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Survey on Influenza Vaccination Noncompliance among Nursing Students

To the Editor—While annual influenza vaccination is strongly recommended for healthcare personnel (HCP), no specific evidence advocates nursing students to do the same. In a recent British study examining influenza vaccination among nursing students, the students lacked strong intention to receive vaccination.² In Canada, many healthcare degree programs encourage seasonal influenza vaccination, but only 21% of programs require it.³ According to a 2008–2009 survey of deans representing 563 US schools of medicine and nursing regarding adherence to the Advisory Committee on Immunization Practices recommendations for HCP, only 19.2% of 439 schools of nursing required influenza vaccination, and nursing schools were less likely to provide students free influenza vaccination compared with medical schools (31% vs 78%).4 Given the lack of study on nursing student influenza vaccination, we examined our nursing students' noncompliance with HCP influenza vaccination recommendations.

Among 544 nursing students who participated the 2013–2014 University of Pittsburgh Medical Center (UPMC) influenza vaccination data collection survey (September 20, 2013–December 6, 2013), 161 students (29.6%) who reported not obtaining the vaccination without a medical contradiction were selected as study subjects. To protect students' personal information, a group e-mail alias (2014flusurvey@list.pitt .edu) was created to contact subjects. To incentivize participation, a \$5 Starbucks gift card was offered to every thirtieth respondent. Using the Qualtrics survey system, the questionnaire was designed with 14 questions: 1 queried vaccination

compliance, 1 elicited an alias name for anonymous incentive distribution, 4 collected demographic information, and 8 generated reasons for noncompliance. After approval by the University of Pittsburgh institutional review board, the survey link was sent using the group alias e-mail. The survey was conducted over 2 weeks (April 15–28, 2014), with 2 reminder e-mails.

Of the 161 students, 58 students (36%) responded (i.e., 53 completed the survey, and 5 sent "I got the vaccination" email replies). Most respondents (79%) reported receiving influenza vaccination; only 12 students (21%) were noncompliant. These students were all female and aged 20–55 years (median, 21). All were engaged in a clinical practicum. Nine were undergraduates, 2 were MSN students, and 1 was a PhD student. Students chose many reasons as applicable for not getting the vaccine: healthy enough (ie, never get the flu; 58%), possible side effects (eg, soreness; 25%), inconvenience (25%), sick after the previous vaccination (17%), no time (17%), and "don't like needles" (17%). Among the students who reported not getting the vaccine, 67% acknowledged knowing a free influenza vaccination was available through the student health service.

Most noncompliant students (91%) agreed that unvaccinated HCP (including nursing students) could be at risk of contracting influenza or transmitting the virus during patient care. Although 75% of noncompliant students disagreed that the influenza vaccine causes illness and 58% believed the influenza vaccination is effective in preventing influenza, 59% disagreed nonetheless that nursing students should receive the annual vaccination, and 67% disagreed with mandatory influenza vaccination as a condition of employment. To promote improved compliance, these students suggested that more convenient times and locations should be made available (Table 1).

Although our survey generated only a 36% response rate, and only 21% of the respondents provided information about their noncompliance, we believe our study presented useful information about the annual influenza vaccination compliance among nursing students. In the 2013–2014 flu season, at least 78.9% of our students reported receiving the vaccination (418 students total; 372 from the UPMC influenza

TABLE 1. Selected Responses to the Survey Question "I Would Get Vaccinated for Influenza This Coming Year If ..."

Response

There was a way to protect against all strains of the flu.

I was absolutely forced to Students living in dorms should get the vaccine because of crowded living conditions, but otherwise we should be allowed personal choice on the flu vaccine.

It was free and more convenient.

It was offered at a convenient time either in the nursing building or at clinical/the hospital.

I was told that ... you had to make an appointment at the student center, which was hard to do with a schedule that is Monday–Friday, with clinical and classes lasting until 7 p.m. at night most nights and starting at 5 a.m. I think the School of Nursing should have a fair that vaccinates all students, similar to how hospitals get all of their employees vaccinated.

NOTE. This question was adopted from the 2005 University of Pittsburgh Medical Center "How do you feel about the influenza vaccine?" survey.

vaccination data collection survey and 46 from our survey), while the adherence of 103 nonresponsive students was unknown. Compared with the estimated 72% HCP influenza vaccination coverage in the United States during the 2012-2013 flu season,⁵ the 79% compliance rate among our nursing students is commensurate with and likely influenced by UPMC vaccination recommendations for students with clinical assignments.

The results of our survey may not be generalizable to students in other schools of nursing. We suspect that the low response rate (36%) may reflect the overlap of the survey period with final exams and graduation. However, given that the average response rate to surveys of students' major concerns is 40%-50%, a response rate around 30% may be average for a topic about which the students are less concerned. To avoid conducting a theme-overlapping survey, we targeted noncompliant students from the UPMC survey results. However, because many of these students actually did receive vaccinations (79% of respondents), the UPMC survey structure (only 5 clinical assignment-related questions) might be inappropriate in selecting study subjects and perhaps contributed to the low response rate; vaccinated students likely ignored our survey requests. Additionally, we could not examine which factors induced more vaccinations among subject students during the gap period between the UPMC September–December 2013 survey and our April 2014 survey.

University policy on student vaccination governs every affiliated school; however, because of HCP-like clinical exposure, students in health science schools should be provided more support in obtaining influenza vaccination. As our students suggested, with their busy class and clinical practicum schedules, a more convenient time and location arrangement for free influenza vaccination would be helpful in improving student compliance. Concerning mandatory influenza vaccination for HCP as a condition of employment, our nursing students showed an unwelcome opinion. Education to encourage influenza vaccination should be provided to nursing students because of their involvement in patient care. In addition to ongoing emphasis on influenza vaccination, addressing students' concerns related to convenience would increase their willingness to obtain vaccination and their compliance.

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Cost Implications of Duplicative Influenza Polymerase Chain Reaction Testing During the 2013-2014 Influenza Season: The Price of Certainty

To the Editor—During the recent influenza season (ie, October 2013-February 2014), 77 admitted adults with an influenza-like illness (ILI) were tested for influenza A or B by 1 or more methods in the emergency department. During this influenza season, influenza A (H1N1 and H3N2) were the predominant circulating strains in our area. Within influenza B strains, we do not differentiate the Yamagata versus the Victoria lineages. The initial point of care test in our emergency department is a rapid influenza diagnostic test