

**Article: 1667**

**Topic: EPV30 - e-Poster 30: Rehabilitation and psychoeducation**

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**The Development of a Bookshelf of Interventions for Service Users and Carers in In-patients and Home Based Treatment Services to Be Used by All Staff**

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Objectives:

To refocus acute services from an assessment dominated approach to being interventions centred.  
To provide staff with accessible, easily navigated and relevant ( to those acutely unwell) intervention options to be done with service users in an empowering recovery focused way.

Aims:

To equip acute care staff of all grades and disciplines to better meet the recovery needs of service users.  
To use link node MAPS ( Maximising Access to Psychosocial Skills) as a key intervention with a strong evidence base in substance misuse services and an emerging trend in Mental Health services.

Method:

Workshops were facilitated with between 30 - 50 attendees including service users , medical staff, psychologists, occupational therapists , physiotherapists and nurses. These workshops identified the recovery needs of service users when entering acute services. These were experienced in three phases: when i first arrive, what needs to happen for me to get better and planning for discharge. MAPS were then developed specific to each area of need.

A websight was built with all MAPS arranged in a bookshelf and accessible via an icon on each staff members desktop.

Results:

300 staff are currently being trained regarding the above. Their evaluation is unanimously positive particularly around it's relevance to service users needs and its easy access .

Conclusion:

This is a dynamic toolbox / website owned by staff who will regularly change its content as they find new MAPS and research that works for service users who are acutely unwell.

For weblink details please contact the author.