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# Journal of Relationships Research

**Editor**

Terry Bowles, *Melbourne University, Australia*

This innovative journal provides researchers and practitioners with access to quality, interdisciplinary, peer-reviewed articles covering the entire range of fields associated with personal, intimate, organizational and family, and social relationships, development, training and analysis of human relationship skills across the life-span. Originally an initiative of the Psychology of Relationships Interest Group of the Australian Psychological Society, the journal became independent within its first year with the intention of publishing papers from the full array of researchers of relationship.

The journal features an experienced and eclectic Editorial Board and is international in its reach. There is a special emphasis on contributions from Asia, including the subcontinent and Pacific regions but the journal welcomes papers from all other parts of the world.

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## INSTRUCTIONS TO AUTHORS

These guidelines follow the *Publication Manual of the American Psychological Association* (6th ed., 2010). They do not cover all details. If you are uncertain about any aspect of presentation consult the APA manual.

### Manuscript Submissions

Manuscripts should be submitted to:

Glenn Lerner

E-mail: glerner@aapt.net.au

### Manuscript Preparation

Manuscripts must be presented double spaced in a clear, and readable typeface on A4 page size. Number all pages except the figures beginning with the first page. Your submission should have a separate title page bearing the name(s) and affiliation(s) of the contributing author(s) and an abstract of no more than 200 words typed on a separate page. An e-mail address and/or fax/phone numbers are required for contact purposes and should be included in the corresponding author's address on the title page.

### Headings

Provide headings which subdivide the paper into its key areas. Reports of empirical studies will generally follow a sequence of headings including introduction, method, results and discussion. Review, theoretical, case study and other papers need not follow such a format but should provide a logical structure and appropriate section headings.

### Style

The written paper should be logical, economical and precise in structure and language. Authors should take special care to edit their papers so it is clearly expressed, easily understood by readers, grammatically correct and devoid of repetition.

### Content

Papers should focus on the theory, research, teaching and practice of family therapy, with case studies and interviews presented as part of a more general theoretical or practice discussion.

### Language and Cultural Identity

Where it is important to describe the cultural identity or a person, family or group of people in a paper, authors are advised to seek advice from the person, family or representatives of the group about appropriate language so they are represented in a respectful manner that is in line with their preferences. Capitals should be used when referring to Aboriginal peoples, Torres Strait Islander peoples, Maori peoples, Indigenous peoples, or a specific community, cultural group, nation name or tribal affiliation. The critical expectation is that authors gain advice before submitting papers, and understand that the editorial team may want to clarify language with them to ensure that respectful processes have been followed.

### Tables

Reserve tables for important data directly related to the content of the paper. A well-constructed table should enable data to be isolated from the text and presented in a way that enables the reader to quickly see patterns and relationships of the data not readily discernible in the text. Use brief but explanatory table titles. The table title is placed at the top of the table. Include each table on a separate sheet. When constructing tables use tabs to space your columns as this will make it much easier to typeset the table in the text.

### Figures, illustrations and photographs

Figures should be prepared to the correct size (max. width up to 132 mm) and each one supplied as a PDF, separate to the manuscript Word file. Include placement instructions in the Word

document, such as 'Insert Figure 1 here'. The figure title is placed at the bottom of the figure. Prior to sending artwork, the separate files of figures, graphs, illustrations, should be printed by the author to test that the fonts have been embedded correctly and there is no distortion in the artwork (e.g., lines and fonts reproduce cleanly with no jagged lines or fuzzy edges), as any such faults cannot be corrected by the publisher.

### Referencing

References and citations should follow the APA format and this should be carefully checked before submission. It is the author's responsibility to check that references in the paper are correctly given in the reference list.

#### Citations in Text

**Quotations should be presented as follows:** 'The possibilities for therapy are endless' (author, 2011, p. 11).

**For a single author:** In a recent review, Smith (1992) suggested that ... A recent review (Smith, 1992) suggested that ... In 1992, Smith suggested that ... **For two authors:** In a recent review, Smith and Watson (1992) suggested that ... A recent review (Smith & Watson, 1992) suggested that ... In 1992, Smith and Watson suggested that ... **When a work has three, four, or five authors:** Cite all authors the first time the reference occurs; thereafter, the name of the first author followed by et al. (e.g., Smith et al., 1991). The full list of authors must be cited in the list of references at the end of the paper. If use of the 'et al.' format gives rise to confusion, with another work of the same year and with the same first author, the references should be differentiated by the use of alphabet sequence following the publication year (e.g., Smith et al., 1991a; Smith et al., 1991b). **When a work has six or more authors:** Cite only the surname of the first author, followed by et al.; in the reference list, provide initials and surnames of the first six and seven authors but use an ellipsis between sixth and final author when there are more than seven. **General:** Within a paragraph the year need not be repeated in subsequent citations of the same study provided the study cannot be confused with other studies cited in the paper. When citing several studies within the same set of parentheses, the following format should be adhered to: '... several studies (Brooks, 1974a, 1974b; Cairns et al., 1992; Miller, in press; Smith, 1992; Tarter et al., 1985, 1987; Watson & Smith, 1990) have reported that ...'. **Quotations** should be presented as follows: 'The possibilities for therapy are endless' (author, 2011, p. 11).

#### Reference List

**Chapter in an edited book:** Byng-Hall, J. (1999). Family and couple therapy: Toward greater security. In J. Cassidy & P.R. Shaver (Eds.), *Handbook of attachment: Theory, research, and clinical implications* (pp. 625–645). New York: Guilford. **Complete book:** Guidano, V., & Liotti, G. (1983). *Cognitive processes and emotional disorders*. New York: Guilford Press. **Paper published in a journal:** Diamond, G., Siqueland, L., & Diamond, G.M. (2003). Attachment-based family therapy for depressed adolescents: Programmatic treatment development. *Clinical Child and Family Psychology Review*, 6, 107–127 **Published psychological or other test:** Kertesz, A. (1982). *Western Aphasia Battery*. New York: Grune & Stratton. **Unpublished paper presented at a conference:** Kerr, M. (2007, July). *Why do siblings turn out so differently?* Paper presented at The Family Systems Institute Annual Conference, Sydney, Australia. **Theses:** Author, (Year). *Title*. Type of thesis, Institution, Location of Institution. **General:** Papers in the Reference List should be listed alphabetically by first author, and then by date. Single author entries precede multiple author entries beginning with the same surname. References with the same first author and different second or third authors are arranged alphabetically by the surname of the second author, and so on.

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