

P03-65 - A TWO YEAR FOLLOW UP STUDY OF FIRST EPISODE PSYCHOSIS

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Objectives: The purpose of this study is to evaluate the clinical and socio-professional functioning status after two years of evolution, on a sample of patients with first episode of psychosis, admitted in the Psychiatric Clinic in Timisoara in 2006.

Methods: The initial sample was formed of 41 patients , but at the follow-up point (2008) only 28 patients were still in evidence. Diagnosis was made after ICD 10, BPRS and GAF were used as evaluation tools.

Results: On the initial evaluation 32 % had a diagnosis of persistent delusional disorder, 25 % of short and transitory psychosis, 18% schizophrenia and 25% other psychosis. After 2 years of evolution 46% had a diagnosis of persistent delusional disorder, 25% schizophrenia and only 7 % had acute and transitory psychosis. In 28% of the cases the diagnosis was changed, most of the cases being the ones initially diagnosed with acute and transitory psychosis. The most stabil diagnosis was the persistent delusional disorder .In the majority of the cases we observed a lower socio-professional and family functioning.

Conclusions: The results of this study suggests that the diagnosis of first episode of psychosis is partially predictive for the type of illness, because a first episode of psychosis can evolve in different pathologies. The socio-professional and family functioning is lower in the majority of cases without a clear connection with the initial diagnosis.