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**Michael Fordham**

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This volume is the product of sustained observation of and reflection about phenomena arising out of three broad topics in the field of analytical psychology.

Firstly it analyses and evaluates the ambiguity in Jung's definitions and metaphors about the self, at the same time expounding the theory of the self as a dynamic system, evolving through deintegration and reintegration processes during early infancy and childhood. Secondly it investigates the relation of the ego to the self giving notable consideration to psychoanalytic work. Finally the presence of the self behind or within both the religious and the alchemical experience is explored.

By collecting together the author's varied studies, this volume serves not only to clarify Jung's concept of self but makes a significant contribution toward extending its content.

## **MY SELF: MY MANY SELVES**

**J.W.T. Redfearn**

*1985, 160pp., \$40.00 / £25.00 (UK only), ISBN: 0.12.584555.3*

Recent psychoanalytical work on the 'self' or on 'myself' has thrown light on the narcissistic core of the personality and the nature of self regard, but the importance of this work has brought about a confusion, particularly among Jungian writers, about how the words 'self' and 'ego' are to be used and understood. This volume provides a guide through this terminology and further develops a thesis on the experience or feeling of 'I' or 'myself' and its migratory nature within the body image and the body - world scheme, and also between subpersonalities of the total Self.

**CONTENTS:** Ego and Self: Terminology. The Jungian Self. God and Myself, God as Myself. The Omnipotent "I" and the Realistic "I". The Body, the Body-Image, and the Self. Are Our "Minds" in Our Heads? The Location of the Feeling of "I". The Sub-Personalities: Archetypes and Complexes. The Winning of Conscious Choice: The Emergence of Symbolic Activity. Boundaries and Mandalas. Conclusion. References. Index.

*Dr. Michael Fordham is a founder member of the Society of Analytical Psychology in London and is now director of its child analytic training. He is also a founder member of the Royal Society of Psychiatry and honorary fellow of the British Psychological Society.*

*He has published several books and written numerous papers in scientific and other journals. His editorial work includes the co-editing of the Collected Works of C.G. Jung and he was the first editor of the Journal of Analytical Psychology.*

*Dr. Redfearn is a Training Analyst of the Society of Analytical Psychology and was Director of Training there for twelve years. He is a past Chairman of the Society and a past Chairman of the Medical Section of the British Psychological Society.*

*He is the author of numerous articles on physiology, neurophysiology and analytical psychology.*

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## **THINKING** *Directed, undirected and creative*

**K.J. Gilhooly**

1982, 188pp., \$11.50/£9.50 (UK only), ISBN: 0.12.283482.8

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The introductory chapter gives an historical perspective on the study of thinking, outlining the approaches of classical introspectionism, early behaviourism, Gestalt, neo-behaviourism, and information processing. Subsequent chapters discuss how information processing models, currently dominant in cognitive psychology, stand up against data from recent psychological research on adversary and non-adversary problem solving, deductive and inductive reasoning, daydreaming and creative thinking.

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