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PSYCHOTHERAPEUTIC AND PSYCHOLOGIC CARE IN CASES OF TREATMENT PATIENTS WHICH SURVIVED EXTRAORDINARY SITUATIONS: FARE IN NIGHT-CLUB IN PERM AND SUFFERED FROM EXPLOSIONS IN MOSCOW´ SUBWAY

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Since 1997 in City Clinical Hospital №36 in Moscow acted the Department of Psychotherapy (DP). Psychotherapists and psychologists of DP constantly took place part in joint (together with internists) therapy the patients suffering from different extraordinary situations. So, 06.12.09 by airplanes of Ministry of Extraordinary Situations from Perm in Burn-Center of CCH №36 were delivered 12 patients. For our regret 3 patients died in the first days no come to consciousness. The others 9 patients have received intensive and long (22-97 bed-days) therapy in BC due to: burns from flame I-II-III-IV degree, 6-77% surface of body. Psychiatric diagnosis were: acute reaction on stress F43.0, posttraumatic stress-syndrom F43.1, disorder of adaptation F43.2 with/or not short depressive reaction 43.20 and also organic emotional labile (asthenic) disorder F06.6, organic disorder of personality F07.0, others organic disorders of personality and behavior F07.8. In result of therapy these patients by combustilogs and other internists with psychotherapists and psychologists (different kind of psychotherapy and psychocorrection) we received distinct improvement of somatopsychical state.

In the morning 23.03.10 after explosions in two Moscow´ subway stations in CCH №36 were admitted 12 patients with diagnosis: mine-explosive, skeleton, burn and baro- traumas with concussions of brain, fractures of bones, termo-ingalation defeats and others. Psychiatric diagnosis: F43.0, F43.1, F 43.2, F 43. 20, F 06.6, F 07.0 F07.8 and also postcommotional syndrom F07.2. Rational and autogenic psychotherapy and psychological correction in all these patients added by Phenazepam and Azaphen resulted to improvement of somatopsychical state and quality of life.