

Scienze Psicologiche, Pedagogiche, Dell'esercizio Fisico E Della Formazione, Università degli Studi di Palermo, Palermo, Italy; <sup>5</sup>Unità Di Ostetricia E Ginecologia, Ospedale S Antonio Abate, Erice, Italy; <sup>6</sup>Iii Clinica Neurologica, ASST Santi Paolo e Carlo, Presidio San Paolo, Milano, Italy and <sup>7</sup>Unità Di Psichiatria Ii, ASST Santi Paolo e Carlo, Presidio San Paolo, Milano, Italy

\*Corresponding author.

doi: 10.1192/j.eurpsy.2021.1605

**Introduction:** Individuals with Autism Spectrum Disorder without intellectual disabilities (High Functioning ASD, HF-ASD) present atypical sensory sensitivity, due to the hyper-reactivity to sensory inputs.

**Objectives:** To retrospectively evaluate the sensory sensitivity in a sample of mothers with HF-ASD during pregnancy (pre-partum), delivery and childbirth (peri-partum) and during the three months after delivery (post-partum).

**Methods:** 19 HF-ASD and 13 neurotypical (NT) mothers were asked to complete an ad-hoc questionnaire designed for the study, named Maternity Questionnaire, assessing sensory perception during pre-, peri- and post-partum. Moreover, they underwent the following assessment: the Autism-Spectrum Quotient (AQ), the Empathy Quotient (EQ), the Ritvo Autism Asperger Diagnostic Scale-Revised (RAADS-R), the Edinburg Postnatal Depression Scale (EPDS), the Sensory Perception Quotient (SPQ) and the Post Partum Bonding Questionnaire (PBQ).

**Results:** At the Maternity Questionnaire, HF-ASD mothers showed higher sensitivity scores than NT mothers overall. Moreover, HF-ASD mothers presented lower sensitivity during the peri-partum, compared to pre- and post-partum periods, while NT mothers showed a linear decrease from pre- to post-partum. The two groups significantly differed at the AQ, the EQ, the RAADS-R, the SPQ and Factor 3 of the PBQ. Sensitivity during pre- and post-partum positively correlated with EPDS scores.

**Conclusions:** Mothers with HFA tend to experience pregnancy, childbirth and the post-partum period differently from neurotypical mothers, particularly in terms of hypersensitivity, although during the peri-partum the hypersensitivity decreases. Further studies investigating these aspects might give fundamental hints to provide proper help to HF-ASD mothers during pregnancy and motherhood overall.

**Keywords:** Sensory perception; pregnancy; post-partum; High Functioning Autism Spectrum Disorder

## EPP1460

### Negative attitude towards the appearance: Connection with eating behavior and social anxiety

E. Sedova\*, S. Kalina and Z. Gardanova

Psychological-social Department, Pirogov Russian National Research Medical University, Moscow, Russian Federation

\*Corresponding author.

doi: 10.1192/j.eurpsy.2021.1606

**Introduction:** A negative attitude towards the body supposed to lead to eating disorders and to increase the level of social anxiety.

**Objectives:** The research aim is to study the characteristics of eating behavior and social anxiety in women who have negative attitude towards their body.

**Methods:** The following methods have been used: Multidimensional Body-Self Relations Questionnaire (MBSRQ); Eating Attitudes Test (EAT-26); Brief Fear of Negative Evaluation (BFNE); Iowa-Netherlands Comparison Orientation Measure (INCOM), Social avoidance and distress scale (SADS). The sample consists of 98 women in the age from 18 to 60 years belonged to three age groups: Group 1: N=41, mean age 21.0+3.1; Group 2: N=29, mean age 29,5+4,9; Group 3: N=28, mean age 47,5+12,5.

**Results:** We have found out a statistically significant correlation between the negative attitude towards the body and the social anxiety. The more a woman dislike her appearance the higher is the level of social anxiety and the higher is the risk of eating disorders. It should be mentioned that all the negative tendencies are more pronounced in the youngest age group.

**Conclusions:** The research results can be implemented when designing prevention programs. Such programs are extremely important for young women in the age from 18 to 24 years as they have the highest risk of forming an eating disorder as well as the social anxiety disorder.

**Keywords:** social anxiety; appearance; eating behavior

## EPP1461

### Well-being during COVID-19 pandemic in Russia: The effects of defensive optimism, destructive coping and gender

T. Gordeeva<sup>1\*</sup>, O. Sychev<sup>2</sup> and M. Lunkina<sup>2</sup>

<sup>1</sup>Psychology, Lomonosov Moscow State University, Moscow, Russian Federation and <sup>2</sup>Research Department, Shukshin Altai State University for Humanities and Pedagogy, Moscow, Russian Federation

\*Corresponding author.

doi: 10.1192/j.eurpsy.2021.1607

**Introduction:** Previous research shows that subjective well-being during pandemic (SWB-P) is related to sociodemographic variables (de Pedraza et al., 2020) and coping (Rasskazova et al., 2020). We hypothesized that SWB-P depends on specific types of optimism and coping with pandemic situation, namely defensive optimism (belief the coronavirus problem is exaggerated) and constructive optimism (belief that people's efforts help prevent infection and spread of the virus) which effects are mediated by the effects of destructive and constructive coping.

**Objectives:** This study aimed to assess the effects of situation specific optimism and coping on SWB controlling for gender.

**Methods:** The sample comprised 1403 university students (68% women, M=20.59, SD=3.66). Online survey has been conducted from 10/4/2020 till 25/4/2020. The measures included LOT-R, the scales of defensive and constructive optimism, and the scales of destructive and adaptive coping with pandemic situation (Gordeeva, Sychev, 2020). Well-being was assessed by sum of positive affect minus negative affect (PANAS) and SWLS (Diener et al., 1985).