

without such an experience. We used the Maddi Hardiness Scale to assess the personal adaptation potential and a 14-point questionnaire to estimate the attitude to body modification.

Results: Over the half of the students in both groups consider that an insufficiently beautiful body needs “improving” (63.4% и 51.9%), but people do not have to intensively build up their muscles (51.9% и 84.7%). Students with modified bodies look more positively at piercing ($z=5.4$; $p=.0001$), weight control ($z=5.20$; $p=.0001$) and plastic surgery ($z=4.02$; $p=.0001$). Students with unmodified bodies credibly more rarely regard tattoo as decoration ($z=3.7$; $p=.0002$) and have a more negative attitude to pediatricians having tattoos ($z=2.9$; $p=.003$). Indicators of psychological hardiness in the first group are credibly lower – commitment ($p=.01$), control ($p=.001$) and challenge ($p=.0001$).

Conclusions: Students with a higher adaptation potential limit themselves to indirect body modifications (physical exercises). Students with a lower adaptation potential more often resort to body injuring (tattooing, piercing), which may reflect peculiarities of their personal response to stress or peculiarities of their mental status.

Disclosure: No significant relationships.

Keywords: Body modifications; response to stress; University Students; mental status

EPV0448a

Borderline personality disorder and psychotic symptoms. Report of two cases

A. Hernández Mata*, A. Sotillos Gómez, M. Esparza Barandiarán and P. Marco Coscujuela

Psychiatry, Hospital Universitario de Getafe, Getafe, Spain

*Corresponding author.

doi: 10.1192/j.eurpsy.2021.1992

Introduction: DSM-V includes near-psychotic symptoms as new criteria in borderline personality disorder (BPD). This change makes more difficult the differential diagnosis between considering psychotic symptoms as part of the BPD or as part of a comorbid psychotic disorder.

Objectives: Recognize the difficulty of the differential diagnosis in clinical practice between BPD and comorbid diagnosis of BPD with psychotic disorders, and how it can affect the patient’s outcome.

Methods: Patients’ data is obtained from medical history and psychiatric interviews carried out during their hospitalizations.

Results: 32 year-old female patient with previous diagnosis of BPD, psychotic episodes and cannabis abuse, was admitted due to paranoid ideation and aggressiveness, with massive borderline defense mechanisms (frequent displays of anger, high impulsivity, low frustration tolerance, self-destructive behavior...). Psychotic symptoms ceased two weeks after admission, and considering the patient’s individual characteristic it was believed BPD fitted more with this clinical case, although different psychotic disorders were considered. 30 year-old female patient began intensive psychiatric treatment with previous diagnosis of BPD, psychotic disorder and cannabis abuse. It was observed that the paranoid ideation and bodily experiences she suffered lasted months and were characterized by a strong belief. These two reasons were put into consideration when it was decided to judge this clinical case as a comorbid diagnosis of BPD with a psychotic disorder.

Conclusions: It is necessary to assess the difficulty of the differential diagnosis in these patients, and offer them specialized treatment depending on the diagnosis, as it can affect the patient’s outcome.

Disclosure: No significant relationships.

Keywords: Borderline personality disorder; differential diagnosis; Psychotic symptoms

Philosophy and psychiatry

EPV0449

Transcendental cinema and psychiatry. The case of Blue Velvet by David Lynch

J. Nowocień^{1*} and N. Szejko²

¹Bioethics, Medical University of Warsaw, Warsaw, Poland and

²Neurology And Bioethics, Medical University of Warsaw, Warsaw, Poland

*Corresponding author.

doi: 10.1192/j.eurpsy.2021.1993

Introduction: Term ‘transcendental cinema’ was first used by Paul Schrader in the context of slow cinema, characterized by long shots, austere camerawork and acting devoid of self-consciousness. This style expresses a spiritual state and comes closer to metaphysic dimension. All these features bring transcendental style closer to philosophy of mindfulness characterized by the practice of purposely bringing one’s attention to experiences occurring in the present moment without judgment, a skill one develops through meditation or other training.

Objectives: The purpose of this project is to demonstrate the connection between transcendental style in cinema and mindfulness. Moreover, we would like to present the cinema as a tool approaching meditation and mindfulness. Particularly, we will use the example of David’s Lynch movie Blue Velvet.

Methods: In our research we use the approach proposed by Paul Schrader and David Lynch to analyze the principles of mindfulness and transcendental cinema in Blue Velvet.

Results: There are a number of presenting positive impact of mindfulness and meditation on mental and physical health of patient not only with neurological or psychological problems. Transcendental cinema is a representation of mindfulness as it teaches paying attention to single stimulus and staying in one thought. Particularly, the combination of meditation music, slow sequences as well as contemplation of human mind and emotional reactions displayed in Blue Velvet is perfect example of transcendental cinema.

Conclusions: We think that transcendental cinema should be treated as a technique of mindfulness used to understand psychological state of health and disease.

Disclosure: No significant relationships.

Keywords: transcendence; cinema; mindfulness; psychiatry

EPV0451

Disturbances of intentionality in schizophrenia and in depression

O. Dörr