# **Original Article**



# Neuroimaging Features in Children with Optic Nerve Hypoplasia and Septo-Optic-Pituitary Dysplasia

Michael S. Salman<sup>1</sup>, Shakhawat Hossain<sup>2</sup> and Katya Rozovsky<sup>3</sup>

<sup>1</sup>Section of Pediatric Neurology, Winnipeg Children's Hospital and Department of Pediatrics and Child Health, Max Rady College of Medicine, Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, MB, Canada, <sup>2</sup>Department of Mathematics and Statistics, University of Winnipeg, Winnipeg, MB, Canada and <sup>3</sup>Section of Pediatric Radiology, Department of Radiology, Max Rady College of Medicine, Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, MB, Canada and Child Health, Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, MB, Canada and <sup>3</sup>Section of Pediatric Radiology, Department of Radiology, Max Rady College of Medicine, Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, MB, Canada

**ABSTRACT:** *Background:* Optic nerve hypoplasia (ONH) and septo-optic-pituitary dysplasia (SOD) are common causes of congenital visual impairment. Our primary aim was to investigate the prevalence of abnormal neuroimaging features in patients with these disorders in Manitoba, Canada, and compare them with published reports. *Methods:* A retrospective neuroimaging review was performed in patients resident in Manitoba with ONH/SOD. *Results:* There were 128 patients (M = 70) with ONH/SOD who had neuroimaging. Their mean age (SD) at the end of the study was 13.2 (7.5) years. Males were significantly more likely to have bilateral ONH and a small optic chiasm size, while females were more likely to have a left ONH and a small left optic chiasm size on neuroimaging (p = 0.049). ONH and small optic chiasm size were seen in most patients on neuroimaging. Absent septum pellucidum was noted in 40%, small pituitary gland size in 28%, neuronal migration disorders (NMD) in 20% (>1 type and bilateral in 13 cases), corpus callosum abnormalities were present in 9%, while olfactory bulbs-tracts and olfactory sulci were absent in 8.6% of cases. Unilateral ONH was not significantly associated with other structural brain abnormalities including a symmetrically small optic chiasm size. *Conclusion:* The prevalence of structural neuroimaging abnormalities in our cohort with ONH/SOD was generally in the same range reported in other studies with corpus callosum abnormalities being relatively less common in our study. Bilateral NMD were relatively common among patients with NMD. The association between sex and ONH laterality requires further study.

**RÉSUMÉ**: Caractéristiques de la neuro-imagerie chez des enfants atteints d'hypoplasie du nerf optique et de dysplasie septo-optique hypophysaire. Contexte : L'hypoplasie du nerf optique (HNO) et la dysplasie septo-optique hypophysaire (DSOH) sont des causes courantes de déficience visuelle congénitale. Notre objectif principal est ici d'étudier la prévalence des caractéristiques anormales de neuro-imagerie chez des patients du Manitoba (Canada) atteints de ces troubles et de les comparer aux études publiées. Méthodes : Un examen rétrospectif de neuro-imagerie a été effectué chez des patients du Manitoba qui étaient atteints d'HNO et de DSOH. *Résultats*: Au total, 128 patients (M = 70) atteints d'HNO et de DSOH ont bénéficié d'un examen de neuro-imagerie. Leur âge moyen (écart-type) à la fin de l'étude était de 13,2 (7,5) ans. Les hommes se sont révélés significativement plus susceptibles d'avoir une HNO bilatérale ainsi qu'un petit chiasma optique tandis que les femmes se sont avérées plus susceptibles d'avoir une HNO gauche de même qu'un petit chiasma optique gauche détecté lors d'un examen de neuro-imagerie (p = 0,049). De tels examens ont révélé une HNO et un chiasma optique de petite taille chez la plupart des patients. L'absence de septum pellucidum a été notée dans 40 % des cas ; la petite taille de l'hypophyse, dans 28 % des cas ; des troubles de la migration neuronale (TMN), dans 20 % des cas (> 1 type et bilatéral dans 13 cas) ; des anomalies du corps calleux, dans 9 % des cas ; tandis que des bulbes olfactifs et des sillons olfactifs étaient absents dans 8,6 % des cas. L'HNO unilatérale n'a pas été significativement associée à d'autres anomalies cérébrales structurelles tandis que les TMN ont été associés de façon notable à d'autres anomalies cérébrales de la ligne médiane, y compris une taille symétriquement petite du chiasma optique. Conclusion : La prévalence, lors d'examens de neuro-imagerie, d'anomalies structurelles détectées dans notre cohorte de patients atteints d'HNO et de DSOH était généralement du même ordre que celle rapportée dans d'autres études, les anomalies du corps calleux étant relativement moins fréquentes dans notre étude. Les TMN de nature bilatérale étaient par ailleurs relativement fréquents chez des patients atteints de TMN. Enfin, l'association entre le sexe et la latéralité de l'HNO doit encore faire l'objet d'une étude plus approfondie.

**Keywords:** MRI; pituitary gland; septum pellucidum; neuronal migration disorders; pediatrics; septo-optic dysplasia; optic nerve hypoplasia (Received 22 March 2023; final revisions submitted 5 July 2023; date of acceptance 20 July 2023; First Published online 26 July 2023)

Cite this article: Salman MS, Hossain S, and Rozovsky K. (2024) Neuroimaging Features in Children with Optic Nerve Hypoplasia and Septo-Optic-Pituitary Dysplasia. *The Canadian Journal of Neurological Sciences* 51: 416–424, https://doi.org/10.1017/cjn.2023.263

© The Author(s), 2023. Published by Cambridge University Press on behalf of Canadian Neurological Sciences Federation.

