



Join us in 2013!

**Where the Global Geriatric Mental Health Community
Comes Together.**



**16th IPA International Congress
1 – 4 October 2013
Seoul, Republic of Korea**

*Towards Successful Aging:
Harmony of Mental, Physical and Social Life*

IPA members receive a member discount on registration fees.

Mark your calendar – plan your budget!

Go to www.ipa-online.org for more information

International Psychogeriatric Association
550 Frontage Road, Suite 3759 • Northfield, IL 60093 USA
Tel: +1.847.501.3310 • Fax: +1.847.501.3317
www.ipa-online.org



International Psychogeriatric Association

2013 IPA Junior Research Awards

Submissions are due 6 May 2013

Presented every two years at the IPA Congress, the *Junior Research Awards in Psychogeriatrics* were established in 1989 to recognize the best original, previously unpublished research in the field of Psychogeriatrics by junior researchers and encourage them to continue their groundbreaking work and participate in the field and IPA. Past award recipients include many scientists who have demonstrated outstanding leadership in the field.

The recipients will present their award-winning research:

- Session at the IPA 2013 Congress
1-4 October 2013
Seoul, Republic of Korea
- Papers will be published in *International Psychogeriatrics*, IPA's Journal

In addition, each award recipient will receive:

- Complimentary 2013 IPA Congress registration
- US \$1,500 toward travel and accommodations for the Congress
- Complimentary one-year membership in IPA



Submissions are due 6 May 2013

For more information, visit IPA's website, <http://www.ipa-online.org>

International Psychogeriatric Association
550 Frontage Road, Suite 3759
Northfield, IL 60093
United States
Tel: +1.847.501.3310; Fax: +1.847.501.3317
Email: researchawards@ipa-online.org



**Why wait until the next conference
when you can join or start a discussion
with colleagues right now?**

Through the *IPA Member Forums*, you can discuss important research and care issues such as *International Psychogeriatrics* articles, share resources or exchange ideas on whatever has captured your interest with your colleagues in this new IPA online community.

As a member of the International Psychogeriatric Association (IPA), you will have access to the *IPA Member Forums* and be able to join member colleagues to discuss and improve elderly care through online groups ... anytime from wherever you or they might be.

Communication and Collaboration – the Heart of the IPA Community

- Interact *anytime* and *anywhere* with IPA colleagues
- Share research, documents and ideas
- Participate in discussions
- Collaborate in member groups, such as...



Shared Interest Forums

Connecting Members with

Shared Interests in Specific Areas

- BPSD
- Early Onset Dementia
- Late-Life Anxiety
- Long-Term Care
- Service Delivery
- And more...

Professional Discipline Forums

Connecting Members with Similar Roles

- Nurses
- Occupational Therapists
- Primary Care Physicians
- Psychologists
- Social Workers
- And more...

Regional Initiative Forums

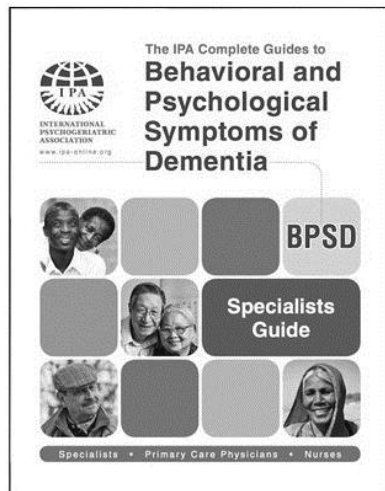
Connecting Members in Different Areas of the World

- Africa
- Asia/Pacific
- Eastern Europe
- Ibero-Latin America
- And more...

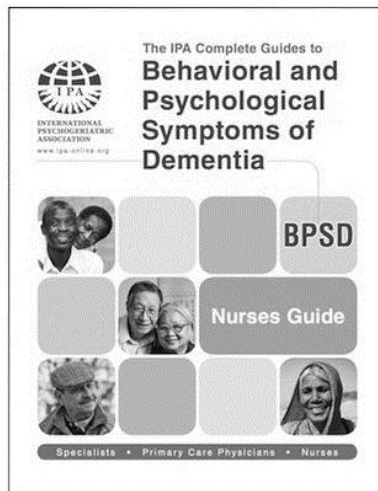
IPA Member Forums: where members start their day!

