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DEPRESSION AND SOCIAL SUPPORT IN OLD PEOPLE

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Introduction: Social support among old people is particularly important .because Event of life may endanger the supportive networks in this age-group.the administered researches on old people have shown that:

Social support with more life satisfaction is less related to feeling of depression.

Objective: The aim of this study are the investigation of relationship between amount of depression and social support.

Method: The sample of this study is composed of 100 old people that were selected randomly.data about depression and social support were collected by depression inventory and social support scale.

Results: The results show that: the amount of depression among old people is approximately 22% and women reported more depression.depression among people who lost their spouse was higher than illiterate people and people with higher education reported more depressive symptoms.depression had a negative

Association with social support and old men in comparison with old women

Reported more social support, especially from family

Discussion: Some of studies noted that: family support and performance affect the mental health in old people and suggested: old people with psychological

Symptoms such as depression can benefit from family intimacy and wormth.