Corresponding author: Michael S. Salman; Email: msalman@hsc.mb.ca

#### Introduction

Septo-optic-pituitary dysplasia (SOD) is a neurodevelopmental abnormality that consists of optic nerve(s) hypoplasia (ONH) in association with hypopituitarism and/or midline brain abnormalities (absent septum pellucidum and/or abnormal corpus callosum) (Figures 1 and 2). In addition, neuronal migration disorders (NMD) (Figure 3) have been reported in some patients with SOD. ONH may also occur in isolation.<sup>1,2</sup>

ONH/SOD likely develop in early pregnancy, around 4 to 6 weeks of gestation, reflecting a disruptive process occurring in the early stages of forebrain development and an important time for the formation of the anterior neural plate.<sup>2–4</sup> Genetic etiology explains only a minority (<1%) of cases with causes acquired in utero being implicated in other patients.<sup>2,5,6</sup>

The incidence rate of ONH/SOD in the province of Manitoba, Canada, is very high at 53.3 per 100,000 live births during 2010– 2014 (i.e., 1 in 1875 live births) for unknown reasons,<sup>7</sup> while the annual incidence rates were lower at 10.9 per 100,000 in Northwest England,<sup>8</sup> and significantly lower at 2.4 per 100,000 residents in Olmsted county, Minnesota, USA.<sup>9</sup>

ONH/SOD are common causes of congenital visual impairment. The best-corrected visual acuity in patients with ONH/SOD vary widely from normal to no light perception.<sup>1</sup> A prior study which focused on the ophthalmological features in our cohort has been published.<sup>10</sup>

Our primary hypothesis was that a wide range of neuroimaging abnormalities, beyond midline abnormalities, occur commonly in patients with ONH/SOD. The primary aim was to ascertain the prevalence of abnormal neuroimaging features and their associations with each other in patients with ONH/SOD and compare them with studies from the medical literature. A secondary hypothesis was that there is no sex difference in the various abnormal neuroimaging features, since most studies reported no sex difference among the clinical features in patients with ONH/ SOD. Our secondary aim was to compare the prevalence of neuroimaging features among males and females who have ONH/SOD.

#### **Methods**

#### Patients

Our cohort of patients was identified from two sources. The first was clinic letters from the sections of pediatric neurology and pediatric ophthalmology from January 1990 to August 2019, and the second source was through searching a database of all patients assessed in the section of pediatric endocrinology since 1986, for patients with the diagnosis of ONH/SOD. The diagnosis was verified by one of the authors (MSS), who has clinical expertise in these disorders. A small optic disk or disks on ophthalmoscopy documented in the ophthalmology clinic letters confirmed the diagnosis of ONH in our cohort. Only residents of Manitoba were included in this study. Ethics approval was granted by the Health Research Ethics Board, University of Manitoba.

# Variables

Basic demographic and neuroimaging data were extracted and included sex, and age at their clinic visits and at the end of the study (30<sup>th</sup> June 2020).

Neuroimaging data were obtained mostly from reviewing brain MRI scans. Infrequently, when the actual scans were not available, then data were extracted from the MRI report. Rarely, when MRI was not performed, a high-quality CT scan was reviewed. Brain MRI was acquired on 1.5- or 3-Tesla MRI scanner (GE) using standardized protocol with sagittal T1-weighted, axial/ coronal T2-weighted, and axial/ coronal fluid-attenuated inversion recovery (FLAIR) images. Additional MRI scans with pituitary and orbital views were also reviewed. Supplemental imaging sequences were performed as needed including T2\*, DWI, ADC (apparent diffusion coefficients) maps, fast spoiled gradient echo (FSPGR) images, and MRA. Contrast with Gadolinium was given at the discretion of the radiologist. All initial and subsequent brain MRI images available that were completed by June 2020 were reviewed by a pediatric radiologist with expertise in neuroimaging (KR).

The data extracted included age at the time of the neuroimaging scan(s), and structural abnormalities (i.e., abnormal size, shape, absence, laterality [unilateral vs. bilateral], and side [right vs. left]) in infra- and supratentorial structures including the cortex and white matter, pituitary gland, corpus callosum, septum pellucidum, deep gray matter, olfactory bulbs-tracts/ sulci, falx cerebri, and optic nerves/ chiasm. Careful visual inspection of each scan by an experienced pediatric radiologist (KR) was used to determine if there was a decrease in the size of the various neuroimaging features described. When there was any doubt, then comparison with published age-specific normative data were undertaken. For example, for the assessment of optic nerve size, we used the standardized method and measurements stratified by age groups provided by Janthanimi and Dumrongpisutikul study.<sup>11</sup> The data were converted to numerical variables to enable statistical analysis and modeling. All extracted data were checked at least twice.

#### Statistical Analysis

All analyses were carried out using SAS/STAT<sup>®</sup> software, version 9.4 (SAS Institute Inc., Cary, NC). Chi-squared, Fisher's exact, and Wilcoxon sign-rank tests were used to investigate the association between or among categorical variables. ANOVA was used to compare the mean of continuous variables against categorical variables. Normality assumption of continuous variables were checked by Shapiro–Wilk test and presented as mean and standard deviation (SD) if they had a normal distribution, otherwise median, quartiles, minimum, and maximum values were reported.

#### Results

There were 128 patients (M = 70) with ONH/SOD who had neuroimaging studies. Their median age (interquartile range) at study end was 12.2 (7.4–17.6) years. Their neuroimaging characteristics and findings are displayed in Table 1. Figures 1–3 show some of the abnormal neuroimaging features.

Almost all patients had small optic nerves and chiasm sizes on neuroimaging and in the majority it was bilateral. Most patients had normal corpus callosum. The olfactory bulbs-tracts were absent in 11 cases. The olfactory sulci were also absent in the same 11 cases. Five types of NMD were seen in our cohort with schizencephaly being the most common. NMD was bilateral in 13 of the 26 patients who had NMD. The falx cerebri was not adequately visualized in many scans to determine its presence or absence reliably. Incidental neuroimaging findings in 39 patients are shown in Supplementary Table 1 and notably include cerebellar abnormalities.



**Figure 1:** Brain MRI images of a 7-month-old male with severe bilateral visual impairment. (A) Coronal T2-weighted image showing absent septum pellucidum. (B) Coronal fat saturated T2-weighted image of the orbits showing small intraorbital optic nerves bilaterally (arrows).



