## From Bud to Brain: A Psychiatrist's View of Marijuana

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TIMMEN L. CERMAK

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Cambridge University Press and the Royal College of Psychiatrists are proud to announce publication of *From Bud to Brain: A Psychiatrist's View of Marijuana*, a new book that provides a detailed yet accessible overview of the science of marijuana.

Bringing over two decades worth of studying cannabinoid research and forty years of clinical practice, Dr Cermak provides relevant and helpful answers to almost everything you could want to know about how marijuana works, both recreationally and medically.

From Bud to Brain is an invaluable resource designed for health professionals, educators and members of the public interested in understanding the effects of cannabis on the brain and the mind. Dr. Cermak is a past president of the California Society of Addiction Medicine. He chaired the Youth Work Group of Lt. Governor Gavin Newsom's Blue Ribbon Commission on Marijuana Policy Reform and is a member of California's Cannabis Advisory Committee.

'This work makes a very timely contribution as rapidly changing marijuana policies around the globe desperately need guidance and data-informed direction. I believe it will be a trusted resource for anyone seeking an increased understanding of marijuana, from bud to brain'

Mark Stanford, Adjunct Professor of Psychology and Neuroscience, Carbrillo College, Aptos, California

'Well written and researched, and liberally sprinkled with snippets from real case studies to showcase motivational interviewing, this volume provides a wealth of science-based evidence that will be welcomed by health professionals, addiction counselors, and cannabis researchers.'

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