

primary and secondary healthcare levels, as well as the social, public health and community levels. Our model is based on a socioecological and multisystemic paradigm of risk and resilience, where resilience is conceptualized as an interaction between individuals and resourceful environments and communities.

**Disclosure of Interest:** None Declared

### SP0036

#### Life narratives of individuals with psychosis in ethnic minority and migrant communities in Canada and the Netherlands

I. Jansen

Vrije Universiteit Amsterdam, Amsterdam, Netherlands  
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#### Abstract

**Background:** Increased psychosis risk has long been reported for some migrant and ethnic minority populations, a finding has been replicated in different parts of the world, with risk seeming to persist for further generations. Several explanations such as genetic liability or selective migration, higher cannabis-use or higher exposure to neurodevelopmental risk factors were considered unlikely explanations. Rather, exposure to adversity experiences found to be a determinant of psychotic disorders, such as parental separation, social and economic disadvantage, discrimination, social exclusion and marginalization. Additionally, migrants often live in cities, where high population density, low social cohesion and social fragmentation and deprivation, combined with lack of green space and urban stress increase the psychosis risk. Although previous research work has emphasized the quantitative exploration of social-environmental determinants of psychosis, qualitative studies allow for the generation of innovative, rich and nuanced understandings about a given phenomenon, being an ideal approach in face of complex social dynamics and contexts. Concretely, the associations are established, however, the underlying mechanisms and experiences remain largely unknown.

This study aims to address several research gaps identified in research on the issues of psychosis, socio-environmental determinants of mental health, migration and ethnicity, and inequalities by exploring the life narratives and experiences of service-users with first psychosis with distinct ethnic, racial and migrant backgrounds.

**Methods:** Participants aged between 18 and 35 years old, who have been diagnosed with a first psychosis are recruited in Montreal, Canada, and in the Netherlands. The aim is to recruit at least 20-25 individuals from each site, but recruitment is still ongoing. Qualitative interviews of about an hour are being held, and transcripts will be analyzed with Nvivo, software for qualitative data. Categories and clusters will be formed from the narratives, resulting in common themes that are important to the patients, in their understanding of the development of their psychosis, and the help they have received.

**Results:** Preliminary data show that the patients have predominantly African or (Eastern)European background, moved around a lot, and experiences inequities. Help and care were not always available for them, not always beneficial. Participants experiences a lot of isolation and displacement, together with socio-economic

disadvantages. Common themes as to by which mechanisms these aspects play a role will further be explored.

**Discussion:** These findings will be discussed in light of the quantitative data already existing. Implications for prevention and interventions will be discussed.

**Disclosure of Interest:** None Declared

### SP0037

#### Environmental determinants of mental health in clinical practice

K. Cattthoor<sup>1,2,3\*</sup>

<sup>1</sup>CAPRI, University of Antwerp, Antwerp; <sup>2</sup>Flemish Association of Psychiatry, Kortenberg and <sup>3</sup>Psychiatry, Ziekenhuis Netwerk Antwerpen, Antwerp, Belgium

\*Corresponding author.

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**Abstract:** According to the latest Intergovernmental Panel on Climate Change (IPCC) Report (2022), climate changes (e.g. rising sea levels and temperatures and) are noticeable and intensifying on the entire planet. Extreme weather events or ecological disasters are occurring with increased frequency and intensity. Anthropogenic climate change has been called “the defining issue of our time” (United Nations, 2022) and “the greatest threat to global health in the 21st century” (World Health Organization, 2015). Health impacts from climate change may include increased morbidity and mortality from worsening cardiopulmonary health, and greater risk of infectious diseases and mental illness. During this lecture, we will discuss environmental aspects that clearly have a negative impact on the mental well-being of the general population and, more specifically, the psychiatric population. The focus will primarily delve deeper into climate anxiety.

**Disclosure of Interest:** None Declared

### SP0038

#### Updating Code of Ethics of the Psychiatric Association of Turkey: process and content

S. Vahip<sup>1\*</sup>

the Working Group on Updating Code of Ethics-Section for Human Rights and Ethics/ Psychiatric Association of Türkiye and (Ayşe Ceren Kaypak, Ayşegül Yay, Berna Uluğ, Gonca Aşut, İbrahim Fuat Akgül, Raşit Tükel, Simavi Vahip)

<sup>1</sup>Psychiatry, Ege University, Izmir, Türkiye

\*Corresponding author.

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**Abstract:** *Science, Ethics, Solidarity...* These three words are mottos of Psychiatric Association of Türkiye (PAT), since its foundation in 1995. In accordance, PAT has Code of Ethics for more than 20 years. There are many developments and changes both in practicing psychiatry and in the community in the last couple of decades. As a result, many new ethical questions, dilemmas and