**Figure 2:** Sagittal T1-weighted brain MRI image of a 7-month-old male with visual impairment showing an ectopic position of the neurohypophysis. The posterior bright pituitary spot (arrow) is visualized within the hypothalamus region. In addition, the pituitary infundibulum is absent.

Table 2 shows the prevalence of the main abnormal neuroimaging features in patients with ONH/SOD from 26 studies in comparison with our cohort.<sup>9,12–36</sup> A recent study on risk factors in ONH/SOD in 111 of our 128 cases shows additional clinical details in conjunction with a summary of some of the neuroimaging features.<sup>37</sup>

# Sex and Neuroimaging Findings

Optic nerves (N = 125) and chiasm sizes (N = 122) on MRI were significantly different by sex (p = 0.049). Males were significantly more likely to have bilaterally small optic nerves (79.7%) and optic chiasm (80.9%) sizes compared with females (62.5 and 63%, respectively), while females were significantly more likely to have a smaller left optic nerve (21.4%) and left chiasm (22.2%) sizes compared with males (7.3% and 5.9%, respectively).

Otherwise, sex was not associated with other neuroimaging structural abnormalities (i.e., small pituitary size, ectopic posterior pituitary gland, absent septum pellucidum, abnormal corpus callosum, presence of NMD, types and laterality of NMD, absent olfactory bulbs-tracts, and olfactory sulci).

# Associations Between Optic Nerves and Chiasm Sizes with Other Structural Brain Abnormalities

#### **Optic Nerves and Chiasm**

A symmetrically small optic chiasm size was significantly associated with a symmetrical or an asymmetrical ONH compared with unilateral ONH (N=121, 96.1% or 100% vs. 14.7%, p < 0.0001), and in cases with an asymmetrically small optic chiasm size, the affected side of the chiasm was significantly concordant with the unilateral ONH side (p < 0.0001).

#### **Optic Nerves**

A small pituitary gland size was significantly associated with an asymmetrically small compared with a symmetrically or a unilaterally small optic nerve(s) (N = 120, 90% vs. 30.3% or 5.9%, p < 0.0001). Similarly, the presence of an ectopic posterior pituitary gland was significantly associated with an asymmetrically small compared with a symmetrically or a unilaterally small optic nerve(s) (N = 120, 50% vs. 14.5% or 2.9%, p = 0.002). Absent septum pellucidum was significantly associated with an asymmetrically or a symmetrically reduced optic nerves sizes compared with a unilaterally reduced optic nerve size (N = 123, 54.6% or 50% vs. 17.7%, p = 0.004). There was a trend for corpus callosum abnormalities to be associated with a symmetrically small optic nerves compared with an asymmetrically or a unilaterally small optic nerves (N = 124, 12.7% vs. 0% [for each asymmetrically or a unilaterally small optic nerves], p = 0.051). The presence of NMD and the absence of olfactory bulbs-tracts and sulci were not associated with the laterality of ONH on MRI.

#### **Optic Chiasm**

A small pituitary gland size was significantly associated with a normal compared with a symmetrically or an asymmetrically small optic chiasm size (N = 120, 60% vs. 35.6% or 0%, p < 0.0001). Similarly, the presence of an ectopic posterior pituitary gland was significantly associated with a normal compared with a symmetrically or an asymmetrically small optic chiasm size (N = 119, 40% vs. 17.4% or 0%, p = 0.008). Absent septum pellucidum was significantly associated with a symmetrically small or a normal



**Figure 3:** Brain MRI images of a 17-year-old female with impaired vision of the right eye and focal epilepsy arising from the right cerebral hemisphere. (A) Coronal T2-weighted image showing absent septum pellucidum and polymicrogyria involving the left perisylvian region (arrow head) and right fronto-parietal-temporal lobes including the sylvian fissure (arrow). (B) Coronal T2-weighted image of the orbits showing a small right optic nerve (arrow).

optic chiasm size compared with an asymmetrically small chiasm size (N = 122, 50.6% or 40% vs. 10.7%, p = 0.0003). Corpus callosum abnormalities were significantly associated with a normal optic chiasm size compared with a symmetrically or an asymmetrically small chiasm size (N = 122, 40% vs.7.9% or 0%, p = 0.02). The presence of NMD was significantly associated with a symmetrically small optic chiasm compared with an asymmetrically small optic chiasm size on MRI (N = 122, 27% vs. 3.6% or 0%, p = 0.01). The absence of the olfactory bulbs-tracts and sulci was not associated with optic chiasm size on MRI.

# Associations among Structural Brain Abnormalities

#### **Pituitary Gland**

A small pituitary gland size was significantly associated with the presence of an ectopic posterior pituitary gland compared with a normal pituitary gland size (N = 121, 48.6% vs. 1.2%, p < 0.0001) and the presence compared with absence of NMD (N = 122, 33.3% vs. 16.3%, p = 0.04). Pituitary gland size was not significantly associated with absent septum pellucidum, corpus callosum abnormalities, and the absence of the olfactory bulbs-tracts and sulci.

# Ectopic Posterior Pituitary Gland

The presence of an ectopic posterior pituitary gland was not associated with absent septum pellucidum, corpus callosum abnormalities, the presence of NMD, and the absence of the olfactory bulbs-tracts and sulci.

## Septum Pellucidum

Absent septum pellucidum was significantly associated with the presence compared with absence of NMD (N = 126, 36.5% vs. 9.5%, p = 0.0002). Absent septum pellucidum was not associated with abnormalities in the corpus callosum and the absence of the olfactory bulbs-tracts and sulci.

# Corpus Callosum

Corpus callosum abnormalities were significantly associated with the presence compared with absence of NMD (N = 127, 63.6% vs. 16.4%, p = 0.001) and the absence compared with the presence of the olfactory bulbs-tracts and sulci (N = 106, 30% vs. 4.2%, p = 0.02).

# Number of Neuronal Migration Disorders Types Per Patient

There were no associations between the number of NMD types in each patient and: the laterality or asymmetry of the reduced optic nerves and chiasm sizes on MRI, small pituitary gland size, ectopic posterior pituitary gland, absent septum pellucidum, and corpus callosum abnormalities.