Not a Member? Go to www.ipa-online to join.

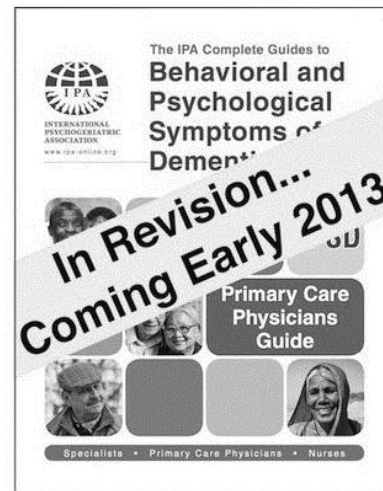
The IPA Complete Guides to Behavioral and Psychological Symptoms of Dementia (BPSD)



Specialists Guide
New Long-Term
Care Module



Nurses Guide
Recently Revised



**Primary Care
Physicians Guide**

*The Only Resources You Need for All the
Members of Your Team!*

An IPA Members Benefit*

The recognition and appropriate management of BPSD are important factors in improving our care of dementia patients and their caregivers. The *IPA Complete Guides to Behavioral and Psychological Symptoms of Dementia (BPSD)* are comprehensive resources that provide a useful overview of the presentation and causes of BPSD and offer constructive guidance on treatment interventions.

- Designed to serve as a reference tool or as a training resource
- Modules can be used alone or together in a tailored approach to create your own customized program.
- IPA Members have exclusive complete access to the comprehensive online collection of BPSD resources

*As an IPA Member, you have access to the *IPA Complete Guides to BPSD* online at no additional charge!



Join IPA today!
www.ipa-online.org



Encourage a Colleague to Join

The International Psychogeriatric Association (IPA) is the leading multi-disciplinary, international organization dedicated to the advancement of geriatric mental health knowledge.

Benefits of IPA Membership Include

- An opportunity to **interact with colleagues** around the world who share an interest in advancing research, education, and theory about mental health in older people – especially through **IPA Member Forums** – online and conference discussion/collaboration groups on various topics and issues.
- **Education and meetings** reflecting the many disciplines in Psychogeriatrics and the collective expertise of the world; IPA members receive special “members only” rates for all our meetings and activities.
- A subscription to ***International Psychogeriatrics***, IPA’s peer-reviewed monthly journal, which includes any additional special-focus supplements.
- ***IPA Bulletin***, IPA’s informative electronic newsletter with articles on recent research advances, global trends and the latest in how geriatric mental health care is practiced around the world.
- **IPA Online** – the IPA website – including member area with special features including access to fellow members, and the IPA Learning Portal.
- **Behavioral and Psychological Symptoms of Dementia (BPSD) Education Materials** are available to IPA members in electronic format at no additional charge. The BPSD materials include the *newly revised* eight-module *IPA Complete Guide to BPSD – Specialists*, *IPA Complete Guide to BPSD – Nurses* and in 2013, a newly revised edition for the Primary Care Physician.
- Support the **growth of Psychogeriatrics around the world**.

IPA’s membership dues have been adjusted to accommodate the needs of a wide variety of colleagues worldwide. To find out what the membership rates are for your country, please visit www.ipa-online.org.

*To join or to obtain a membership application,
visit <http://www.ipa-online.org>, or contact:*

