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- Jenkins DJ, Kendall CW, Marchie A, *et al.* (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. *Metabolism* **52**, 1478–1483.
- Brandtzaeg P (2003) Role of local immunity and breast-feeding in mucosal homeostasis and defence against infections. In *Nutrition and Immune Function*, pp. 273–320 [PC Calder, CJ Field and HS Gill, editors]. Wallingford, Oxon: CAB International.
- Stock M & Rothwell NJ (1982) *Obesity and Leanness: Basic Aspects*. London: John Libbey.

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**Contents**

**Dietary factors and low-grade inflammation in relation to overweight and obesity**

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Preamble	S5
Concept and markers of low-grade inflammation	S5–S11
Chronic low-grade inflammation and insulin resistance	S11–S13
Postprandial inflammatory response	S13–S14
Ageing and low-grade inflammation	S14–S15
Exercise and low-grade inflammation	S15–S18
A consideration of different approaches to identify relationships between diet and its components and markers of chronic low-grade inflammation	S18
Dietary patterns and low-grade inflammation	S18–S28
Process-related compounds: advanced glycation end products and advanced lipoperoxidation end products	S28–S37
Macronutrients and low-grade inflammation	S37–S46
Micronutrients and phytochemicals	S46–S52
Other factors	S52–S53
Summary, conclusions and research gaps	S53–S54
Acknowledgements	S54–S55