#### Olfactory Bulbs-Tracts and Sulci

The presence of heterotopia was significantly associated with the absence compared with the presence of the olfactory bulbs-tracts and sulci (N = 106, 40% vs. 8.4%, p = 0.02). There were no associations between the presence of all NMD combined, schizencephaly, and polymicrogyria and the absence of the olfactory bulbs-tracts and sulci.

Table 3 shows a summary of the significant associations among structural abnormalities found on neuroimaging in patients with ONH/SOD.

#### Discussion

Patients with ONH/SOD make up one of the largest groups of patients with congenital visual impairment. The etiology of ONH/SOD remains unknown in most cases and appears to be multifactorial. ONH has been described in various syndromic, chromosomal, inherited, and *de novo* genetic disorders. Overall, genetic abnormalities account only for a very small fraction of cases (<1%) with ONH.<sup>2</sup> Mutations in *HESX*, acting as a transcriptional repressor, was the first of a handful genes described as being causative of ONH/SOD in 1998.<sup>6</sup> Other genes include mutations in *PAX6*, *SOX2*, *SOX3*, and *OTX2*.<sup>38,39</sup>

Various neuroimaging abnormalities, and especially absent septum pellucidum and small pituitary gland size with or without hypopituitarism, have been described in patients with SOD.<sup>21,23,28,30,35,36</sup> Table 2 summarizes some of the neuroimaging findings reported in 26 studies from 5 countries (Canada, USA, Europe, Japan, and Brazil) across four continents.<sup>9,12-36</sup> Most studies from the 1990s onward, when brain MRI resolution improved substantially, like our study confirmed the reduced sizes of the optic nerve(s) and optic chiasm on brain MRI in the majority of patients with ONH/SOD.<sup>20,29,30</sup>

The clinical features of ONH/SOD are similar in both males and females. Therefore, we were not expecting to find an association between sex and any neuroimaging abnormality. The association of sex and laterality of the reduced optic nerves and chiasm sizes in our study is interesting but needs to be replicated before any conclusions can be drawn. Its significance is uncertain.

Our study, unlike most other studies, included details on the symmetry in addition to laterality of the reduced optic nerves and chiasm sizes on neuroimaging. The analysis revealed interesting associations among the abnormal neuroimaging features in patients **Table 1:** Demographic and <sup>†</sup>neuroimaging features in patients with optic nerve

Demographic/neuroimaging features	Number of patients (%)		
Total number of patients with neuroimaging	128		
Mean (SD), median [minimum– maximum] age in years at study end	13.2 (7.5), 12.2 [1.7–36.8]		
Mean age (SD), median [minimum– maximum] in years at first neuroimaging	3.61 (5.8), 1.34 [0-34.7]		
Neuroimaging scans reviewed			
Total	116 (90.6)		
MRI	114 (89.1)		
Orbital MRI	92 (71.9)		
Only CT	2 (1.6)		
Data extracted from MRI reports	12 (9.4)		
Repeat MRI			
Total with>1 MRI	34 (26.6)		
One MRI repeat	26 (76.5)		
Two MRI repeats	4 (11.8)		
Three MRI repeats	2 (5.9)		
Four MRI repeats	1 (2.9)		
Five MRI repeats	1 (2.9)		
Total number of MRI repeats	49		
Optic nerve size on neuroimaging			
Small optic nerve(s) size	120 (93.8)		
Borderline small optic nerve(s) size	5 (3.9)		
Optic nerves not optimally seen	2 (1.6)		
Not mentioned in MRI report when actual MRI was not available	1 (0.8)		
Side of optic nerve involvement			
Bilateral symmetrical decrease in optic nerves size	79 (61.7)		
Bilateral asymmetrical decrease in optic nerves size	11 (8.6)		
Left optic nerve is smaller	9 (7)		
Right optic nerve is smaller	2 (1.6)		
Right optic nerve only is small	18 (14.1)		
Left optic nerve only is small	17 (13.3)		
Unknown	3 (2.3)		
Optic chiasm size			
Small optic chiasm size	84 (65.6)		
Small optic chiasm size on left	16 (12.5)		
Small optic chiasm size on right	12 (9.4)		
Borderline small optic chiasm size	5 (3.9)		
Normal optic chiasm size	5 (3.9)		
Unknown or not mentioned	6 (4.7)		
Pituitary gland size			
Normal pituitary gland size	86 (67.2)		

Table 1: (Continued)			
Demographic/neuroimaging features	Number of patients (%)		
Unknown or not mentioned	6 (4.7)		
Ectopic posterior pituitary gland			
No ectopic pituitary gland	103 (80.5)		
Ectopic pituitary gland present	19 (14.8)		
Unknown	6 (4.7)		
Septum pellucidum			
Septum pellucidum present	74 (57.8)		
Septum pellucidum absent	52 (40.6)		
Unknown	2 (1.6)		
Corpus callosum			
Normal corpus callosum size	116 (90.6)		
Partial agenesis of the corpus callosum	3 (2.3)		
Small corpus callosum size	3 (2.3)		
Dysplastic corpus callosum	3 (2.3)		
Absent corpus callosum	2 (1.6)		
Unknown	1 (0.8)		
Olfactory bulbs, tracts, and sulci			
Present	99 (77.3)		
Absent bilaterally	10 (7.8)		
Absent on the right	1 (0.8)		
Absent on the left	0 (0.0)		
Unknown	18 (14.1)		
Neuronal migration disorders (NMD)			
Total number of patients with NMD	26 (20.3)		
Spatial distribution of NMD:			
• Right	7/26 (26.9)		
• Left	6/26 (23.1)		
• Bilateral	13/26 (50.0)		
Number of NMD types	5		
Details of the NMD types:	Number of patients (% of all patients with NMD), [% of all NMD]		
1. Schizencephaly	15 (57.7), [35.7]		
Subtypes:			
• Open lip	5/15 (33.3)		
Closed lip	6/15 (40.0)		
Not specified	4/15 (26.7)		
2. Heterotopia	12 (46.2), [28.6]		
Subtypes:			
Subependymal	10/12 (83.3)		
• Band	2/12 (16.7)		
3. Polymicrogyria	10 (38.5), [23.8]		
4. Focal cortical dysplasia	4 (15.4), [9.5]		
5. Lissencephaly	1 (3.8), [2.4]		
	(Continued)		