International Psychogeriatric Association

E-mail: membership@ipa-online.org Website: <http://www.ipa-online.org>

Telephone: +1.847.501.3310 • Fax: +1.847.501.3317

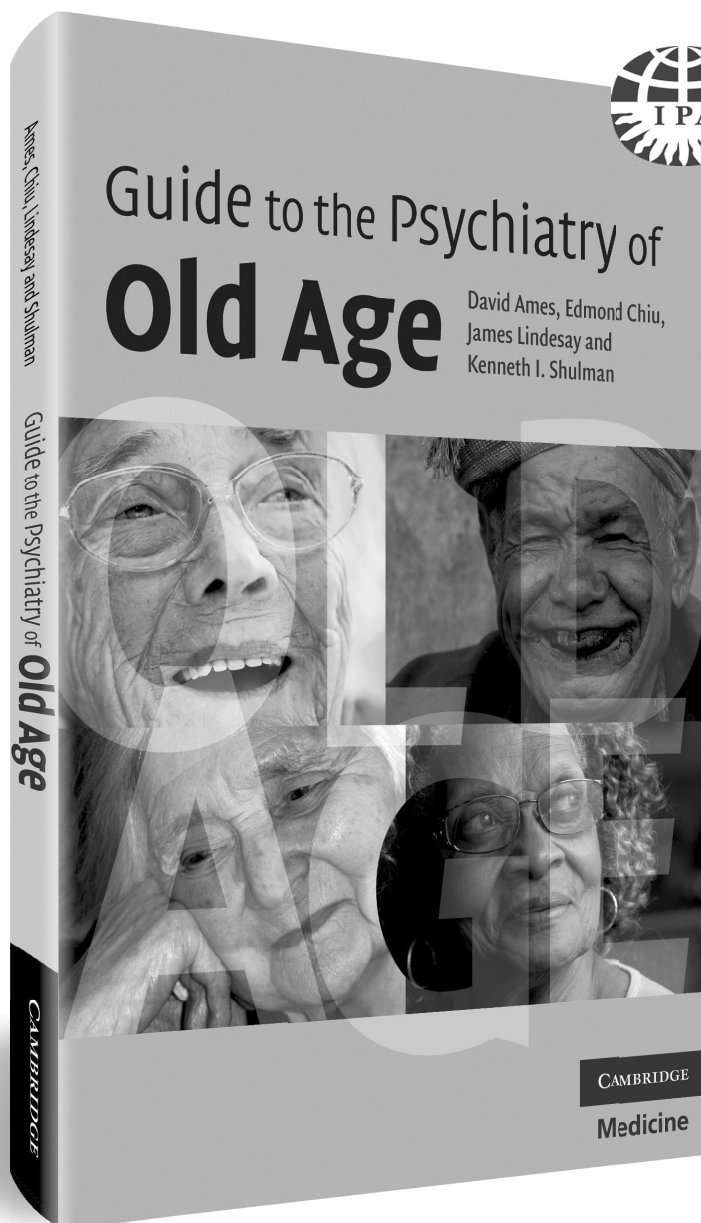
550 Frontage Road, Suite 3759

Northfield, IL 60093 USA

IPA ... Better Mental Health for Older People

CAMBRIDGE

Medicine



Endorsed by the International
Psychogeriatric Association

David Ames, University of Melbourne
Edmond Chiu, University of Melbourne
James Lindsay, University of Leicester
Kenneth Shulman, University of Toronto

**25% discount
for IPA Members**
Enter promotional code
IPA10 when you add to basket
order here
www.cambridge.org/9780521681919

Paperback 9780521681919

July 2010
GBP 29.99

Compact, accessible and affordable

Each chapter is sharp, clear and practical, enhanced by tables and diagrams for quick assimilation and reference on the ward or in the clinic

Coverage also includes legal and ethical issues, and the neglected topic of alcohol and drug abuse in the elderly

www.cambridge.org/medicine



CAMBRIDGE
UNIVERSITY PRESS



Scope and contributions

International Psychogeriatrics is written by and for those doing clinical, teaching, and research work with older people. It is the official journal of the International Psychogeriatric Association (IPA) and is published by Cambridge University Press, Cambridge, UK. Although it is primarily concerned with psychogeriatrics, the journal welcomes contributions from all concerned with the field of mental health and aging. Original research papers are particularly sought.

