on what
	we're asking them as well as
	the organization that I'm
	calling to represent.
Relationship building:	I think it was also really
Establishing connections in	important for [name of data
the community is important	collector] and I to spend a lot
for the evaluation	of time building relationships
	with all of the participants,
	talking to them, getting to
	know them, sharing stories
	and reference and resources

	and ideas, all of those pieces
	of life to kind of bring it back
	down.
Representation in evaluation:	That sometimes like I feel like
Community representation in	people relate more to me in
the evaluation is important	that they can, like, bring their
	guard down. So then they start
	talking about stuff that I
	would know what they're
	talking about and then I can
	be able to continue with the
	questions and be able to gauge
	what they're saying so that I
	can choose the right answer. I
	think that is very helpful, and
	I've noticed that a lot of my
	participants is that they can
	kind of go off with some side
	conversations that I can relate
	to.
Representation challenge:	And I think in that sense being
Shared cultural background	a Latina, who is younger, it
may lead to assumptions that	definitely gave a different
impact data quality	response. In some ways, like
	there was an assumption being
	made. There's an assumption
	being made where, you know,
	I would ask one particular
	question and they'd be like,
	"well, you know", like, "you

			know what I mean" And
			then it was based on me and
			my interpretation and my
			position of power within my
			being the person taking the
			results. Then leaning that on
			like my experiences versus
			what they were experiencing
Representati	on	strategy:	Well, one strategy, we're
Strategy	for	engaging	going to try for this coming
community i	n evalua	tion	twenty two [2022] is working
			with the program ambassadors
			that [organization name]
			already has in place. So I don't
			know if other organizations
			that manage these types of
			grants have a similar position,
			but they have a handful of
			people that they either have
			already or are planning to hire
			for certain communities as
			program ambassadors at ten
			hours a week to really just be
			focused on that role of
			outreach and letting people
			know about the program and
			explaining it and getting store
			managers and cashiers excited
			and comfortable and
			broadened and all of those

		things.	
Strategies to strengthen	Research challenges: Issues	The yes or no are easier, I	
representation across	related to methods, including	think, than the it's a frequency	
participants in evaluation	design, instrument, protocol,	five question scale [Likert]. I	
	and analysis	can't remember the exact. But	
		I think those are slightly more	
		difficult because at times	
		people will respond with, even	
		after giving the prompts on	
		the front end, even if you do	
		that every time, which is also	
		cumbersome, it's easier to to	
		say it once, and then just hope	
		that they fill it in correctly.	
		But even if, even when you	
		was, you know, giving the	
		prompts on the front end of	
		every question, I do think that	
		frequently people would	
		respond with something that	
		wasn't one of those.	
	Survey administration:	And I think that's the hard part	
	Challenges or opportunities	about over the phone versus	
	related to administering mode	them seeing it themselves,	
	of survey administration (i.e.,	walking them through it [diet	
	self/interviewer,	questions] where they can see	
	paper/electronic)	all their options because most	
		people were thinking mostly	
		per week.	
	Survey timing: Timing of	Do you think you can call me	

when survey is conducted	at this exact time? Because
	that's when I'm going to be
	going to the bus to going to
	my other job, so I'll have
	enough time to do this survey.
Other strategies: Strategies for	Repeating questions as many
improving the data collection	times as necessary, and we
process	kind of said that up front
	when we were starting off the
	survey was 'if you need
	anything repeated, if you need
	anything explained, we're
	happy to.' Particularly around
	like the food insecurity
	questions, since those seemed
	to be so redundant.
Training: Training needs or	A lot of the times this is the
strategies	first time that they've done it.
	They're not really comfortable
	just talking to people off the
	street, so in our training we
	make sure that we tell them,
	"Get to know them a little bit.
	See how their day is going.
	Compliment them on
	something. Just make it more
	comfortable in general as an
	environment to collect that
	data.
Volunteers: Using volunteers	I didn't use volunteers and I

for data collection may have	didn't use interns, I had	
negative implications	considered it briefly, but I	
	really wanted a different level	
	of accountability for this	
	activity. And again, for data	
	analysis, or for some things	
	where there is not direct	
	interaction with program	
	participants, I would certainly	
	consider that, or if somebody	
	had a thesis project or	
	something, I think that would	
	be a possibility.	

Table 3. Selected Demographic Survey Results for Interviewees and Focus Group Participants			
Survey Question	Response Options	Interviewee	Focus Group
		(n=18)	Participant
		Responses	(n=29) <sup>a</sup>
			Responses
		n (%)	
			n (%)
How do you	Woman	16 (89%)	25 (86%)
identify your			
gender?	Man	2 (11%)	3 (10%)
	Non-binary/third gender	0 (0%)	1 (3%)
Are you of	Yes	5 (28%)	4 (14%)
Hispanic,			
Latino/a, or	No	13 (72%)	25 (86%)
Spanish origin?			
How would you	Hispanic and Latino/a/x	5 (28%)	3 (10%)
describe your			
racial or ethnic	Asian	1 (6%)	4 (14%)
background?			
Check all that	Black and African American	3 (17%)	3 (10%)
apply.			
	American Indian and Alaska Native	0 (0%)	2 (7%)
	Middle Eastern and North African	1 (6%)	1 (3%)
	Native Hawaiian and Pacific Islander	0 (0%)	1 (3%)
	White or European American	9 (50%)	21 (72%)

What is the	Less than a high school diploma	0 (0%)	0 (0%)
highest level of			
education you	High school diploma or GED	0 (0%)	0 (0%)
have completed?			
	Some college, no degree	0 (0%)	0 (0%)
	Associate degree (e.g., AA, AS)	0 (0%)	0 (0%)
	Bachelor's degree (e.g., BA, BS)	8 (44%)	5 (17%)
	Master's degree or above	10 (56%)	24 (83%)
<sup>a</sup> 35 external evaluators participated in 2 focus groups. Six of these also participated in			
interviews and have been removed from the total (n=29) for this column to avoid representing			
their responses twice. All questions had a response option of 'Prefer not to answer' and 0			
individuals selected this response.			



**Figure 1.** Improving Public Health Data Collection Approaches Across Populations: Findings from a National Evaluation of Fruit and Vegetable Incentives