(Continued)

36 (28.1)

Small pituitary gland size

Table 1: (Continued)

Demographic/neuroimaging features	Number of patients (%)
Number of all five types of NMD	42
Number of patients with one type of NMD	13/26 (50.0)
Number of patients with two types of NMD	10/26 (38.5)
Number of patients with three types of NMD	3/26 (11.5)
Other findings*	39 (30.5)
Total number of other findings in the 39 patients	47
Common other findings:	
<ul> <li>Cysts [choroid plexus cysts, arachnoid cysts, and choroidal fissure cyst]</li> </ul>	18/47 (38.3)
Small or dysplastic cerebellum	7/47 (14.9)

‡Adapted with permission from reference 37, Table 3, Salman MS, et al. Risk factors in children with optic nerve hypoplasia and septo-optic dysplasia. Dev Med Child Neurol. 2023;00:1–11. https://doi.org/10.1111/dmcn.15678; \*See Supplementary Table 1 for details.

with ONH/SOD (Table 3). As anticipated, both the symmetry and laterality of ONH and reduced chiasm size were concordant, as reported previously.<sup>20</sup> Symmetric or asymmetric ONH (rather than unilateral ONH), and normal or symmetrically small optic chiasm (rather than asymmetric optic chiasm) were significantly more likely to be associated with other neuroimaging abnormalities. Other studies also reported that bilateral ONH was more likely than unilateral ONH to be associated with: more severe pituitary gland abnormalities and corpus callosum hypoplasia on MRI,<sup>21</sup> and clinical or neuroimaging abnormalities.<sup>9,17</sup> However, some studies reported no association between ONH laterality and the presence of pituitary abnormalities,<sup>19</sup> or absent septum pellucidum,<sup>17</sup> on MRI. In general, it appears that unilateral ONH, with or without an asymmetrically small optic chiasm, may potentially have a different etiology from bilateral ONH based on the associated neuroimaging features. This speculation deserves further study.

Absence of the septum pellucidum is associated with corpus callosum abnormalities but not pituitary gland malformation.<sup>17</sup> Our study concurred with the latter finding only, since absent septum pellucidum was not associated with corpus callosum abnormalities among our patients.

NMD were significantly associated with all midline structural abnormalities reported in this study including symmetrically small optic chiasm size, but not ONH. Cortical malformations were also reported to occur more commonly in patients with midline abnormalities,<sup>30</sup> especially absent SP.<sup>21</sup> These associations may be related to the etiology of SOD, for example, a hemorrhage occurring around 2–3 months postconception causing disruption of neuronal migration and at the same time interfering with the development of midline brain structures.<sup>30</sup>

The prevalence of the various other neuroimaging abnormalities reported in our study generally falls within the ranges described in other studies (Table 2). <sup>9,12–36</sup> In most studies, a small pituitary gland size was reported in less than 60% of patients and in many studies in about 30–55%, while ectopic posterior pituitary gland was described less frequently (<50%) and in many studies in 5–33% of patients. A wider range for the occurrence of absent septum pellucidum (17 and up to 100%) and a narrower prevalence range for abnormal corpus callosum (mostly 8–40%) have been reported across many studies. The wide ranges reported in Table 2 are likely due to the variable inclusion criteria among various study participants, source of the patients (i.e., general/specialized health care centers or clinics for example, neurology/endocrinology clinics), sample size, genetic/ethnic background of the patients, variable phenotype of SOD, selection bias of the study participants (those with more severe clinical or neuroimaging abnormalities are more likely to be included), the focus of the study (i.e., clinical or radiological).<sup>13</sup>

Several studies reported NMD in patients with ONH/SOD (typically <45% of the cases) and in many studies in about 1–20% of cases. Such patients have been described as having "SOD plus" by some authors.<sup>30</sup> NMD are not part of the inclusion criteria for the diagnosis of SOD. NMD were seen occasionally in our cohort (20%). In 13 of our 26 patients with NMD, both cerebral hemispheres were involved, which has been reported previously,<sup>20,30</sup> suggesting a *widespread* abnormal process occurring during a critical period of cerebral hemispheres development. Such patients may have an acquired cause, at least in some cases, since some had more than one type of NMD. Indeed, two or more types of NMD have been reported in some patients with SOD including schizencephaly and polymicrogyria.<sup>20,30</sup> The number of NMD types seen in some of our patients, varying between 1 and 3, and the laterality of NMD were not associated with the laterality of the small optic nerves or chiasm sizes on neuroimaging, suggesting that the two entities occur independently, that is, one abnormality does not seem to cause the other.

The significant associations between the absence of the olfactory bulbs-tracts/olfactory sulci and: corpus callosum abnormalities and the presence of heterotopia in intriguing and requires confirmation in future studies. Benson et al. reported that 42–44% of their 33 patients with SOD also had olfactory sulcus and/or olfactory bulbs-tracts hypoplasia, and that in some patients there was discordance between the two sides in the aforementioned abnormalities.<sup>13</sup> In our study, a smaller percentage of our cases (8.6%) showed the absence of these structures and that there was full concordance between olfactory bulbs-tracts absence and olfactory sulci absence. In 18 of our cases, these structures could not be adequately assessed on neuroimaging. In addition, the study by Benson et al. noted that anterior falx dysplasia was present in 16 of their 33 cases with SOD.<sup>13</sup> Several scans among our cases were not adequate in quality to assess for the presence and integrity of this structure.

