

---

**RETROSPECTIVE OBSERVATIONAL STUDY TO ESTIMATE THE DURATION OF INITIAL ANTIDEPRESSANT TREATMENT IN PATIENTS WITH RECURRENT DEPRESSIVE DISORDER WHO DEMONSTRATED A SUBOPTIMAL RESPONSE IN RUSSIA**

---

**A.B. Smulevich<sup>1</sup>**

<sup>1</sup>I.M. Sechenov First Moscow State Medical University, Moscow, Russia

---

**Introduction.** Early identification of suboptimal response and subsequent change of the initial treatment of recurrent depressive disorder (RDD) helps to improve the long-term outcome of the patient. **Objective.** To evaluate the common practice of the initial treatment course in RDD patients in Russia. **Aims.** Average duration of the initial treatment course will be evaluated. Change strategies following the suboptimal response will be described using the following categories: (1) switch; (2) augmentation with antipsychotics, mood stabilizers, tranquilizers; (3) combination of switch and augmentation; (4) combined administration of two antidepressants; (5) pharmacotherapy discontinuation; or (6) electro-convulsive therapy. For patients who received augmentation, pharmacological agents and their doses used will be described. **Methods.** Retrospective observational review of medical charts of patients receiving treatment in mental healthcare settings in Russia from January 1, 2012 till September 30, 2013. **Inclusion criteria:** medical charts of inpatients and outpatients (18-65 years old) diagnosed with an episode of major depression relating to RDD (ICD-10); initial antidepressant monotherapy for at least 2 weeks; **Results.** The data of 450 patients will be included into the study. **Conclusions.** This retrospective analysis will give a better understanding of the real world practices of treating the patients with RDD in Russia.