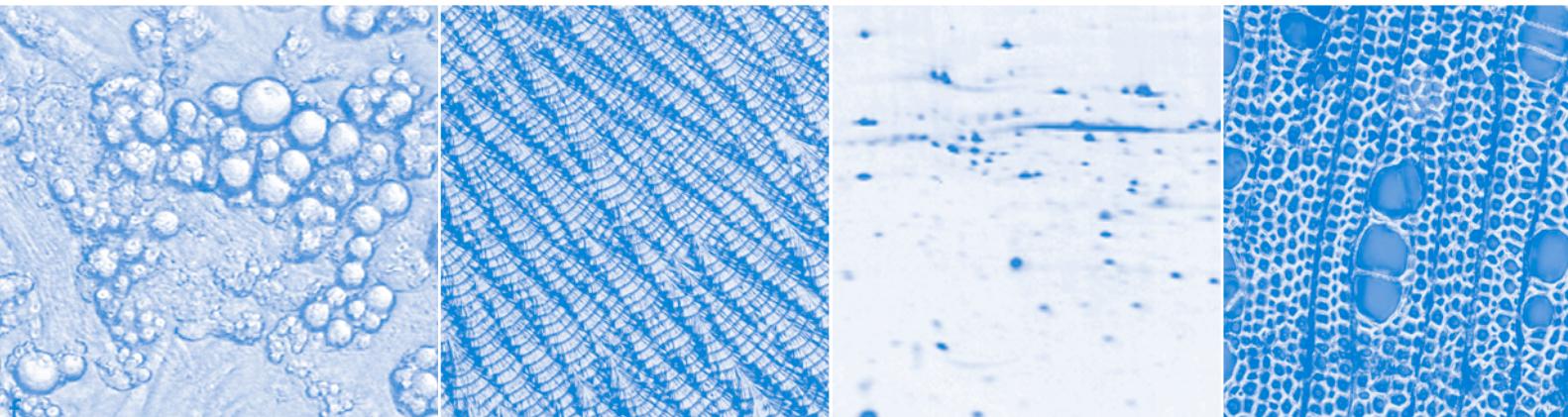


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Prebiotic effects: metabolic and health benefits

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The *British Journal of Nutrition* is an international, peer-reviewed journal publishing original papers, review articles, short communications and technical notes on human and clinical nutrition, animal nutrition and basic science as applied to nutrition. Correspondence is encouraged in a Nutrition Discussion Forum. The Journal recognizes the multidisciplinary nature of nutritional science and encourages the submission of material from all of the specialities involved in research and clinical practice. The Journal also publishes supplements on topics of particular interest.

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# Prebiotic effects: metabolic and health benefits

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## Table of Contents

Prebiotic effects in the gut	S3–S14
Prebiotic effects and immune system	S14–S17
Prebiotic effects in paediatrics	S17–S20
Prebiotic effects and gastro-intestinal disorders	S20–S29
Prebiotic effects and mineral absorption	S29–S45
Prebiotic effects in weight management and obesity-related disorders	S45–S49
Conclusion and perspectives	S49–S51
Acknowledgements	S51

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**Abbreviations:** ACF, aberrant crypt foci; BMD, bone mineral density; CD, Crohn's disease; CFU, colony forming unit; DGGE, denaturing gradient gel electrophoresis; DMH, dimethylhydrazine; DP, degree of polymerisation; FOS, fructo-oligosaccharides; GALT, gut-associated lymphoid tissue; GI, gastro-intestinal; GLP, glucagon-like peptide; GOS, galacto-oligosaccharides; IBS, irritable bowel syndrome; IBD, inflammatory bowel disease; ITF, inulin-type fructans; LPS, lipopolysaccharides; NK, natural killer; OTU, operational taxonomic units; PYY, peptide YY; RCT, randomized controlled trials; TER, *trans*-epithelial resistance; TLR, toll-like receptor; UC, ulcerative colitis

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