Interestingly, all these abnormal inconstant midline features, together with absent septum pellucidum and corpus callosum or pituitary gland abnormalities, are shared with the various types of holoprosencephaly. However, failure of the prosencephalon to separate into two cerebral hemispheric to varying extents in holoprosencephaly is a distinct feature of this disorder.<sup>40</sup>

ONH/SOD should be considered as a disease spectrum rather than discrete; albeit, somewhat related disease entities. The latter being: ONH with hypopituitarism, ONH with midline brain defects, or a triad of ONH, hypopituitarism, and midline brain defects, since variable clinical and neuroimaging features may or may not be associated with either unilateral or bilateral ONH. ONH should be considered the central feature of this disorder occurring with or without a variable spectrum of other neuroimaging features and/or hypopituitarism.

	, ,	,,,,		, ,,,	· · · ·			
Reference, country, and year	Total number of patients	Proportion with decreased optic nerve size <i>n/N*</i> (%)	Proportion with decreased optic chiasm size n/N* (%)	Proportion with small pituitary gland size <i>n/N</i> * (%)	Proportion with an ectopic pitui- tary gland <i>n/N*</i> (%)	Proportion with absent septum pellu- cidum n/N* (%)	Proportion with abnormal corpus callosum n/N* (%)	Proportion with neuronal migration dis- order n/N* (%)
Current study, Canada	128	125/125 (100)	117/122 (95.9)	36/122 (29.5)	19/122 (15.6)	52/126 (41.3)	11/127 (8.7)	26/126 (20.6)
<sup>9</sup> USA, 2013	19	N/A	N/A	4/12	(33.3)	2/12 (16.7)	2/12 (16.7)	N/A
<sup>12</sup> UK, 2012	227, 149 had ONH	N/A	N/A	N/A	N/A	42, 38 with ONH/149 (25.5)	12/149 (8.1)	3/227 (1.3)
<sup>13</sup> USA, 2018	33	N/A	N/A	N/A	6/33 (18.2)	<sup>†</sup> ?33/33 (100)	10/33 (30.3)	23/33 (69.7)
<sup>14</sup> USA, 1993	40	38/40	(95%)	N/A	6/40 (15)	21/40 (53)	12/40 (30)	7/40 (17.5)
<sup>15</sup> USA, 2005	56	N/A	N/A	19/56 (34)	7/56 (12.5)	24/56 (43)	12/56 (21.4)	5/56 (9)
<sup>16</sup> USA, 2006	47	N/A	N/A	N/A	2/37 (5.4)	11/39 (28.2)	N/A	N/A
<sup>17</sup> USA, 2017	146	N/A	N/A	1/146 (0.7)	9/146 (6.2)	56/146 (38.4)	75/146 (51.4)	21/146 (14.4)
‡ <sup>18</sup> Canada, 1984	51	13/28 (46.4)	N/A	N/A	N/A	13/26 (50)	3/38 (7.9)	1/38 (2.6)
<sup>19</sup> USA, 2018	77	58/77 (75.3)	N/A	N/A	6/27 (22.2)	24/76 (31.6)	10/76 (13.2)	N/A
<sup>20</sup> UK, 2021	48	47/48 (97.9)	40/48 (83.3)	22/47 (46.8)	3/47 (6.4)	<sup>†</sup> 48/48 (100)	9/48 (18.8)	21/48 (43.8)
<sup>21</sup> Austria, Czech Republic, Slovenia, 2008	68	N/A	N/A	29/68 (42.6)	22/68 (32.4)	30/68 (44.1)	22/68 (32.4)	19/68 (27.9)
<sup>22</sup> USA, 2020	43	N/A	N/A	3/43 (7)	N/A	20/43 (46.5)	16/43 (37.2)	2/43 (4.7)
<sup>23</sup> UK, 2004	46 (group 1 = 8 isolated ONH, group 2 = 38 SOD)	40/46 (87)	N/A	20/38 (52.6)	24/38 (63.2) 'Posterior pituitary abnormality'	26/38 (68.4)	6/38 (15.8)	N/A
<sup>24</sup> Japan, 2021	16	N/A	N/A	1/16	(6.3)	3/16 (18.8)	2/16 (12.5)	2/16 (12.5)
<sup>25</sup> USA, 2010	85	N/A	N/A	N/A	N/A	30/77 (39)	33/77 (42.9)	3/77 (3.9)
<sup>26</sup> USA, 1997	35	N/A	N/A	N/A	N/A	12/2	6 (46.2)	1/26 (3.8)
<sup>27</sup> USA, 2006	100	N/A	N/A	N/A	N/A	10/65 (15.4)	8/65 (12.3)	4/65 (6.2)
<sup>28</sup> Italy, 2014	38	N/A	N/A	26/38 (68.4)	7/38 (18.4)	23/38 (60.5)	18/38 (47.4)	14/38 (36.8)
<sup>29</sup> USA, 2015	80	77 (96)	N/A	7	(9)	68 (85)	26 (32)	N/A
<sup>30</sup> Canada, 2017	17	16/17 (94)	13/17 (76.5)	5/17 (29.4)	8/17 (47.1)	11/17 (64.7)	2/17 (11.8)	13/17 (76.5)
<sup>31</sup> Italy, 2012	17	17/17 (100)	13/17 (76.5)	10/17 (58.8)	8/17 (47.1)	8/17 (47.1)	8/17 (47.1)	7/17 (41.2)
<sup>32</sup> Europe, 2018	99	N/A	N/A	N/A	N/A	N/A	7/99 (7.1)	16/99 (16.2)
<sup>33</sup> USA, 1989	11	N/A	7/11 (63.6)	N/A	N/A	<sup>†</sup> 11/11 (100)	7/11 (63.6)	5/11 (45.5)
<sup>34</sup> German, 1996	18	N/A	N/A	4/18 'Empty sella ± e pituitar	(22.2) ectopic posterior y gland'	<sup>\$</sup> 4/18 (22.2)	1/18 (5.6)	N/A
<sup>35</sup> USA, 2020	32	N/A	N/A	17/32 (53.1)	6/32 (18.8)	20/32 (62.5)	10/32 (31.3)	6/32(18.8)
<sup>36</sup> Brazil, 2002	¥18	N/A	N/A	6/18 (33.3)	6/18 (33.3)	6/18 (33.3)	7/18 (38.9)	3/18 (16.7)

Table 2: Radiological features in optic nerve hypoplasia and septo-optic-pituitary dysplasia (ONH/SOD) based on reports from the medical literature

N\*: Number of patients with adequate neuroimaging; N/A: not available; †: part of the inclusion criteria; ‡: older study with outdated imaging modalities (13 of 38 had pneumoencephalograms, three ventriculograms, six cerebral angiograms, and 26 of 38 CT scans); §: cavum septum pellucidum; ¥: 18 had cerebral midline developmental anomalies and 11 had ONH, who were not analyzed separately.

