

(RoCKAS) questionnaire immediately before and after a Concussion-U educational presentation on the subject. *Results:* Concussion knowledge and attitude scores significantly ($p < .001$) increased from pre-presentation to post-presentation by 13.1% and 8.7%, respectively. *Discussion:* A Concussion-U educational presentation designed to improve concussion knowledge and attitudes in youth hockey players resulted in increased knowledge and improved attitudes towards concussion in elite male Bantam and Midget hockey players. Future research should examine the long-term effects of such presentations.

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Epidemiological patterns of traumatic brain injury identified in the emergency department in Ontario, 2002-2010

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Background: Traumatic brain injury (TBI) is the leading cause of traumatic death and disability, and most TBIs are treated in the Emergency Department (ED). We examined the incidence and epidemiological patterns of TBIs presenting to Ontario EDs over an eight-year period. *Methods:* All TBI-related ED visits between April 2002 and March 2010 were identified using a population-based database that is mandatory for ambulatory care facilities in Ontario. Incidence rates were reported across multiple strata, including age group, sex, and mechanism of injury. *Results:* From 2002-2010, there were 1,032,249 ED visits for TBI in Ontario. Peak rates occurred among young children ages 0-4 (349 per 10,000) and elderly adults ages 85+ (243 per 10,000). Overall, males experienced a 53% greater rate of TBI compared to females. Falls (47%), motor vehicle crashes (MVC; 10%), and sports-related injuries (9%) were the most common causes of TBI. The highest rates of TBI-related falls, MVCs, and sports-related injuries occurred among young children (0-4) and elderly adults (85+), adolescents/young adults (15-24), and children (5-14), respectively. *Conclusions:* Our study reveals a substantial health system burden associated with TBI in the ED setting, underscoring the need for enhanced surveillance and prevention efforts targeted to vulnerable demographic groups.

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Lifetime costs of traumatic brain injury identified in the emergency department in Ontario

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Background: Traumatic brain injury (TBI) is a leading cause of death and disability, yet there is limited research on its economic burden. We estimated the incidence and lifetime costs of TBI identified in the Emergency Department (ED) in Ontario, Canada between April 2009 and March 2010. *Methods:* ED visits for TBI were identified using a population-based database that is mandatory for ambulatory care facilities in Ontario. The authors calculated unit costs for medical treatment and productivity loss, and multiplied these by incidence estimates to determine the lifetime costs of identified TBI cases. *Results:* In 2009, there were over 133,000 ED visits for TBI in Ontario, resulting in a conservative estimate of \$945 million in total lifetime costs. Costs were greater for males than females across

nearly all age groups, with males incurring two-fold higher costs overall. Together, falls (\$407 million), struck by/against (\$309 million), and motor vehicle injuries (\$161 million) represented 93% of lifetime costs associated with TBI. *Conclusions:* This study revealed a high incidence and economic burden associated with TBI identified in the ED. More research is needed to fully appreciate the burden of TBI across a variety of healthcare settings.

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Violence-related brain injuries sustained in youth ice hockey

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Background: Violence is a frequent occurrence in ice hockey and has been associated with an increased risk of injury. *Methods:* Case-control study. The study population consisted of youth aged 0-19 years who presented to a participating emergency department (ED) with an injury resulting from participation in ice hockey. In order to examine the outcomes following brain injuries in ice hockey, the outcome was admission to the hospital (cases) or discharge from the ED (controls). In order to examine the relationship between brain injury and violence, the outcome was brain injury (cases) or a non-brain injury (controls). Logistic regression was used to determine the associations controlling for potential confounders. *Results:* In total, 56,835 youth suffered an injury related to ice hockey. 11.0% ($n=6,293$) were brain injuries. Youth who engaged in violence were at significantly higher odds of sustaining a brain injury as opposed to an injury to another body part (OR: 1.67; 95% CI: 1.55-1.80). Youth who sustained violence-related injuries were at significantly higher odds of being admitted to the hospital compared to youth who sustained non-violence related injuries (OR: 2.34; 95% CI: 1.49-5.68). *Conclusions:* Youth who engage in violence are at higher odds of sustaining a brain injury and of being admitted to the hospital.

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Brain injuries sustained by Canadian youth participating in Rugby Union

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Background: Rugby is a high-intensity, full-body contact sport in which there is an increased risk of injury associated with participation. The objectives of this study were to identify the mechanisms and characteristics of rugby-related injury sustained amongst Canadian youth. *Methods:* Data were obtained from the Canadian Hospitals Injury Reporting and Prevention Program database. The study population consisted of individuals aged 10-19 who sustained an injury while participating in rugby between the years 1990 and 2014. Proportions of body parts injured, mechanisms of brain injury, and nature of injury were calculated with 95% confidence intervals. *Results:* There were a total of 6200 rugby-related injuries sustained among individuals aged 10-19 between the years 1990 and 2014. 16.0% ($N=993$) of all injuries were brain injuries, 48.9% ($n=486$) of which were concussions. 70.7% ($n=4838$) of all injuries were sustained by males. The predominant mechanism of brain injury was