Contributions include original research articles, case reports, reviews of the literature, book reviews, letters to the editor, and editorials. Apart from editorials and book reviews, which are commissioned, contributions to *International Psychogeriatrics* are spontaneously written and submitted by authors. Papers are reviewed by two expert reviewers selected by the Editor-in-Chief. At present, about half of the papers submitted are accepted for publication. The journal's Science Citation Index impact factor is 2.24 (2011). Submission of a paper implies that it is neither under consideration for publication elsewhere, nor previously published in English. Manuscripts must be formatted double-spaced with ample margins on all sides and the pages should be numbered. *International Psychogeriatrics* uses the spelling of American English. Manuscripts written by those whose primary language is not English should be edited carefully for language prior to submission. The journal has a Language Assistance Panel consisting of both native English speakers willing to check manuscripts for style prior to submission, and bilingual experts willing to assist with the translation of manuscripts into English. Further details including contact information for individual panel members can be found at both the journal and IPA websites (journals.cambridge.org/ipg and www.ipa-online.org).

An up to date version of the journal's instructions for contributors can be found at the *International Psychogeriatrics* website journals.cambridge.org/ipg. Please read these instructions carefully before submitting articles. **Articles that are not prepared in accordance with these guidelines will be returned to authors.**

Manuscripts should be submitted online via our manuscript submission and tracking site, <<http://mc.manuscriptcentral.com/ipg>>. Full instructions for electronic submission are available directly from this site.

Important Addresses

Office of the Editor-in-Chief
Nicola T. Lautenschlager Editor-in-Chief,
International Psychogeriatrics
Normanby House,
St George's Hospital,
283 Cotham Rd.,
Kew, Victoria 3101,
Australia
Email: ipaj-ed@unimelb.edu.au
Tel +61 3 9816 0485
Fax +61 3 9816 0477

For business matters:

Ms. Susan M. Oster
Managing Editor, *International Psychogeriatrics*
International Psychogeriatric Association
550 Frontage Road,
Suite 3759
Northfield, IL 60093
USA

Email: ipa@ipa-online.org
Tel: +1 847 501 3310
Fax: +1 847 501 3317
Web: www.ipa-online.org

For book review matters:

Dr. Michael Philpot
Maudsley Hospital,
Mental Health of Older Adults Directorate
115 Denmark Hill,
London SE5 8AZ
U.K.

Email:
mike.philpot@slam.nhs.uk
Tel: +44 (0)203 228 1640
Fax: +44 (0)203 228 1619.

This journal issue has been printed on FSC-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see www.fsc.org for information.

Enquiries about advertising should be sent to the Journal's Promotion Department of the Cambridge or American Branch of Cambridge University Press.