In addition to the importance of investigating the laterality of ONH, we have also shown that the symmetry of the reduced optic nerves and chiasm sizes should also be considered and evaluated in future studies. It remains to be proven whether the variable disease spectrum described is caused by different etiologies, for example, genetic or acquired disruption of brain development in utero occurring at different critical time periods, which ultimately determines the various phenotypes seen.

Table 3:	Summary	of the	significant	neuroimaging	associations

Structure	Association
Asymmetric optic nerve hypoplasia	Small pituitary gland size, ectopic posterior pituitary gland, and absent septum pellucidum
Symmetric optic nerve hypoplasia	Absent septum pellucidum and corpus callosum abnormalities
Normal optic chiasm	Small pituitary gland size, ectopic posterior pituitary gland, absent septum pellucidum, and corpus callosum abnormalities
Symmetrically small optic chiasm	Absent septum pellucidum and neuronal migration disorders
Small pituitary gland size	Ectopic posterior pituitary gland and neuronal migration disorders
Absent septum pellucidum	Neuronal migration disorders
Corpus callosum abnormalities	Neuronal migration disorders and absent olfactory bulbs-tracts and sulci

# **Study Limitations**

Our investigation is subject to the limitations of a retrospective neuroimaging review. Some of the neuroimaging studies were performed a few decades ago with poorer MRI resolution than contemporary MRI studies. A few MRI scans were not available for review and rarely, and some patients only had CT scans. Therefore, the information extracted from such cases may not be comprehensive.

#### **Future Research Directions**

More research is needed to elucidate the cause for the wide spectrum of neuroimaging abnormalities seen in patients with ONH/SOD.

**Supplementary material.** The supplementary material for this article can be found at https://doi.org/10.1017/cjn.2023.263.

Data availability statement. All data are displayed in the manuscript.

**Acknowledgment.** We thank the staff at the section of endocrinology for sharing their database of patients.

**Statement of authorship.** MSS initiated and designed the study. He contributed to patients' ascertainment, data collection, analysis, and interpretation. He wrote the first draft of the manuscript and edited subsequent drafts. SH performed the statistical analysis, checked and interpreted the results, and edited several versions of the manuscript. KR performed the neuroimaging data collection, reviewed available MRI/CT, checked the accuracy of the imaging data, helped in neuroimaging data interpretation, made Figures 1–3, and edited the manuscript. All authors approved the last version of the paper.

**Competing interests.** The authors report that there are no competing or conflict of interests to declare.

Ethics approval and consent to participate. Ethical approval for the study has been granted by the Research Ethics Board of the University of Manitoba.

List of abbreviations. SD: standard deviation; NMD: neuronal migration disorders; ONH: optic nerve hypoplasia; SOD: septo-optic-pituitary dysplasia

#### References

- Garcia-Filion P, Borchert M. Optic nerve hypoplasia syndrome: a review of the epidemiology and clinical associations. Curr Treat Options Neurol. 2013;15:78–89.
- 2. Webb EA, Dattani MT. Septo-optic dysplasia. Eur J Hum Genet. 2010;18:393-7.
- Edward DP, Kaufman LM. Anatomy, development, and physiology of the visual system. Pediatr Clin North Am. 2003;50:1–23.

https://doi.org/10.1017/cjn.2023.263 Published online by Cambridge University Press

- 4. Taylor D. Developmental abnormalities of the optic nerve and chiasm. Eye (Lond). 2007;21:1271–84.
- Garcia-Filion P, Fink C, Geffner ME, Borchert M. Optic nerve hypoplasia in North America: a re-appraisal of perinatal risk factors. Acta Ophthalmol. 2010;88:527–34.
- Dattani MT, Martinez-Barbera JP, Thomas PQ, et al. Mutations in the homeobox gene HESX1/Hesx1 associated with septo-optic dysplasia in human and mouse. Nat Genet. 1998;19:125–33.
- Khaper T, Bunge M, Clark I, et al. Increasing incidence of optic nerve hypoplasia/septo-optic dysplasia spectrum: geographic clustering in Northern Canada. Paediatr Child Health. 2017;22:445–53.
- Patel L, McNally RJ, Harrison E, Lloyd IC, Clayton PE. Geographical distribution of optic nerve hypoplasia and septo-optic dysplasia in Northwest England. J Pediatr. 2006;148:85–8.
- Mohney BG, Young RC, Diehl N. Incidence and associated endocrine and neurologic abnormalities of optic nerve hypoplasia. JAMA Ophthalmol. 2013;131:898–902.
- Salman MS, Hossain S, Carson E, Ruth CA, Clark IH. Selected ophthalmological features in children with septo-optic dysplasia and optic nerve hypoplasia. Neuroophthalmology. 2022;46:367–74.
- Janthanimi P, Dumrongpisutikul N. Pediatric optic nerve and optic nerve sheath diameter on magnetic resonance imaging. Pediatr Radiol. 2019;49:1071–7.
- Atapattu N, Ainsworth J, Willshaw H, et al. Septo-optic dysplasia: antenatal risk factors and clinical features in a regional study. Horm Res Paediatr. 2012;78:81–7.
- Benson JC, Nascene D, Truwit C, McKinney AM. Septo-optic dysplasia: assessment of associated findings with special attention to the olfactory sulci and tracts. Clin Neuroradiol. 2019;29:505–13.
- Brodsky MC, Glasier CM. Optic nerve hypoplasia. Clinical significance of associated central nervous system abnormalities on magnetic resonance imaging. Arch Ophthalmol. 1993;111:66–74.
- Haddad NG, Eugster EA. Hypopituitarism and neurodevelopmental abnormalities in relation to central nervous system structural defects in children with optic nerve hypoplasia. J Pediatr Endocrinol Metab. 2005;18:853–8.
- Ahmad T, Garcia-Filion P, Borchert M, Kaufman F, Burkett L, Geffner M. Endocrinological and auxological abnormalities in young children with optic nerve hypoplasia: a prospective study. J Pediatr. 2006; 148:78–84.
- Garcia-Filion P, Almarzouki H, Fink C, Geffner M, Nelson M, Borchert M. Brain malformations do not predict hypopituitarism in young children with optic nerve hypoplasia. Horm Res Paediatr. 2017;88:251–7.
- Margalith D, Jan JE, McCormick AQ, Tze WJ, Lapointe J. Clinical spectrum of congenital optic nerve hypoplasia: review of 51 patients. Dev Med Child Neurol. 1984;26:311–22.
- Qian X, Fouzdar Jain S, Morgan LA, Kruse T, Cabrera M, Suh DW. Neuroimaging and endocrine disorders in paediatric optic nerve hypoplasia. Br J Ophthalmol. 2018;102:906–10.
- Ward DJ, Connolly DJA, Griffiths PD. Review of the MRI brain findings of septo-optic dysplasia. Clin Radiol. 2021;76:160.e1–14.

