## THE PSALMS FOR SUNDAY VESPERS

Translated by Sebastian Bullough, O.P.

These translations, which have been set to music by Anthony Milner, are made from the Hebrew. They preserve closely the metrical pattern of the originals, based on a sequence of strongly stressed syllables; they represent the same arrangement of stanzas, and admit the frequent irregularities of Hebrew verse.

PSALM 109

Dixit Dominus 1 Quoth the Lord to my lord: 'Sit thoú on my ríght, Till I set thy foes As a stoól for thy feét.' 2 Thy scéptre of stréngth The Lord séndeth from Síon: Rúle in the mídst of thy foés! 3 Thy people come free On the dáy of thy pówer In sácred appárel— From the womb of the morning To theé comes the déw of thy youth! 4 The Lord, he hath sworn it unchanging: 'Thoú art a priést everlásting, A priést in Melchisedech's manner.' S My lord at thy right hand Sháttering kíngs In the dáy of his wráth,

Júdging the nátions, Heáping the deád, Sháttering skúlls

Through the wide world.

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458	THE LIFE OF THE SPIRIT
7	At a broók by the roádside he fréshens him, His heád but to raíse up once móre.
	PSALM IIO
1	Confitebor tibi, Domine All my heárt will I raíse to the Lórd, As I stánd in the Chúrch of the júst.
2	Greát are the wórks of the Lórd: Seék them and fínd there delight.
3	Hónour and glóry his lábour, And his jústness endúreth alwáy.
4	His wonders he held in remembrance, The grácious compássionate Lord,
5	Meát he provídes for his súbjects, His prómise he éver remémbers,
6	His own prówess he tóld to his peóple, To máke them the heírs of the wórld.
7	The works of his hands are true justice, True faithfulness all his commands,
8	True soundness was theirs at the making, Etérnal and sólid they stand.
9	A ránsom he sént for his peóple, As prómised by précept etérnal,
10	And nów, The beginning of wisdom Is féar of the Lórd's holy Náme: Good príze this for áll those who seék it: His praíse which endúreth alwáy

## PSALM III

Beatus vir, qui timet Dominum

Blest is the mán who feárs the Lórd,
In his commánds delíghts exceédingly;

Stróng on eárth his seéd,

Blést the júst man's líne;

3 His wealth abounds at home, His jústness stánds alwáy. 4 Dáwn in dárk awaits the júst, The úpright, grácious, kínd; S Wéll with the kíndly, génerous man, Who orders well his life; б Éver stánds the úpright, Néver is forgót, 7 Évil wórds he feárs not, His strong heart trusts the Lord. 8 Fírm and feárless heárt! He fáces hóstile gáze; 9 Scatters bounty to the poor, His jústness stánds alwáy. His shíning stréngth alóft 10 The wicked seé; and ráge, They grind their teeth, and waste away, Their évil hópes dismáyed. PSALM II2 Laudate pueri, Dominum 1 Praise ye the Lord, o his children, Praise ye the Name of the Lord; 2 The Name of the Lord, be it blessed Nów and for éver and éver. 3 From the dáwn of the dáy until súnset Praised be the Name of the Lord;

Far abóve all the world is the Lórd, His glóry far óver the ský.

Whose gáze be dównward bént To loók on heáven and eárth,

Who is like to the Lord our own God? Who sets his abode in the height,

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460	THE LIFE OF THE SPIRIT
7	Who raises us from the dust hapless,
8	From the ashes exalts us forlorn,  To make us to sit with the princes,
U	The princes elect of his people;
9	Who gives to the childless a homestead,
	And chíldren, and mótherly jóy.
	PSALM 113 (first part)
	In exitu
1	When Israel strode out from Egypt,
2	Men of Jácob from álien fólk, Then Júdah was túrned to God's Témple,
2:	Ísrael becáme his domaín.
3	The seá then behéld and took flight,
	The Jórdan then rólled itself báck,
4	The mountains then danced they like rams, The hills like the young of the flock.
	The find like the young of the nock.
5	What ails thee, o seá, that thou fleéest?
_	O Jórdan, that róllest thee báck?
6	O mountains, that dance ye like rams? O hills, like the young of the flock?
	O mus, like the young of the nock?
7	All the earth, it is seized with a trémbling,
_	In fáce of the Lórd God of Jácob,
8	For hé can make lákes of the róck-land,
	Form flint into bubbling springs.
	PSALM 113 (second part)
	Non nobis Domine
I	To ús no glóry, Lórd, To ús no glóry,
	But glóry tó thy Náme
	For thý true lóve.
2	Whý shall the págans exclaím, 'Whére is their Gód'?
	where is their God?

3	For our Gód he abídes in the heávens,
4	His will he fulfils;
• .	But their ídols of sílver and góld Are but wórk of men's hánds:
5	The lips of them lips are unspeaking,
	Their éyes are unseéing,
6	Their ears not a múrmur perceíving,
7	Nor nóstrils a frágrance,
	Their hánds, they are hánds without feéling,
	Their feét without pácing,
	They útter no crý in their throát.
8	Beréft like to thém be their mákers!
	Beréft all who trúst them!
9.	But Ísrael trústs in the Lórd,
	Their hélp and protéction;
10	Men of Aáron, they trúst in the Lórd,
17	Their hélp and protéction;
11	The Lórd's trembling sérvitors trúst him,
	Their hélp and protéction.
12	The Lord forgets us not,
	He gives us bléssing,
	Bléssing Ísrael's Hoúse
	And House of Aaron,
13	Bléssing trémbling sérvants
	Greát and lówly.
14	M 1 T/1 ' / / /
•	May the Lord give an increase to you,
15	To yoú and your children; Bléssed are yoú of the Lórd,
	Who made heaven and earth.
76	TV III IIII III III III III III III III
16	The heavens, the heavens are his,
17	But earth he gave to mén,
~/	The dead, they shall not sing him,
18	Nor those in silent tombs,
	But wé, o wé will praise him
	From nów and éver móre.