© 2013 International Psychogeriatric Association

PRINTED IN THE UK BY MPG BOOKS LTD

International Psychogeriatrics

CONTENTS

- Guest Editorial** **1 Issues regarding the proposed DSM-5 personality disorders in geriatric psychology and psychiatry**
S. P. J. Van Alphen (the Netherlands), G. Rossi (Belgium), D. L. Segal and E. Rosowsky (USA)
- Original Research Articles** **6 Cross-cultural ageism: ageism and attitudes toward aging among Jews and Arabs in Israel**
Yoav S. Bergman, Ehud Bodner and Sara Cohen-Fridel (Israel)
- 16 Flexible and tenacious goal pursuit lead to improving well-being in an aging population: a ten-year cohort study**
Rebecca E. Kelly, Alex M. Wood and Warren Mansell (UK)
- 25 Differences between elderly voluntary and involuntary admitted psychiatric patients in Greece**
Athanasios Douzenis, Ioannis Michopoulos, Rossetos Gournellis, Christos Christodoulou, Emmanouel N. Rizos, Dionysios Sakkas, Athanasios Karkanias, Ioannis Rontos, Georgios Bouras and Lefteris Lykouras (Greece)
- 34 Benefit of an integrative psychotherapeutic nursing home program to reduce multiple psychiatric symptoms of psychogeriatric patients and caregiver burden after six months of follow-up: a re-analysis of a randomized controlled trial**
Ton J. E. M. Bakker, Hugo J. Duivenvoorden, Jacqueline van der Lee, Marcel G. M. Olde Rikkert, Aartjan T. F. Beekman and Miel W. Ribbe (the Netherlands)
- 47 Interpersonal conflict strategies and their impact on positive symptom remission in persons aged 55 and older with schizophrenia spectrum disorders**
Carl I. Cohen, Dishal Solanki and Dimple Sodhi (USA)
- 54 Hippocampal and amygdala volumes in an older bipolar disorder sample**
Chanaka Wijeratne, Sonal Sachdev, Wei Wen, Olivier Piguat, Darren M. Lipnicki, Gin S. Malhi, Phillip B. Mitchell and Perminder S. Sachdev (Australia)
- 61 Gender differences in the relation between depression and social support in later life**
C.M. Sonnenberg, D.J.H. Deeg, T.G. van Tilburg, D. Vink, M.L. Stek and A.T.F. Beekman (the Netherlands)
- 71 A meta-analysis of the factor structure of the Geriatric Depression Scale (GDS): the effects of language**
Giyeon Kim, Jamie DeCoster, Chao-Hui Huang and Ami N. Bryant (USA)
- 82 The Hospital Anxiety and Depression Scale: low sensitivity for depression screening in demented and non-demented hospitalized elderly**
Nikolaos Samaras, François R. Herrmann, Dimitrios Samaras (Switzerland), Pierre-Olivier Lang (Switzerland/UK), Alessandra Canuto (UK), Alexandre Forster, Henriette Hilleret and Gabriel Gold (Switzerland)
- 88 Recruiting older men for geriatric suicide research**
Sunil S. Bhar (USA/Australia), Shannon Wiltsey-Stirman (USA), David Zembroski, Laura McCray, David W. Oslin, Gregory K. Brown and Aaron T. Beck (USA)
- 96 The Mini-Cog, Clock Drawing Test, and the Mini-Mental State Examination in a German Memory Clinic: specificity of separation dementia from depression**
Monika Milian, Anna-Maria Leiherr, Guido Straten, Stephan Müller, Thomas Leyhe and Gerhard W. Eschweiler (Germany)
- 105 Relative preservation of the recognition of positive facial expression "happiness" in Alzheimer disease**
Yohko Maki, Hiroshi Yoshida, Tomoharu Yamaguchi and Haruyasu Yamaguchi (Japan)
- 111 Does posterior cortical atrophy on MRI discriminate between Alzheimer's disease, dementia with Lewy bodies, and normal aging?**
James O'Donovan, Rosie Watson, Sean J. Colloby, Michael J. Firbank, Emma J. Burton, Robert Barber, Andrew M. Blamire and John T. O'Brien (UK)
- 120 Do cerebral white matter lesions influence the rate of progression from mild cognitive impairment to dementia?**
Michael E. Devine, J. Andres Saez Fonseca and Zuzana Walker (UK)
- 128 AwareCare: a pilot randomized controlled trial of an awareness-based staff training intervention to improve quality of life for residents with severe dementia in long-term care settings**
Linda Clare, Rhiannon Whitaker, Robert T Woods, Catherine Quinn, Hannah Jelley, Zoe Hoare, Joan Woods, Murna Downs and Barbara A. Wilson (UK)
- 140 Attitudes of long-term care staff toward dementia and their related factors**
Jenny Lee, Elsie Hui, Carolyn Kng and Tung Wai Auyeung (China)
- 148 Physical impairments in cognitively impaired older people: implications for risk of falls**
Morag E. Taylor, Kim Delbaere, Stephen R. Lord, A. Stefanie Mikolaizak and Jacqueline C. T. Close (Australia)
- 157 Characterizing spontaneously reported cognitive complaints: the development and reliability of a classification instrument**
Daniel Apolinario, Rafaela Branco Miranda, Claudia Kimie Suemoto, Regina Miksian Magaldi, Alexandre Leopold Busse, Aline Thomaz Soares, Leonardo da Costa Lopes, Juliana Yumi Tizon Kasai, Erika Satomi, Elina Lika Kikuchi and Wilson Jacob-Filho (Brazil)
- Letters** **167 Diabetes is associated with cognitive impairment no dementia in the aging, demographics, and memory study (ADAMS)**
Christine E. Gould, Sherry A. Beaudreau and Huma Salman (USA)
- 168 Predictors of Complementary and Alternative Medicine (CAM) use in two cohorts of Australian women**
Emma E. Poulsen, David Sibbritt, Deirdre McLaughlin, Jon Adams and Nancy A. Pachana (Australia)