- Riedl S, Vosahlo J, Battelino T, et al. Refining clinical phenotypes in septooptic dysplasia based on MRI findings. Eur J Pediatr. 2008;167:1269–76.
- 22. Kruglyakova J, Garcia-Filion P, Nelson M, Borchert M. Orbital MRI versus fundus photography in the diagnosis of optic nerve hypoplasia and prediction of vision. Br J Ophthalmol. 2020;104:1458–61.
- 23. Birkebaek NH, Patel L, Wright NB, et al. Optic nerve size evaluated by magnetic resonance imaging in children with optic nerve hypoplasia, multiple pituitary hormone deficiency, isolated growth hormone deficiency, and idiopathic short stature. J Pediatr. 2004;145:536–41.
- 24. Kiyokawa M, Ueki S, Hatase T, Hanyu T, Fukuchi T. The prevalence of brain abnormalities in Japanese patients with optic nerve hypoplasia. Neuroophthalmology. 2021;45:265–70.
- McCulloch DL, Garcia-Filion P, Fink C, Chaplin CA, Borchert MS. Clinical electrophysiology and visual outcome in optic nerve hypoplasia. Br J Ophthalmol. 2010;94:1017–23.
- Siatkowski RM, Sanchez JC, Andrade R, Alvarez A. The clinical, neuroradiographic, and endocrinologic profile of patients with bilateral optic nerve hypoplasia. Ophthalmology. 1997;104:493–6.
- Garcia ML, Ty EB, Taban M, Rothner DA, Rogers D, Traboulsi EI. Systemic and ocular findings in 100 patients with optic nerve hypoplasia. J Child Neurol. 2006;21:949–56.
- Severino M, Allegri AE, Pistorio A, et al. Midbrain-hindbrain involvement in septo-optic dysplasia. AJNR. 2014;35:1586–92.
- 29. Cemeroglu AP, Coulas T, Kleis L. Spectrum of clinical presentations and endocrinological findings of patients with septo-optic dysplasia: a retrospective study. J Pediatr Endocrinol Metab. 2015;28:1057–63.
- Alt C, Shevell MI, Poulin C, Rosenblatt B, Saint-Martin C, Srour M. Clinical and radiologic spectrum of septo-optic dysplasia: review of 17 cases. J Child Neurol. 2017;32:797–803.

- Signorini SG, Decio A, Fedeli C, et al. Septo-optic dysplasia in childhood: the neurological, cognitive and neuro-ophthalmological perspective. Dev Med Child Neurol. 2012;54:1018–24.
- 32. Garne E, Rissmann A, Addor MC, et al. Epidemiology of septo-optic dysplasia with focus on prevalence and maternal age a EUROCAT study. Eur J Med Genet. 2018;61:483–8.
- Barkovich AJ, Fram EK, Norman D. Septo-optic dysplasia: MR imaging. Radiology. 1989;171:189–92.
- 34. Willnow S, Kiess W, Butenandt O, et al. Endocrine disorders in septo-optic dysplasia (De Morsier syndrome)-evaluation and follow up of 18 patients. Eur J Pediatr. 1996;155:179–84.
- 35. Wadams HD, Gupta N, Novotny P, Tebben PJ. Onset of pituitary hormone deficiencies in optic nerve hypoplasia: a temporal trend analysis of 32 children at Mayo Clinic. J Pediatr Endocrinol Metab. 2020;33:139–45.
- Antonini SR, Grecco Filho A, Elias LL, Moreira AC, Castro M. Cerebral midline developmental anomalies: endocrine, neuroradiographic and ophthalmological features. J Pediatr Endocrinol Metab. 2002;15:1525–30.
- Salman MS, Ruth CA, Yogendran MS, Rozovsky K, Lix LM. Risk factors in children with optic nerve hypoplasia and septo-optic dysplasia. Dev Med Child Neurol. 2023;00:1–11. DOI: 10.1111/dmcn.15678.
- Chen CA, Yin J, Lewis RA, Schaaf CP. Genetic causes of optic nerve hypoplasia. J Med Genet. 2017;54:441–9.
- Ganau M, Huet S, Syrmos N, Meloni M, Jayamohan J. Neuroophthalmological manifestations of septo-optic dysplasia: current perspectives. Eye Brain. 2019;11:37–47.
- Fitz CR. Holoprosencephaly and septo-optic dysplasia. Neuroimag Clin N Am. 1994;4:263–81.