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STRESSFUL SITUATIONS, COPING STYLES AND SOCIAL SUPPORT IN PATIENTS
SUFFERING FROM SCHIZOPHRENIA

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Schizophrenia is a disease which obstruct patient's social functioning in regard of their isolation as a symptom and intolerance of society. These patient's life is overfilled by many stressful situations, what is often connected with their state of health. In literature we can easily find many data about influence of stress on backset in schizophrenia, but there is no information about their ability of dealing with stress. It can be very important to take into account their styles of managing with stress in rehabilitation programs and add some training to help them to do it better. Treatment should contains not only pharmacotherapy, but also social support, social training and many changes in the environment to make their life more satisfying.

Methods:

- CISS Coping Inventory for Stressful Situations
- Questionnaire of Stressful Events
- BSSS Berlin Social Support Scales
- PANSS